

1. Details of the Teacher/ Academic:

Name & Date of Birth :	Prof. Swati Patra, DoB: 22.06.1971
Date of Joining in IGNOU:	9.12.2010
Current Designation :	Professor
Pay Scale as on date :	37400-67000/- + AGP 10,000/- PB IV
Qualifications :	MA, M.Phil & PhD in Psychology, PGDDE (PG Diploma in Distance Education), & MSc.CFT (MSc. In Counseling and Family Therapy)

2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:(give name of the recipient, Honour, Award Fellowship name and agency name date of receipt/ period; give name of statutory body and institution/ Apex body etc and period)
Membership of Professional body/ Statutory body

Sl. No.	Professional body/ Statutory Body	Duration
	Membership of National Academy of Psychology (NAOP)	2010 Dec – 2015 Dec
	Membership of National Academy of Psychology (NAOP)	2017 Dec – 2021 Dec
	Comparative Education Society of India (CESI)	Life Membership
	All India Association for Educational Research (AIAER)	Life Membership

3. Books/BookChapter:

- Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN No.,
- Author1, Co author 1, Co author 2, Title of chapter/book, place of publication, publisher, Year, page (no) s, ISBN No.

Sl No.	Author/Editor/Co-author	Title of Book/ Chapter	Publisher/Place of Publication	Year	Page No.	ISBN No.
1	Swati Patra (Editor)	Perspectives on Mental Health and Well-being in Indian Context.	Earth Vision Publications, Gurgaon.	Feb, 2014		978-81-925840-3-4 (PB)

		(Edited Book)				
2	Swati Patra	<p>Role of Emotional Intelligence in promoting Mental Health of School Children.</p> <p>(Chapter in edited book 'Perspectives on Mental Health and Well-being in Indian Context')</p>	Earth Vision Publications, Gurgaon.	Feb, 2014	Pg. 107 - 117	978-81-925840-3-4 (PB)
3	G.N.P Shrivastava, S.K. Gupta, U. Laxminarayan, I. Bhaduri, Swati Patra, & S. Khare (Co-author)	Guidance and Counseling Practicum Handbook	RIE (NCERT), Bhopal	2003		
4	Swati Patra & Nandita Babu (First author)	<p>Chapter on Role of Second Language as the Medium of Instruction</p> <p>(In <i>Perspectives on Psychology and Social Development</i> (Advances in Psychological Research in India Series-I), Ed. By U.N. Dash & Uday Jain)</p>	Concept publishing co., New Delhi	1999	pg. 316-332	

4. Research Articles/Publications

- Author/ co-author (if any), title, Name of Journal, Volume, page no. (s), Year, ISSN No
- Author/ co-author, title, Name of Journal, Volume, page no, Year, ISSN No.

Sl. No.	Author/ Co-author	Title	Name of Journal, Volume	page no. (s)	Year	ISSN No.
July 2016 – June 2017						
1	Lokesh L. & Swati Patra	Job Satisfaction among Police Personnel: A Socio-demographic Study.	Global Journal of Interdisciplinary Social Sciences, Vol. 5 (4),	Pg. 56 - 62	July-Aug. 2016	ISSN: 2319-8834
2	Lokesh L. & Swati Patra	Impact of Orientation Programme on Emotional Intelligence in Police Personnel.	International Journal of Psychology and Psychiatry, Vol. 4 (2),	Pg. 62 – 75	Oct 2016	Online ISSN: 2320-6233
3	Swati Patra	Violence among Children and Adolescents in India: A Growing Public Health Risk and Challenge	Journal of Community Guidance and Research. Vol. 33 (3)	Pg. 439 - 453	2016	ISSN: 0970-1346
July 2015 – June 2016						
4	Lokesh L. & Swati Patra	Emotional Intelligence among Police Personnel: Socio demographic Analysis	Guru Journal of Behavioural and Social Sciences, Vol 4 (1 & 2),	Pg. 503 - 511	Jan-June 2016	ISSN: 2320-9038
5	Manchula M. & Swati Patra	Relationship between Forgiveness, Gratitude and Resilience among the Adolescents	Indian Journal of Positive Psychology, Vol 6 (1)	Pg. 63 - 68	2015	ISSN-p-2229-4937 e-2321-368X
July 2014 – June 2015						

