

**Post Graduate Diploma in Population and Family Health Studies/  
Master of Arts in Population and Family Health Studies**

**(PGDPFHS/MAPFHS)**

**1<sup>st</sup> Year**

**ASSIGNMENTS**

**SESSION: JANUARY 2025 and July 2025**

**Course Code and Course Title:**

**MEDS-074: Population and Development: Issues and Challenges**

Assignments should be submitted to Director, SOEDS, Block-15-F (Swami Vivekanand Bhawan), First Floor, Maidan Garhi, new Delhi-110068 by Hand or Post or to be submitted at respective RC.



**SCHOOL OF EXTENSION AND DEVELOPMENT STUDIES**

**INDIRA GANDHI NATIONAL OPEN UNIVERSITY**

**MAIDAN GARHI, NEW DELHI-110068**

**(INDIA)**

## Dear Learner

Welcome to Post Graduate Diploma in Population and Family Health Studies (PGDPFHS) and Master of Arts in Population and Family Health Studies (MAPFHS) 1<sup>st</sup> year, School of Extension and Development Studies, IGNOU. You will have to do one assignment for each course. Each assignment carries 100 marks. Irrespective of the year of registration you need to submit the latest assignments uploaded on the website.

## INSTRUCTIONS

- 1) Read the detailed instructions about assignments given in the Programme Guide.
- 2) The top of the first page of your response sheet should look like this:

Enrolment No.....	Name.....
Course Title.....	Course Code.....

- 3) Use A-4 size paper for your responses, write on both sides with margin and tie all the pages carefully.
- 4) Write the question number with each answer.
- 5) You should write in your own handwriting, with relevant references.
- 6) Last date for submitting the assignments for July Session is 30<sup>th</sup> March and for January Session is 30<sup>th</sup> September in the respective.

## GUIDELINES

- 1) **Planning:** Read the assignments carefully. Go through the reading material / books on which they are based. Make some points regarding each question and then rearrange these in a logical order.
- 2) **Organization:** Be a little more selective and analytical. Give attention to your introduction and Conclusion. The introduction must offer your brief interpretation of the question and how you propose to develop it. The conclusion must summarize your response to the question.  
Make sure that your answer:

- a) is around 500- 600 words.
- b) is logical and coherent.
- c) has clear connections between sentences and paragraphs.
- d) is written correctly giving adequate consideration to your expression, style and presentation.

- 3) **Presentations:** Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underline the points you wish to emphasize.

**Please contact the following course coordinators for any academic help / clarification**

MEDS-074: Prof. Nehal A. Farooquee, E-mail: [nafarooquee@ignou.ac.in](mailto:nafarooquee@ignou.ac.in)

## ASSIGNMENT - 4

**Course Code: MEDS-074**

**Maximum Marks: 100**

**Answer all the questions. All questions carry 20 marks each** (Word limit 600).

1. What do you understand the poverty. Discuss inequality in India.
2. Define nutrition. Explains factors of nutritional disorders.
3. What is urban paradox? Explain the factors affecting Urbanization.
4. What is demographic imperative of migration? Explain theories of Migration.
5. What is sanitation? Discuss about water and sanitation.

---

**Course Coordinator: Prof. Nehal A. Farooquee**

[nafarooquee@ignou.ac.in](mailto:nafarooquee@ignou.ac.in)

---

### **Note:**

Each assignment must include relevant references and sources of information.

**Documents should attach with assignment in serial –**

1. Cover page
2. IGNOU ID card
3. Assignment Questions of Respective Course
4. Main Text of Assignments (Handwritten)

Cover Page for Assignment

**SCHOOL OF EXTENSION AND DEVELOPMENT STUDIES**  
**INDIRA GANDHI NATIONAL OPEN UNIVERSITY**  
**MAIDAN GARHI, NEW DELHI-110068**



वसुधैव कुटुम्बकम्  
ONE EARTH • ONE FAMILY • ONE FUTURE

**Assignment No.:**

Name of learner	:	
Enrolment No.	:	
Father's/Mother's Name	:	
Name of the Programme	:	
Programme Code	:	
Regional Centre and Code	:	
Course Title	:	
Course Code	:	
Email	:	
Mobile no./Phone no.	:	
Course Coordinator	:	
Date of Submission	:	
Address of Student	:	
Signature of Student	:	