

DIPLOMA IN EARLY CHILDHOOD CARE AND
EDUCATION

Assignments 1 to 3
January 2026 & July 2026

DECE-1 : Organizing Child Care Services

DECE-2 : Child Health and Nutrition

DECE-3 : Services and Programmes for Children

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Dear Learners,

You have to do three assignments as part of the Diploma Programme. **ALL THREE ASSIGNMENTS ARE COMPULSORY.** You have to pass in all the three assignments in order to be awarded the Diploma.

Further, each assignment has three parts - Section A, Section B and Section C. **ALL THREE PARTS OF EACH ASSIGNMENT ARE COMPULSORY.** If you do not submit all the parts of the assignment together, your assignment will not be considered complete and will be returned to you without being marked. You will have to repeat the assignment.

In each assignment, Section A comprises theoretical questions and Sections B & C comprise Practical Exercises. Each assignment carries 100 marks; 60 marks for Section A and 20 marks each for Sections B & C.

The assignments printed in this booklet contain section A of the three assignments. The Practical Exercises for Section B & Section C of the three Assignments, are contained in the Practical Manual for each Course which you would have received in your study material. There are 9-10 exercises in each Practical Manual. You have to do two exercises from each Practical Manual for each Assignment. Information about which exercises have to be done for each assignment, is given under Section B & Section C of each assignment in this booklet.

Though you have to submit only two Practical Exercises for each Assignment, **we advise you to do all the Practical Exercises contained in the Practical Manuals.** This will give you practice in applying theoretical concepts in real life and you will develop skills of interacting with children which will help you do the Project Work (i.e., Course 4) of the Diploma better. After doing the different exercises, you can select the exercise which you have done best for the assignment.

Objectives of the Assignments: One of the objectives of the assignments is to assess how well you have understood the concepts explained in the various Blocks of the Course. This is assessed through the questions in Section A. Another objective of the assignments is to assess how far you can apply the theoretical concepts which you have studied in the Blocks in day to day situations. This is assessed through the Practical Exercises in Sections B and C.

SOME DO'S AND DONT'S ABOUT SENDING IN ASSGNMENTS

Some Do's

1. Submit your assignments by the due date to your Study Centre. We have distributed the dates of assignment submission over a period of three months, instead of giving one date for submission of all assignments. We have done this so that you get enough time to do all assignments. Also, when the counselor returns one corrected assignment to you, you can do better in subsequent assignments, as you can benefit from your Counselor's comments on your submitted response sheets.
2. Maintain an account of the assignments sent to us and the corrected assignments received by you. This will help you maintain the schedule of your work and avoid the possibility of sending the same assignment a second time.

Some Dont's

1. Do not remind us to send back the corrected response sheets. These will be sent to you at the earliest possible.
2. Do not misplace/ lose your graded assignments. You will need these till the Course is completed.
3. Do not enclose doubts for clarification along with the assignment. If you want to draw our attention to something of urgent/important nature, write to us separately. Give your roll number, name, address, the title of the Course, the number of the assignment, etc. on top of your letter.

INSTRUCTIONS

1. Write your roll number, name, full address and date on top right corner of the first page of your response sheets.
2. Write the Course title, assignment number and the name of the study centre you are attached to, in the center of the first page of your response sheets.

The top of the first page of your response sheets should look like this:

Enrolment No.....
Name.....
Address.....
.....
.....
Date.....

Course Title.....
Assignment No.....
Study Centre.....

Please follow the above format strictly. If you do not follow this format, we will be compelled to return your script to you for re-submission.

3. Read the instructions related to assignments printed in the Programme Guide.
4. **Please note that unless you submit the assignment of a particular Course within the date mentioned for that assignment, you would not be permitted to appear for the term-end examination of that course.**
5. **Submit Section A, B & C of each assignment together, otherwise your assignment would be returned to you without being evaluated.**

Assignment 2
(Tutor Marked Assignment)

Course Code: DECE-2
Assignment Code: DECE-2/TMA-2/2026
Total Marks: 100

Late date of submission of assignment to the study centre:
30th September 2026 for January 2026 session
30th March 2027 for July 2026 session

All three sections - A, B and C of this assignment are compulsory.

SECTION A

Answer all questions of Section A

60 marks

1. Explain how the concept of health has changed over the years and describe its various dimensions. (500 words) (5 marks).
2. List the major sources and functions of any two vitamins and two minerals.

(800 words; 12 Marks = 3 marks per nutrient)

3. Suggest a balanced day's menu for a 3 year old child, stating what the child will eat at breakfast, mid morning, lunch, mid-afternoon and dinner. Also state what nutrient the toddler will get from each food item mentioned in the menu at different times in the day.

(500 words; 5 marks per meal = 20).

4. Write about the immediate care of a newborn and minor disorders. (300 + 300 words) 3+3= 6 marks
5. Explain how to use mid upper arm circumference for growth monitoring

(500 words each; 5 marks).

6. Write about any one food supplementation programme (400 words; 4 marks)

7. Write about the symptoms, causes and treatment of any two of the following:

(300 words each; 4 x2 = 8 marks)

a. Scabies

b. Earache

SECTION B

20 Marks

In this Section you have to do either Exercise 2 or Exercise 3 given in the Practical Manual of this Course, i.e. DECE-2.

It would be useful for you to do both these Practical Exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. In case the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.

SECTION C

20 Marks

In this Section you are required to do any one Exercise out of Exercise 5, 6 or 7 given in the Practical Manual of this Course, i.e. DECE-2.

It would be useful for you to do both these practical exercises. You can then choose the exercise which you feel you have done the best and submit it for evaluation.

The details of these exercises have been described in the Practical Manual. Read each exercise carefully and do the exercise as indicated. The marks for the various components of each exercise have been mentioned in the Manual itself. In case the total marks for an Exercise are more than 20 in the practical manual, the evaluator will grade the exercise and convert the total marks from 20.