6	Parnika Sharma & Swati Patra	Exploring College Student's Conception of Happiness	Indian Journal of Positive Psychology, 5 (4)	Pg. 393-397	2014	ISSN-p-2229-4937e-2321-368X
Prior to July 2014						
7	Swati Patra	Managing Emotions and Adolescents' Mental Health	Indian Journal of Health and well-being. Vol.2 (4)	pg. 698-701.	2011	ISSN:2229-5356
8	Swati Patra	Awareness of School Teachers about the Right to Education (RTE)	Journal of Community Guidance and Research, Vol. 28, No.2	pg. 269-279.	2011	ISSN:0970-1346
9	Swati Patra	Relationship between Teaching Experience and Emotional Intelligence of Primary and secondary Teachers	Journal of Psychosocial Research, Vol 6 (1)	Pg. 157-165	2011	ISSN:0973-5410
10	Swati Patra	Dealing with Emotional Problems of Children	Journal of Community Guidance & Research, Vol 23, No. 3	pg. 279-284	2006	ISSN:0970-1346
11	Swati Patra	Mental health of School Children	Journal of Indian Education, Vol. XXXI, No. 2	pg. 22-28	2006	ISSN:0377-0435
12	Swati Patra & Swati Khatri	Relationship between Reading Comprehension and Mathematics Achievement of English and Hindi Language Medium Schools.	Perspectives in Education, Vol. 22, No. 2	Pg. 106-114	2006	ISSN:0970-1575
13	Swati Patra	Discipline and Child Rearing Practices	Indian Psychological Review, Vol. 64, No. 3,	pg. 163-168.	2005	ISSN:0019-6215
14	Swati	Role of	Social Science	pg. 36-47.	2005	ISSN:

	Patra	Medium of Instruction in Children's Writing skill	International, Vol. 21, No.2			0970-1087
15	Swati Patra	Role of Emotional Intelligence in Educational Management	Journal of Indian Education, Vol. XXX, No. 1,	pg. 98-104.	2004	ISSN: 0972-5628
17	Swati Patra	Planning in Preschool Children	The Educational Review, Vol. 106 (2)	pg. 30-32.	2000	
18	Swati Patra & Nandita Babu	Reading Achievement of Children with Bilingual Media of Instruction	Psycholingua, Vol. 29 (1),	pg. 19-24.	1999	ISSN: 0377-3132

5. Policy Documents Reports/ Mimeos:

SNo.	Title	Institution/ Agency	Year
1.			
2.			
3.			

6. Book Review published :

- Author/ co-author (if any), title, Name of Journal, Volume, page no. (s), Year, ISSN No.)
- Author/ co-author, title, Name of Journal, Volume, page no, Year, ISSN No.

7. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops(Please do not mention if it is only participation without presentation)

- Author, Co author 1, Co author 2, Title of presentation/Talk/Lecture, Conference Name Organizing institute, City, date and Year.

Sl No.	Author, Co author	Title of presentation/Talk/Lecture	Conference Name	Organizing institute, City	date and Year.
July 2018 - onwards					
1	Swati Patra	Lecture on Sampling Techniques to PhD students in Management		School of Management Studies, IGNOU	26.7.18
2	Swati Patra	Presented paper on Psychology and	International Conference on	SOITS, IGNOU	4-5 th Oct 2018

		Sustainable Development	Environmental and Ecological Sustainability: Engaging the Stakeholders		
3		Chaired a session on Gender Psychology	XXVIII Annual Convention of NAOP & International Conference on 'Towards Building Inclusive Societies'	organized by Dept. of Applied Psychology, Ramanujan College, University of Delhi, Delhi	19 th to 21 st Dec. 2018
4		Presented paper on Does Happiness Curriculum Really make the Children Happy?	XXVIII Annual Convention of NAOP & International Conference on 'Towards Building Inclusive Societies'	organized by Dept. of Applied Psychology, Ramanujan College, University of Delhi, Delhi	19 th to 21 st Dec. 2018
5		Presented paper on Positive Psychology Approach to Clinical Psychology in the symposium on Positive Psychology: Applied Aspects	XXVIII Annual Convention of NAOP & International Conference on 'Towards Building Inclusive Societies'	organized by Dept. of Applied Psychology, Ramanujan College, University of Delhi, Delhi	19 th to 21 st Dec. 2018
6		Expert in the Workshop for Review of Curriculum of Psychology at Senior Secondary Level		organized by National Institute of Open Schooling (NIOS), New Delhi	29 th -30 th April 2019
7		Delivered session on 'Managing Role Stress'	Extended Contact Programme (ECP) for P G Diploma in School Leadership and Management (PGDSLM), IGNOU, New Delhi	RC Delhi – 1, IGNOU	17.5.19
July 2017 – June 2018					
8	Swati Patra	Delivered Lecture on Emotional Wellbeing and Happiness	DST-Vigyan Jyoti Three Weeks Residential Programme on Breaking Stereotypes in the field of Science and Technology for Girl Students through	SOS, IGNOU	15.6.18

