

**BHCC-121**

**UNDERGRADUATE PROGRAMME**

**B.A. Home Science (FYUP)**

**ASSIGNMENT**

**July 2025 - January 2026 Sessions**

**COURSE CODE: BHCC-121**

**Fundamentals of Human Development**

**School of Continuing Education**

**Indira Gandhi National Open University**

**New Delhi**



## **BHCC-121: FUNDAMENTALS OF HUMAN DEVELOPMENT**

### **TUTOR MARKED ASSIGNMENTS**

**July 2025 - JANUARY 2026**

Dear Student,

As explained in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a course carry 30% weightage while 70% weightage is given for term-end examination.

You will have to do this Tutor Marked Assignments (TMA) for a four-credit course. This Assignment booklet has TMAs for the Core Course BHCC-121 FUNDAMENTALS OF HUMAN DEVELOPMENT which is a four-credit course in first year of BA Home Science under FYUP.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for the questions. Remember writing these questions will sharpen your writing skills and understanding of the subject matter. You will also be ready for the Term-end Examination.

#### **Instruction for submission of Assignment:**

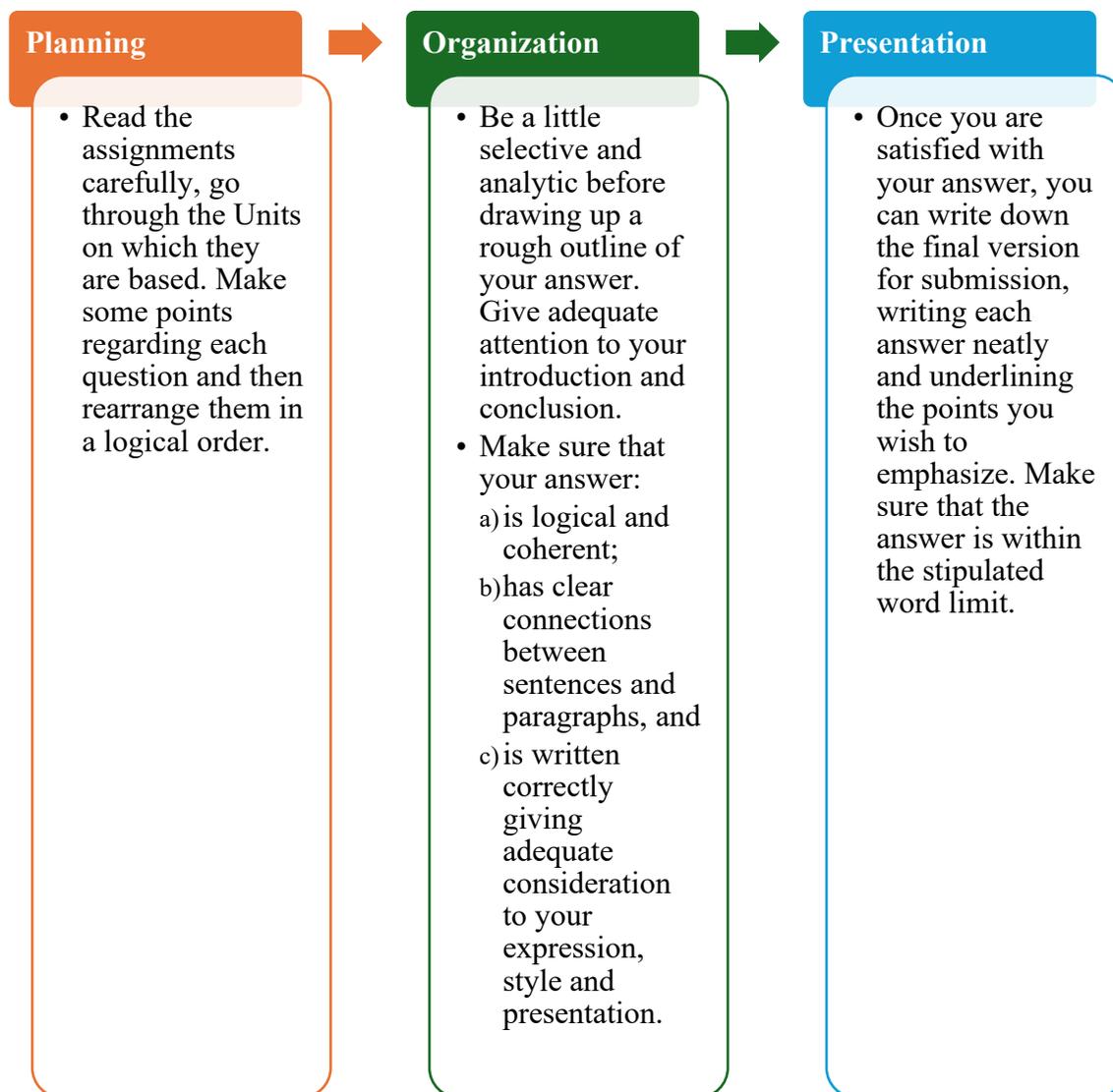
- As mentioned in the Programme Guide, you need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination.
- This assignment is valid for JULY 2025 and JANUARY 2026 admission cycles; and the assignment is to be submitted as per the following schedule:

<b>Assignment No.</b>	<b>Date of Submission</b>	<b>Where to send</b>
<b>Assignment (TMA) For JULY 2025 Session Students</b>	<b>31<sup>st</sup> March 2026</b>	<b>The Coordinator of your Study Centre</b>
<b>Assignment (TMA) For JANUARY 2026 Session Students</b>	<b>30<sup>th</sup> September 2026</b>	<b>The Coordinator of your Study Centre</b>

- You must obtain a receipt from the Study Centre for the assignments submitted and retain it. If possible, keep a photocopy of the assignments with you.

- Like all other assignments, this should be submitted to the Coordinator of your Study Centre. Your Regional Centre may allow you to submit this assignment online on its website. Please visit the website of your Regional Centre to check if online submission facility is available.
- The Study Centre will have to return the assignments to you after they are evaluated. Please insist on this. The Study Centre has to send the marks to the Student Evaluation Division at IGNOU, New Delhi.

We expect you to answer each question as per guidelines for each category as mentioned in the assignment. You will find it useful to keep the following points in mind:



**Wishing you all the best,**

**Course Coordinators**

# BHCC-121 FUNDAMENTALS OF HUMAN DEVELOPMENT

## TUTOR MARKED ASSIGNMENTS

Course code: BHCC-121 Assignment Code: BHCC-121/ASST/TMA

July 2025- January 2026

Marks: 100

### Note: Attempt any five questions.

The assignment is divided into two Sections 'A' and 'B'. You have to attempt at least two questions from each section in about 600 words each. All questions carry equal marks.

#### SECTION – A

1. Discuss the nature and scope of Home Science as an interdisciplinary field. Explain how the discipline has undergone a paradigm shift over the years. **20**
2. Define Human Development and describe its significance as a field of study. Elaborate on the major domains of development. **20**
3. Critically examine the psychoanalytical and contextual perspectives of human development. Compare the key concepts proposed by Freud and Erikson. **20**
4. Discuss the major principles underlying behaviourist, cognitive and information processing perspectives of human development. **20**
5. Describe the stages of prenatal development and explain the significance of prenatal care by highlighting the role of maternal health, nutrition, environmental factors. **20**
6. Discuss the key milestones in gross and fine motor skills in infancy and toddlerhood, and explain how biological maturation, environmental stimulation and caregiver support contribute to variations in early motor development. **20**
7. Explain the major characteristics of cognitive development in infancy and toddlerhood with reference to theoretical perspectives of Piaget. **20**
8. Discuss the processes involved in social and emotional development during infancy and toddlerhood. **20**

#### SECTION – B

1. Explain the major characteristics of physical and motor development during early and late childhood. **20**

2. Evaluate the role of schooling, social interaction and cultural context in shaping cognitive and language growth skills during Early and late childhood. **20**
3. Describe the development of self-concept, peer relationships, moral understanding and emotional regulation, and examine how family environment, parenting practices, school experiences and socio-cultural factors contribute to children's social and emotional adjustment. **20**
4. Discuss the biological processes underlying puberty, highlight the differences in growth patterns and sexual maturation between boys and girls, and explain how these physical changes influence adolescents' overall development and daily functioning. **20**
5. Explain the cognitive changes that take place during adolescence with reference to major theoretical perspectives. **20**
6. Discuss the physical, psychological and social changes that individuals experience during adulthood. **20**
7. Define the concept of successful ageing and discuss the factors that contribute to healthy ageing in later life. **20**
8. Examine societal attitudes toward ageing, death and dying. **20**