

DIPLOMA IN EARLY CHILDHOOD CARE AND  
EDUCATION

Assignments 1 to 3  
January 2026 & July 2026

DECE-1 : Organizing Child Care Services

DECE-2 : Child Health and Nutrition

DECE-3 : Services and Programmes for Children

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Indira Gandhi National Open University  
Maidan Garhi, New Delhi -110068



Dear Learners,

You have to do three assignments as part of the Diploma Programme. **ALL THREE ASSIGNMENTS ARE COMPULSORY.** You have to pass in all the three assignments in order to be awarded the Diploma.

Further, each assignment has three parts - Section A, Section B and Section C. **ALL THREE PARTS OF EACH ASSIGNMENT ARE COMPULSORY.** If you do not submit all the parts of the assignment together, your assignment will not be considered complete and will be returned to you without being marked. You will have to repeat the assignment.

In each assignment, Section A comprises theoretical questions and Sections B & C comprise Practical Exercises. Each assignment carries 100 marks; 60 marks for Section A and 20 marks each for Sections B & C.

The assignments printed in this booklet contain section A of the three assignments. The Practical Exercises for Section B & Section C of the three Assignments, are contained in the Practical Manual for each Course which you would have received in your study material. There are 9-10 exercises in each Practical Manual. You have to do two exercises from each Practical Manual for each Assignment. Information about which exercises have to be done for each assignment, is given under Section B & Section C of each assignment in this booklet.

Though you have to submit only two Practical Exercises for each Assignment, **we advise you to do all the Practical Exercises contained in the Practical Manuals.** This will give you practice in applying theoretical concepts in real life and you will develop skills of interacting with children which will help you do the Project Work (i.e., Course 4) of the Diploma better. After doing the different exercises, you can select the exercise which you have done best for the assignment.

**Objectives of the Assignments:** One of the objectives of the assignments is to assess how well you have understood the concepts explained in the various Blocks of the Course. This is assessed through the questions in Section A. Another objective of the assignments is to assess how far you can apply the theoretical concepts which you have studied in the Blocks in day to day situations. This is assessed through the Practical Exercises in Sections B and C.

## **SOME DO'S AND DONT'S ABOUT SENDING IN ASSGNMENTS**

### **Some Do's**

1. Submit your assignments by the due date to your Study Centre. We have distributed the dates of assignment submission over a period of three months, instead of giving one date for submission of all assignments. We have done this so that you get enough time to do all assignments. Also, when the counselor returns one corrected assignment to you, you can do better in subsequent assignments, as you can benefit from your Counselor's comments on your submitted response sheets.
2. Maintain an account of the assignments sent to us and the corrected assignments received by you. This will help you maintain the schedule of your work and avoid the possibility of sending the same assignment a second time.

### Some Dont's

1. Do not remind us to send back the corrected response sheets. These will be sent to you at the earliest possible.
2. Do not misplace/ lose your graded assignments. You will need these till the Course is completed.
3. Do not enclose doubts for clarification along with the assignment. If you want to draw our attention to something of urgent/important nature, write to us separately. Give your roll number, name, address, the title of the Course, the number of the assignment, etc. on top of your letter.

### INSTRUCTIONS

1. Write your roll number, name, full address and date on top right corner of the first page of your response sheets.
2. Write the Course title, assignment number and the name of the study centre you are attached to, in the center of the first page of your response sheets.

The top of the first page of your response sheets should look like this:

Enrolment No.....  
Name.....  
Address.....  
.....  
.....  
Date.....

Course Title.....  
Assignment No.....  
Study Centre.....

Please follow the above format strictly. If you do not follow this format, we will be compelled to return your script to you for re-submission.

3. Read the instructions related to assignments printed in the Programme Guide.
4. **Please note that unless you submit the assignment of a particular Course within the date mentioned for that assignment, you would not be permitted to appear for the term-end examination of that course.**
5. **Submit Section A, B & C of each assignment together, otherwise your assignment would be returned to you without being evaluated.**

**Assignment 1**  
**(Tutor Marked Assignment)**

**Course Code: DECE-1**  
**Assignment Code: DECE-1/TMA-1/2026**  
**30th September 2026 for January 2026 session**  
**30th March 2027 for July 2026 session**  
**Total Marks: 100**

All Three Sections – A, B and C of this assignment are compulsory.

**SECTION A**

**Answer all questions of Section A.**

**60 Marks**

1. (a) Explain how heredity and environment influence the physical and motor development of child?  
(300 words = 3 marks)  
(b) State the milestones of gross motor development in the age group birth to one year? (4 marks)
2. Describe one activity each for fostering the abilities in the following areas of development in three-year-old children.  
(a) Language development  
(b) Social development  
(c) Cognitive development  
  
For each activity, mention its goals, material(s) required, if any and procedure to carry out the activity.  
(300 words per activity; 4x3=12 marks)
3. (a) Explain the terms stranger anxiety and separation anxiety?  
(b) How can parents foster the development of altruism and empathy in children?  
(200 words + 400 words = 3+5= 8 marks)
4. Explain any two styles of parental behaviour. Discuss how each style of parental behaviour influences the child's personality.  
(500 words; 5 marks)
5. (a) Explain the different ways in which story telling fosters the development of children during preschool years?  
(b) State any three play-way activities you can organize with preschoolers to help them develop a concept of time?  
(400 words + 400 words; 4 + 4=8 marks)
6. a) Explain the importance of participation of the family and the community for the success of a child care programme.  
b) Explain any three ways of involving the parents in the activities of the child care centre?  
(400 words + 400 words; 4 + 4=8 marks)
7. Differentiate between the following in about 250 words each.  
(a) Self-esteem and self-concept  
(b) Matching and classification activities  
(d) Dramatic play and dramatization

(4x3=12 marks)

## SECTION B

**20 Marks**

In this Section you have to do any one of the Practical Exercises related to observing children. Choose any exercise out of Exercises 4, 6 and 7 described in the practical Manual of this Course i.e., DECE-1 and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in observing children, recording your observations and interpreting them. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows

### **Exercise 4**

**Total marks: 20**

#### **Break-up of marks:**

Observing the child and the parents and recording the observations 10

Analysis of observations and conclusions 10

### **Exercise 6 Total marks:**

**20**

#### **Break-up of marks:**

Observing the child and recording the observations 10

Analysis of observations and conclusions 10

### **Exercise 7 Total marks: 20**

#### **Break-up of marks:**

Carrying out activities related to matching and conservation and recording observations 5+5

Analysis of observations and conclusions related to matching and conservation 5+5

## SECTION C

**20 Marks**

In this Section you have to do any one of the Practical Exercises related to planning play activities for children and conducting them. These are Practical Exercise number 5, 8 and 9, described in the Practical Manual of this course i.e., DECE-1. Choose any one of the exercises and submit it to the counselor for evaluation.

It would be useful for you if you were to do all the three exercises. This would give you practice in planning and organizing play activities. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The marking instructions for the exercises are as follows:

### **Exercise 5**

**Total marks: 20**

#### **Break-up of marks:**

Playing with the infant with the toy that has been made, and recording the observations	10
Evaluating the play activity and writing the conclusions	10

### **Exercise 8**

**Total marks: 20**

#### **Break-up of marks:**

Planning the two activities	5+5
Carrying out the two activities and analyzing and evaluating them	5+5

**Total marks: 20**

### **Exercise 9**

#### **Break-up of marks:**

Describing the festival	2
Suggesting re-organization of the room	6
Scheduling activities over a week	6
Brief description of scheduled activities	6