			Motivational Guidance sponsored by the Dept of Science and Technology, New Delhi from 29 th May to 18 th June, 2018		
9	Swati Patra	Resource person for Workshop on Cognitive Behaviour Therapy		organized by Rajbala Foundation, Gurgaon	11-12 Nov 2017
10	Swati Patra	Two Day Expert group meeting on Developing Reading Material on Affective Aspects in Teaching and Learning		DEPFE, NCERT	29-30 Nov 2017
July 2016 – June 2017					
11	Swati Patra	workshop on Psychological Counselling and related Issues		Central Industrial Security Force (CISF)	on 18.7.16 & 15.10.16
12	Swati Patra	Reviewer of Modules (Psychology) developed by Subject Matter Expert for MOOCs (Massive Open Online Courses) for School Education		organized by CIET, NCERT, New Delhi	12 th to 15 th June 2017
13	Swati Patra	Presented paper on Enhancing Employability Skills of the Youth through Open and Distance Learning	International Seminar on Skill Development through ODeL: Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods	organized by STRIDE, IGNOU	9-11 th March, 2017
14	Swati Patra	Presented plenary talk on Building a Happy School: Role of Positive Education	National Seminar on Exploring Psychosocial Perspectives in Education under the aegis of IASE, MHRD, Govt of India	Organized by CIE, Dept of Education, University of Delhi, Delhi	28.1.17
15	Swati Patra	Invited lecture on Contributions of Positive	International Conference on Cognitive	organized by Indian	6 th -8 th March

	Patra	Psychology towards Mental Health Promotion	Behavioural Interventions India-2017	Association of Cognitive Behavioural Therapy (IACBT) at AIIMS, New Delhi	2017
16	Swati Patra	Chairing of scientific session	3 rd International and 5 th Indian Psychological Science Congress	organized jointly by Department of Psychology, PG Govt. College, Chandigarh and National Association of Psychological Science from 28-30 September, 2016	28.9.16
17	Swati Patra	Panelist in Panel Discussion	in 3 rd International and 5 th Indian Psychological Science Congress	Organized jointly by Department of Psychology, PG Govt. College, Chandigarh and National Association of Psychological Science	28.9.16
18	Swati Patra	Lecture in JNU (three sessions)	4 th Annual Workshop on 'English for Academic Writing: From Synopsis to Thesis Writing'	LEC, JNU from 29.7.16 to 12.8.16	2.8.16
July 2015 – June 2016					
19	Swati	Chairing of session on		Dept. of	1.8.15

	Patra	Revisiting Women's Mental Health		Psychiatry, Lady Hardinge Medical College, New Delhi	on
20	Parnika Sharma & Swati Patra	Paper on Comparative Study on Exploring College Students Sense of Purpose: India and Bhutan	International Conference on Psychosocial Perspectives on Health and Wellbeing	Dept of Psychology, Jamia Millia Islamia, New Delhi	1 st -2 nd March, 2016
21	Swati Patra	Presented paper entitled 'Violence among Children and Adolescents in India: A Growing Public Health Risk and Challenge'	International Seminar on "Indian Mind and Societal Concerns: An Interdisciplinary Dialogue"	organized by Department of Psychology, Ramanujan College (University of Delhi) in association with National Academy of Psychology (NAOP) at Convention Centre, University of Delhi	2-3 rd April 2016
22	Swati Patra	Conducted workshop for Central Industrial Security Force (CISF) on Psychological Counselling and related Issues		Central Industrial Security Force (CISF)	on 16.9.15, 12.10.15 & 4 th -6 th Nov 2015
July 2014 – June 2015					

