BHCC-121

UNDERGRADUATE PROGRAMME

B.A. Home Science (FYUP)

ASSIGNMENT

July 2026 - January 2027 Sessions

COURSE CODE: BHCC-121

Fundamentals of Human Development

School of Continuing Education

Indira Gandhi National Open University

New Delhi

BHCC-121: FUNDAMENTALS OF HUMAN DEVELOPMENT

TUTOR MARKEDASSIGNMENTS

JULY 2026 - JANUARY 2027

Dear Student,

As explained in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a course carry 30% weightage while 70% weightage is given for term-end examination.

You will have to do this Tutor Marked Assignments (TMA) for a four-credit course. This Assignment booklet has TMAs for the Core Course BHCC-121 FUNDAMENTALS OF HUMAN DEVELOPMENT which is a four-credit course in first year of BA Home Science under FYUP.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for the questions. Remember writing these questions will sharpen your writing skills and understanding of the subject matter. You will also be ready for the Term-end Examination.

Instruction for submission of Assignment:

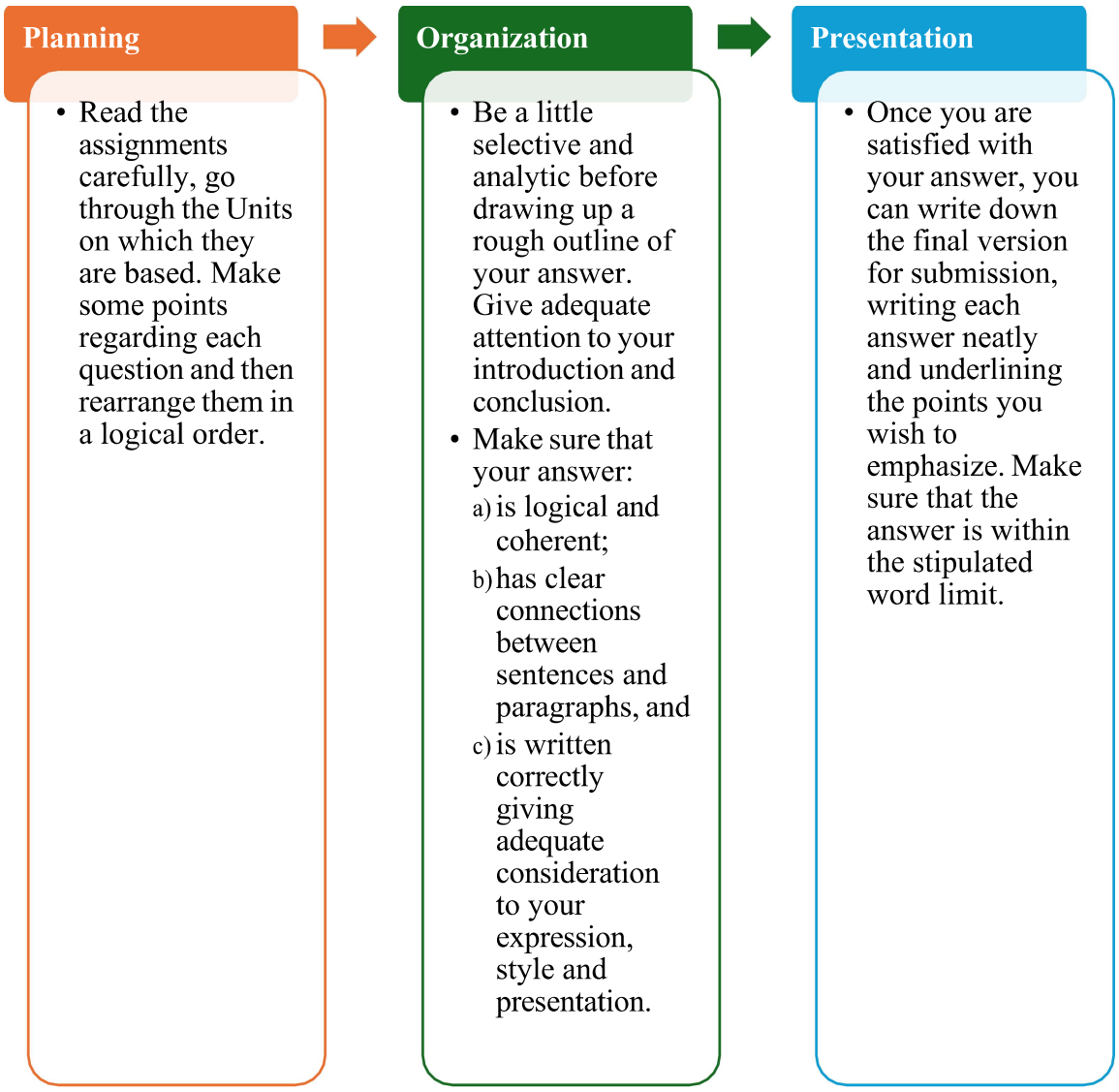
- As mentioned in the Programme Guide, you need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination.
- This assignment is valid for JULY 2026 and JANUARY 2027 admission cycles; and the assignment is to be submitted as per the following schedule:

Assignment No.	Date of Submission	Where to send
Assignment (TMA) For JULY 2026 Session Students	31st March 2027	**The Coordinator of your Study Centre**
Assignment (TMA) For JANUARY 2027 Session Students	**30th September 2027**	**The Coordinator of your Study Centre**

- You must obtain a receipt from the Study Centre for the assignments submitted and retain it. If possible, keep a photocopy of the assignments with you.

- Like all other assignments, this should be submitted to the Coordinator of your Study Centre. Your Regional Centre may allow you to submit this assignment online on its website. Please visit the website of your Regional Centre to check if online submission facility is available.
- The Study Centre will have to return the assignments to you after they are evaluated. Please insist on this. The Study Centre has to send the marks to the Student Evaluation Division at IGNOU, New Delhi.

We expect you to answer each question as per guidelines for each category as mentioned in the assignment. You will find it useful to keep the following points in mind:



Wishing you all the best,

Course Coordinators

BHCC-121 FUNDAMENTALS OF HUMAN DEVELOPMENT

TUTOR MARKED ASSIGNMENTS
Course code: BHCC-121 Assignment Code: BHCC-121/ASST/TMA
July 2026- January 2027
Marks: 100

Note: Attempt any five questions.

The assignment is divided into two Sections 'A' and 'B'. You have to attempt at least two questions from each section in about 600 words each. All questions carry equal marks.

SECTION – A

1.	Discuss the contributions of key Indian scientists, social engineers, and thinkers (such as M.S. Swaminathan, C.V. Gopalan, S.K. Dey, and Rabindranath Tagore) in shaping the multidisciplinary landscape of Home Science and community development in India.	**20**
2.	Compare Pavlov's Classical Conditioning and Skinner's Operant Conditioning. How does Bandura's Social Learning Theory bridge the gap between pure behaviourism and cognitive processing through observational learning?	**20**
3.	Write the major developmental changes that occur during prenatal period (intra-uterine growth). Also explain why this stage is considered the most critical period for environmental vulnerability?	**20**
4.	Explain the APGAR scale indicators used to assess a newborn's health immediately after birth. Discuss the physiological process of brain wiring, including synaptogenesis, myelination, and pruning during the first three years.	**20**
5.	Describe the chronological stages of pre-linguistic and early linguistic sound production in infants—from crying, cooing, and babbling to holophrases and telegraphic speech.	**20**
6.	Explain John Bowlby's and Mary Ainsworth's attachment theories. How do early attachment styles (secure vs. insecure) formed in toddlerhood influence socio-emotional security across the lifespan?	**20**
7.	Explain the shift from Piaget's Pre-operational stage (egocentrism, animism, lack of conservation) to the Concrete Operational stage (decentration, reversibility, classification) in middle childhood.	**20**

SECTION – B

1.	Analyze how family structures, peer groups, and gender role socialization influence emotional self-regulation and prosocial development during early and late childhood.	**20**
2.	Examine Erikson's stage of Identity vs. Identity Confusion during adolescence. How do peer pressure, family dynamics, and search for autonomy shape identity formation?	**20**
3.	Discuss Elisabeth Kübler-Ross's five stages of coping with death and dying (Denial, Anger, Bargaining, Depression, Acceptance).	**20**
4.	Define the concept of Developmentally Appropriate Practice (DAP) and its significance in early childhood care and education.	**20**
5.	What are teratogens? Briefly list three environmental factors or maternal health conditions that can cause congenital damage during pregnancy.	**20**
6.	What is metacognition, and how does memory capacity improve during late childhood?	**20**
7.	Briefly define the concepts of Imaginary Audience and Personal Fable in adolescent self-perception. Also explain the distinction between fluid intelligence and crystallized intelligence during adulthood.	**20**