

Dear All,

It gives me great pleasure to invite you to **National Webinar on "Reboot and Rebuild: Implications for Mental Health post COVID 19"** on the occasion of World Mental Health Day on 10th October (Saturday) 2020 from 11.00 a.m. to 1.00 p.m. organized by the Discipline of Psychology, School of Social Sciences, Indira Gandhi National Open University (IGNOU), New Delhi. The webinar will be conducted online through Zoom and will be livestreamed on youtube and IGNOU Facebook.

Zoom Link: National Webinar on "Reboot and Rebuild: Implications for Mental Health post COVID 19" on the occasion of World Mental Health Day
Time: Oct 10, 2020 11am India

Join Zoom Meeting

<https://zoom.us/j/94174828510?pwd=T3hBd2tpZlVsNkFONDlWY1F4Z0dDdz09>

Meeting ID: 941 7482 8510

Passcode: 021909

The theme given by the WHO for the World Mental Health Day this year is Mental Health for All: Greater Investment- Greater Access, Everyone, Everywhere.

In line with this, our eminent speakers will talk on the following topics:

Prof. Urmi Nanda Biswas, Faculty of Psychology, MS University of Baroda, Gujarat on **"Psycho-social Dynamics: Implications for Investing in Mental Health"**

Dr. Shilpa Pandit, Faculty of Psychology, Chinmaya Vishwavidyapeeth, Kerala on **"Mental Health: Policy Imperatives"**

Poetry competition will also be organized on 10th October online through Zoom which will be open only for IGNOU students and staff. The topic for the poetry competition is **"Awaaz: The Voice of Mental Health"**. It will be in both Hindi and English language. Winners (1st, 2nd and 3rd) will be declared in each category and will be given certificates.

Link for Webinar Registration: <https://forms.gle/5wbYgd5sZAYpdx8A9>

Link for Youtube Livestreaming: <http://webcast.ignouonline.ac.in>

IGNOU Facebook: Facebook@OfficialPageIGNOU (<https://www.facebook.com/OfficialPageIGNOU/>)

Link for Poetry Competition Registration: : <https://forms.gle/1wjCzw139Z3tupBC9>

Looking forward to your participation in the Webinar.

Let's talk about Mental Health.

Thanks and regards,

Prof. Swati Patra

Discipline of Psychology

SOSS, IGNOU, New Delhi

Email: swatipatra@ignou.ac.in