23	Swati Patra	Presented paper on 'Ethical Challenges of Informed Consent'	XXIV Annual Convention of National Academy of Psychology (NAOP) India at Bhopal	NAOP	Dec 12-14, 2014
24	Swati Patra	Presented paper on 'Promoting Social Equity: Role of Distance Education in India'	5 th International Conference on 'Education, Politics and Social Change,	collaboratively organized at the University of Delhi by Gargi College, Institute of Home Economics and Regional Resource Centre for Elementary Education (RRCEE)	from 16-18 Nov. 2014
25	Swati Patra	Presented paper on 'Awareness and Practice of Research Ethics amongst Psychology Students'	Second International Convention on Ethics in Research on Human Participants	organized by Institutional Ethics Review Board, JNU, New Delhi	2-4 th Sept 2014
26	Swati Patra	Lecture on 'Selection of a Topic' (two sessions)	3 rd Intensive Programme on English for Academic Writing: From Synopsis to Thesis Writing Workshop	organized by LEC, JNU	5.5.2015
27	Swati Patra	Conducted workshop for Central Industrial Security Force (CISF) on Psychological Counselling and related Issues		CISF	On 10 th -12 th Nov 2014, 27.8.14, 26.11.14

					30.1.15, 20.3.15
July 2013 – June 2014					
28	Swati Patra	Presented paper on 'Emotional Intelligence as a Mediator between Parenting Style and Parent-child Relationship in the Parents of Learning Disabled Children'	XXIII Annual Convention of National Academy of Psychology (NAOP) India	organized by Department of Humanities and social Sciences, National Institute of Technology, Rourkela	Dec 13-15, 2013
29	Swati Patra	Presented paper on 'Menstruation: A Study of Knowledge, Attitude and Practices amongst Women'	XXIII Annual Convention of National Academy of Psychology (NAOP) India	organized by Department of Humanities and social Sciences, National Institute of Technology, Rourkela	Dec 13-15, 2013
30	Swati Patra	Resource person for session on 'Emotional Intelligence' in the Training programme on Leadership development programme for officials of Gramin Bank	Organized by V.V. Giri National Labour Institute, Noida		12 th Nov 2013
31	Swati Patra	Presented paper on 'Exploring Vulnerability Issues in Psychological Research in Indian Context'	National Convention on Ethics in Research on Human Subjects	organized by Institutional Ethics Review Board, JNU, New Delhi	30-31 July 2013
32	Swati patra	workshop on Psychological Counselling and related		Central Industrial Security Force (CISF)	on 10.12.13, 28.2.14, 5.6.14,

		Issues			19.6.14
Prior to July 2013					
33	Swati Patra	Presented paper on 'Managing Emotions and Adolescents' Mental Health'	1 st Online Conference on Psychology and allied Sciences (IOCPAS - 2011), "New Horizon in Social Science Research"	organized by Indian Association of Health, Research and Welfare, Hisar, Haryana	25 -26 th Nov. 2011
34	Swati Patra	Presented paper on 'A Holistic Approach to Psychological Assessment in Guidance and Counselling'	National conference on Psychological Measurement:Strategies for the New Millennium	organized by the Discipline of Psychology, School of Social Sciences, IGNOU, New Delhi	4 th – 5 th March, 2011
35	Swati Patra	Presented paper on 'Nurturing Emotional Intelligence in Children'	XIX Annual Conference of NAOP	Bangalore University, Bangalore	6-9 th March, 2010
36	Swati Patra	Presented paper on 'Understanding Children's Hearts and Minds: Importance of Emotionally Intelligent Teachers' (received best paper award)	International Conference on Quality Assurance in Educational Research	organized by MIER – AIAER, Jammu	26-28 th Dec. 2008
37	Swati Patra	Presented paper on 'Relationship between Teacher Effectiveness and Emotional Intelligence'	National Seminar on School Effectiveness for Quality Elementary Education	organized by DEP-SSA, IndiraGandhiNationalOpenUniversity, New Delhi	28-29 March, 2006.
38	Swati Patra	Presented paper on 'Role of Parents in Nurturing Values'	Regional Seminar on Nurturing Values through School Education	Regional Institute of Education, NCERT, Bhopal	6-8 th Feb, 2003

8. Study Tour Organised/ Participated/Attachment Organized/Internship

- List of the tour with name of coordinating body and duration
- Name of coordinating body and duration

