

**Certificate in Gender and Science  
(CGSCI)**

**ASSIGNMENT**  
**(Valid from July 2025- June 2026)**



**School of Gender and Development Studies**

***Indira Gandhi National Open University***

**Maidan Garhi, New Delhi – 110068**

<b>Assignment Nos.</b>	<b>Submission of Assignments by the Students</b>
BGS-002/AST/TMA-2025-26	For July admission cycle: <b>31<sup>st</sup> Oct 2025</b>
BGS-003/AST/TMA-2025-26	For January admission cycle: <b>30<sup>th</sup> April 2025</b>
BGS-004/AST/TMA-2025-26	

You need to complete one assignment for each course of 6 credits. Please check the IGNOU website and/or contact concerned RCs regarding any assignment submission updates. With proper planning you will be able to complete them within the stipulated period. Submit assignments as per instructions provided by your Regional Centre and/or published on the university website. Include your name, enrollment number, Programme Code, Course Code and email ID on each assignment. Assignments need to be handwritten and each assignment should be submitted as a separate single document. Do not combine two assignments/ do not submit responses for individual questions as separate documents.

### **Assignment Guidelines (Academic Year 2025–26)**

1. Download the Latest Assignment:
  - Always check the academic year on the assignment (e.g., 2025–26) to ensure you're attempting the correct one.
  - Visit the official IGNOU assignment portal:

<https://www.ignou.ac.in/studentService/download/assignments>
2. Know Your Submission Deadline:
  - Submission deadlines depend on your admission cycle:
    - July 25 cycle learners → Submit by October 31<sup>st</sup>
    - January 26 cycle learners → Submit by April 30<sup>th</sup>
3. Academic Queries:
  - For academic queries related to your assignment, contact:

Dr. Sunita Dhal – [sunitadhall@ignou.ac.in](mailto:sunitadhall@ignou.ac.in)
4. Avoid Plagiarism:
  - Plagiarized assignments will not be evaluated.
  - Write in your own words and maintain originality in the assignment.

**Course Title: Gender Perspectives on Health**  
**Assignment No: BGS 004/AST/TMA-2025-26**  
**Maximum Marks: 100**

Attempt any 10 of the following questions. Each question carries 10 marks. Maximum word limit is 1000 words per answer.

1. What is meant by gender biases in clinical trials? Give one example.
2. Differentiate between wellbeing and health.
3. Explain the difference in disease prevalence among women and men in India.
4. What is understood by safe injection practices?
5. Identify various health disorders which cause health risks among women in India?
6. Describe the cultural practices which shape the understanding about menstruation in India.
7. Explain the barriers faced by adolescent to meet their health needs? Use any example to write the answer.
8. Explain the “Two Continua Model of mental health” proposed by Corey L. M. Keyes.
9. Write about the National mental Health Programme in India.
10. Discuss the dominant attitude and perception towards persons with disability in India.
11. How does stress contribute to mental health concerns among women in India? Write with the help of a case study.
12. Impact of vaccines on women’s health. You can take examples from India or from any other countries to draw an analysis between vaccination and women’s health.