9. Consultancy assignment (if any):

- Organization/ agency, cost, title of consultancy, duration

10. Details of Institution/ Government/ Industry Sponsored Research Projects and Amount (Both completed and ongoing):

- Agency, amount, duration with dates and status i.e. ongoing/ completed

Sl. No.	Project Title	Agency	Duration	Status
2	A study on the Guidance needs of Adolescents with reference to the P.G. Diploma in Guidance and Counseling Course	ERIC (Educational Research Innovation Committee), NCERT	2002-03	Completed

11. Details of PhD and MPhil Scholars (including those awarded degree):

- Name and enrolment no., year of registration, year of completion/ award

Sl. No.	Name & Enrolment No.	Year of Registration	Year of Completion/Award
1	Navshad Wani, 127723392	July 2012	15.5.17
2	Parnika Sharma, 127723464	July 2012	6.9.17
3	Lokesh L., Enrolment No. WOF – 2017, 2010 – 11 (Mysore University)		31.1.18
4	Nitasha Singh Borah, 138000554	July 2013	Will have presubmission in July 2019
5	Aparna Ghosh Adhikari, 127723400	July 2012	PhD work in progress
6	Pooja Sharma, 173100759	Jan 2018	PhD work in progress
7	Osunam Pertin, 173100766	Jan 2018	PhD work in progress
8	Sunita Devi, 188500370	July 2018	PhD work in progress

12. Details of Programmes/ Courses coordinated and developed:

- Programmes coordinated and period
- Courses coordinated and period
- Courses edited and period
- SLM: Units written and period
- Courses/ Units translated and period
- Audio programmes (title, Course, period)
- Video programmes (title and Course, period)
- Training programmes developed / coordinated, duration and dates

Programmes coordinated and period

Sl. No.	Programme Code	Programme Name	Duration
July 2018 – June 2019			
1	MAPC	Master of Arts in Psychology	2013 – continuing
2	PGDMH	Post Graduate Diploma in Mental Health	July 2014 – continuing
July 2017 – June 2018			
1	MAPC	Master of Arts in Psychology	2013 – continuing
2	PGDMH	Post Graduate Diploma in Mental Health	July 2014 – continuing
July 2016 – June 2017			
1	MAPC	Master of Arts in Psychology	2013 – continuing
July 2015 – June 2016			
1	MAPC	Master of Arts in Psychology	2013 – continuing
July 2014 – June 2015			
1	MAPC	Master of Arts in Psychology	2013 – continuing
July 2013 – June 2014			
1	MAPC	Master of Arts in Psychology	2013 – continuing

Courses coordinated and period

Sl. No.	Course Code	Course Name	Duration
July 2018 and Onwards			
1	MPC 001	Cognitive Psychology, Learning and Memory	Dec. 2010 – continuing
2	MPCE 011	Psychopathology	Dec. 2010 – continuing
3	MPCE 013	Psychotherapeutic Methods	2016 - continuing
4	MPCE 021	Counselling Psychology	Dec. 2010 – continuing
5	MPCE 023	Interventions in Counselling	Dec. 2010 – continuing
6	MPCE 016/026/036	Project	Dec. 2010 – continuing
7	BPC 006	Social Psychology	Dec. 2010 – continuing
8	BPCE 014	Psychopathology	Dec. 2010 – continuing
9	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 – continuing
10	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 – continuing
11	BPCC 103	Psychology of Individual Differences	July 2016 - continuing
12	BPCC 111	Understanding Psychological Disorders	July 2016 – continuing
13	BPCC 114	Counselling Psychology	July 2016 – continuing
14	BPCE 141	Positive Psychology	July 2016 – continuing
15	BPCE 145	Counselling Psychology	July 2016 – continuing
16	BPCG 172	Youth, Gender and Identity	July 2016 – continuing
17	BPCG 175	Psychology for Living	July 2016 – continuing
18	BPCS 183	Emotional Intelligence	July 2016 – continuing
19	BPCS 185	Developing Emotional Competence	July 2016 – continuing
20	MPC 053	Mental Health in Special Areas	July 2014 - continuing
21	MPCL 055	Practical	July 2014 - continuing
22	RPCE 005/105	Approaches and Techniques in Counselling Psychology	July 2012 - continuing
July 2017 – June 2018			

1	MPC 001	Cognitive Psychology, Learning and Memory	Dec. 2010 continuing	–
2	MPCE 011	Psychopathology	Dec. 2010 continuing	–
3	MPCE 013	Psychotherapeutic Methods	2016 - continuing	
4	MPCE 021	Counselling Psychology	Dec. 2010 continuing	–
5	MPCE 023	Interventions in Counselling	Dec. 2010 continuing	–
6	MPCE 016/026/036	Project	Dec. 2010 continuing	–
7	BPC 006,	Social Psychology	Dec. 2010 continuing	–
8	BPCE 014	Psychopathology	Dec. 2010 continuing	–
9	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 continuing	–
10	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 continuing	–
11	BPCC 103	Psychology of Individual Differences	July 2016 continuing	-
12	BPCC 111	Understanding Psychological Disorders	July 2016 continuing	–
13	BPCC 114	Counselling Psychology	July 2016 continuing	–
14	BPCE 141	Positive Psychology	July 2016 continuing	–
15	BPCE 145	Counselling Psychology	July 2016 continuing	–
16	BPCG 172	Youth, Gender and Identity	July 2016 continuing	–
17	BPCG 175	Psychology for Living	July 2016 continuing	–
18	BPCS 183	Emotional Intelligence	July 2016 continuing	–
19	BPCS 185	Developing Emotional Competence	July 2016 continuing	–
20	MPC 053	Mental Health in Special Areas	July 2014 continuing	-
21	MPCL 055	Practical	July 2014 continuing	-
22	RPCE 005/105	Approaches and Techniques in Counselling Psychology	July 2012 continuing	-
July 2016 – June 2017				
1	MPC 001	Cognitive Psychology, Learning and Memory	Dec. 2010 continuing	–

2	MPCE 011	Psychopathology	Dec. 2010 continuing	–
3	MPCE 021	Counselling Psychology	Dec. 2010 continuing	–
4	MPCE 023	Interventions in Counselling	Dec. 2010 continuing	–
5	MPCE 016/026/036	Project	Dec. 2010 continuing	–
6	BPC 006,	Social Psychology	Dec. 2010 continuing	–
7	BPCE 014	Psychopathology	Dec. 2010 continuing	–
8	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 continuing	–
9	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 continuing	–
10	MPC 053	Mental Health in Special Areas	July 2014 continuing	–
11	MPCL 055	Practical	July 2014 continuing	–
12	RPCE 005/105	Approaches and Techniques in Counselling Psychology	July 2012 continuing	-
July 2015 – June 2016				
1	MPC 001	Cognitive Psychology, Learning and Memory	Dec. 2010 continuing	–
2	MPCE 011	Psychopathology	Dec. 2010 continuing	–
3	MPCE 021	Counselling Psychology	Dec. 2010 continuing	–
4	MPCE 023	Interventions in Counselling	Dec. 2010 continuing	–
5	MPCE 016/026/036	Project	Dec. 2010 continuing	–
6	BPC 006,	Social Psychology	Dec. 2010 continuing	–
7	BPCE 014	Psychopathology	Dec. 2010 continuing	–
8	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 continuing	–
9	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 continuing	–
10	RPCE 005/105	Approaches and Techniques in Counselling Psychology	July 2012 continuing	-
July 2014 – June 2015				
1	MPC 001	Approaches and Techniques in Counselling	Dec. 2010	–

		Psychology	continuing
2	MPCE 011	Psychopathology	Dec. 2010 – continuing
3	MPCE 021	Counselling Psychology	Dec. 2010 – continuing
4	MPCE 023	Interventions in Counselling	Dec. 2010 – continuing
5	MPCE 016/026/036	Project	Dec. 2010 – continuing
6	BPC 006,	Social Psychology	Dec. 2010 – continuing
7	BPCE 014	Psychopathology	Dec. 2010 – continuing
8	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 – continuing
9	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 – continuing
10	RPCE 005/ 105	Approaches and Techniques in Counselling Psychology	Dec. 2012 – continuing
July 2013 – June 2014			
1	MPC 001	Approaches and Techniques in Counselling Psychology	Dec. 2010 – continuing
2	MPCE 011	Psychopathology	Dec. 2010 – continuing
3	MPCE 021	Counselling Psychology	Dec. 2010 – continuing
4	MPCE 023	Interventions in Counselling	Dec. 2010 – continuing
5	MPCE 016/026/036	Project	Dec. 2010 – continuing
6	BPC 006,	Social Psychology	Dec. 2010 – continuing
7	BPCE 014	Psychopathology	Dec. 2010 – continuing
8	BPCE 017	Introduction to Counselling Psychology	Dec. 2010 – continuing
9	BPCE 022	Practicum in Clinical Psychology/ Practicum in Counselling/ Practicum in Industrial and Organizational Psychology	Dec. 2010 – continuing
10	RPCE 005/105	Approaches and Techniques in Counselling Psychology	Dec. 2012 – continuing

Courses edited and period

Sl. No.	Course Code	Course Name	Duration
July 2014 – June 2015			
1	MPC 052 (All 4 Units of Block 2)	Block 2: Epidemiology and Prevalence of Mental Disorders (MPC 052: Mental Disorders)	
2	MPC 053 (Units 3 & 4 of Block 1)	Unit 3: Women and Mental Health Unit 4: Marriage and Mental Health (MPC 053: Mental Health in Special Areas)	
3	MPC 054 (Unit 4 of Block 4)	Unit 4: Policies and Research related to Mental health and Mental Illness MPC 054: Services for the Mentally Ill)	
July 2013 – June 2014			
1	MPC 053 (Unit 4 of Block 2)	Unit 4: Problems related to Work Area (MPC 053: Mental Health in Special Areas)	
2	MPC 053 (All 5 Units of Block 3)	Block 3: Developmental Disorders (MPC 053: Mental Health in Special Areas)	
3	MPC 052 (All 5 Units of Block 1)	Block 1: Classification of Mental Disorders (MPC 052: Mental Disorders)	

SLM: Units written and period

Sl. No.	Unit & Course code	Unit Title	Duration
July 2014 – June 2015			
1	Unit 1 (Block 3, MPC 054) of PGDMH	Counselling and Guidance	
2	MPCL 055 of PGDMH	Handbook on Practical	
3	PGDMH	Development of Programme Guide of PGDMH	
July 2013 – June 2014			
1	Unit 2 (Block 2, MPC 053) of PGDMH	Problems related to School (Co-authored)	
2	Unit 1 (Block 2,	Deliberate Self Harm and Suicide (Unit adaptation)	

	MPC 053) of PGDMH		
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Audio programmes (title, Course, period)

Sl. No.	Course code & Programme	Audio Programme Title	Recording Date
July 2015– June 2016			
	MPC 052 (PGDMH)	Psychological Assessment in Mental Disorders	27.10.15
	MPC 054 (PGDMH)	Cognitive Behaviour Therapy	27.10.15
July 2014 – June 2015			
1	MPC 053 (PGDMH)	Learning Disability in Children	4.3.15

Video programmes(title and Course, period)

Course code & Programme	Video Programme Title	Recording Date
July 2015– June 2016		
MPC 051 (PGDMH)	Mind and Mental Health	28.10.15
July 2014 – June 2015		
MPC 054 (PGDMH)	Mental Health Services in India: Rights, Laws and Future	4.3.15
MPC 053 (PGDMH)	Mental Health in Family, School and Workplace: Part 2 – Mental Health in School	23.3.15

(Duly authenticated by the Director/ Head of School/ Division/ Unit/Centre / Cell)

MPC 053 (PGDMH)	Mental Health in Family, School and Workplace: Part 1 – Mental Health in Family	26.3.15
MPC 053 (PGDMH)	Mental Health in Family, School and Workplace: Part 3 – Mental Health at Workplace	26.3.15

13. Training programmes designed and conducted, duration and dates

SNo.	Programme	Dates	Place	Number of Participants

Title of the Talk Organized	Date	Institution	Resource Person
July 2016 – June 2017			
Depression: The common cold of modern life on the occasion of World Mental Health Day	10.10.16	IGNOU	Dr. Jayanti Dutta, Clinical Psychologist
July 2015 – June 2016			
Organized Workshop on “Living with Mindfulness” on the occasion of World Mental Health day	9.10.15	IGNOU	Dr. Pearl Drego, Psychotherapist
July 2014 – June 2015			
Half-a-day Seminar on “Ethics in Research: Issues and Dilemmas in Indian Context”	27.4.15	IGNOU	Prof. Vaishna Narang, JNU &
Organized a Talk on Mindfulness: The Power of Our Mind on	29.9.14	IGNOU	Dr. Pulkit Sharma, Clinical Psychologist

(Duly authenticated by the Director/ Head of School/ Division/ Unit/Centre / Cell)

the occasion of World Mental Health Day			
Organized a Talk on Mental Health in the Elderly: Issues and Concerns” on the occasion of World Mental Health Day	1.10.14	IGNOU	Dr. Avdesh Sharma, Psychiatrist
Organized a workshop on “Understanding and Managing Stress” on the occasion of World Mental Health Day	9.10.14	IGNOU	Dr. Swati Patra
Organized a One-day Seminar on “Issues related to Mental Health” on the occasion of World Mental Health Day	10.10.14	IGNOU	Dr. Pearl Drego, Psychotherapist; Dr. SPK Jena, Associate Professor; & Dr. Achal Bhagat, Psychiatrist

14. Details of Counselling sessions conducted:(Programme/ Course, dates and duration)

- Face to Face
- Radio counselling
- Teleconferencing
- Web conferencing

Sl. No.	Counselling Sessions	Programmes/ Courses/ Topic	Date	Duration
RADIO COUNSELLING (IRC) (Gyanvani)				
July 2018 - onwards				
1		Counseling for Success and Happiness: Building Resilience	26.11.18	1 hour
2		Counseling for Success and Happiness: Knowing Thyself	30.7.18	1 hour
3		Counseling for Success and Happiness: Emotional Intelligence	2.9.18	1 hour

July 2017 – June 2018				
3		Project in Psychology (MPCE 016/026/036 of MAPC)	4.2.18	1 hour
4		Exam Stress	30.4.18	1 hour
5		Preparation for Examination and Dealing with the Examination Stress	4.11.17	1 hour
July 2016 – June 2017				
6		Counselling on Exam Stress	30.4.17	1 hour
TELECONFERENCING (Gyan darshan)				
1		Introduction to Psychology	17.9.18	30 minutes
2		Introduction to Psychology: Major Perspectives and Research Methods	30.10.18	30 minutes
WEB CONFERENCING				
1				
2				

15. Details of Patents granted (if any):
16. Contribution to IGNOU's corporate life:

- Chairperson/ Member of Committee and name of the Committee and date/ period

Chairperson/ Member of Committee	name of the Committee	date/ period
July 2017 – June 2018		
Member of School Board, SOSS		2016 Aug - 2018
Member of Committee for		

Academic Work for the 31st Convocation		
July 2016 – June 2017		
Member of School Board, SOSS		2016 Aug - 2018
Member of Committee for Academic Work for the 30 th Convocation		
July 2015 – June 2016		
Member of Committee for Academic Work for the 29 th Convocation		
Discipline Coordinator, Psychology		July 2015 – June 2016 July 2019 – June 2020
Member of Selection Committee for Senior Scale Psychology under CAS, IGNOU held on 13.10.15		13.10.15
Member of the Subject Committee for the 'Open University: State Open Universities Channel of Swayamprabha: DTH Project for Educational Excellence -		
July 2014 – June 2015		
Member of School Board, SOSS		

Member of School Board, SOSW in 2014		
Member of Committee for Academic Work for the 29 th Convocation – 2016		
Participated as Expert in the Expert Committee Meeting to revise the Course 'Guidance and Counselling' of B.Edprogramme held on by SoE, 12-13 March 2015		
July 2013 – June 2014		
Member of Committee for Academic Work for the 29 th Convocation		
Acted as Centre superintendent for Mphil and PhD TEE June 2014 (18 – 28 th June 2014)		25.6.2014

17. Administrative position/s held in the University

- Designation and duration

Administrative Position	Duration	
In charge Director, NCDS, IGNOU	from 20.8.16 to 5.9.16	

18. Any other contribution/information

(Duly authenticated by the Director/ Head of School/ Division/ Unit/Centre / Cell)

- Member of Expert Committee on Tool Assessment (for National Career Service) by Ministry of Labour & Employment on Nov 2018
- Participated in Workshop on Script Writing for Curriculum-based Audio Video Programmes from 29th August-6th September, 2017 organized by EMPC, IGNOU
- Participated in Seminar on Open and Distance Learning (ODL) and Curriculum Design and Development in ODL from Oct 29-31, 2013 organized by STRIDE, IGNOU

Signature of Teacher /Academic

Signature of Director/ Head