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**Certificate in Maternal and
Child Health Nursing
(CMCHN)**

ASSIGNMENT

January/July 2026



School of Health Sciences

Indira Gandhi National Open University

Maidan Garhi, New Delhi-110 068

Please take note of the following points before writing your assignments:-

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to the Programme In-charge of the Programme Study Centre under Nodal Regional Centre who will conduct Theory contact sessions through online mode.

Certificate in Maternal and Child Health Nursing (CMCHN)

(Block 1 to 6) TMA

Programme Code: CMCHN

Course Code: BNS-117/TMA/2026

Maximum Marks: 100

Passing Marks: 50

Last date of Submission: 30th April/Sep, 2026

Part A: Two long answer questions of 15 marks each

Part B: Six short answer questions of 10 marks each

Part C: Consists of four objective type questions, carries 2½ marks in each.

Part A

1. (a) Explain the components of Antenatal Care (ANC) and enumerate aims.
2. (b) Explain positive signs which confirms pregnancy.
(c) Discuss Antenatal advices related to diet, Iron and folic acid supplementation and minor ailments. **(6+3+6=15)**

2. (a) Explain concept of disease causation with example of a disease having web of causation.
(b) Describe the levels of prevention of diseases in relation to Natural history of disease.
(c) Describe role of Nurse/Health Worker in giving antenatal advices to improve health status of women. **(4+6+5=15)**

Part B

3. Explain eclampsia and its management in hospital and care during fit. **(10)**
4. Discuss how would you Assess and classify sick children for signs of Malnutrition. **(10)**
5. Explain Syndromic approach for management of STDs. **(10)**

6. (a) Explain various methods of maintaining body temperature of newborn baby. Name the method you are following at your work place.
(b) Discuss your role as a nurse in prevention of various neonatal infections. **(5+5=10)**

7. Describe following Communicable Diseases, their signs and symptoms(s/s) and treatment:-
(a) Childhood Tuberculosis
(b) Hepatitis B **(5+5=10)**

8. (a) Discuss Plan A: Treat Diarrhea at Home.
(b) Explain how you would as a nurse counsel the mother of a young infant about feeding problems. **(5+5=10)**

Part C

- 9) **Place a (P) against the most appropriate answer given under each statement** ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)
- a) Safe motherhood under CSSM Programme includes all services **except**:
- i. Immunization of pregnant women.
 - ii. Delivery by trained personal.
 - iii. Vitamin A prophylaxes.
 - iv. Promotion of Institutional delivery.
- b) All of the steps are involved in sequence to decision-making process **except**.
- i. Solve as per common sense.
 - ii. Identify the problem.
 - iii. Identify all possible solutions.
 - iv. Select one solution.
- c) Authoritarian style of leadership involves:
- i. Sharing responsibility.
 - ii. Only on the work to be done.
 - iii. Seeks involvement of group members.
 - iv. Members have feeling of belongingness.
- d) All of the following are true for sub centre **except**:
- i. It serve a population of 5000 in plain area.
 - ii. Staff includes a team of one male and one female.
 - iii. Providing essential ante-natal care
 - iv. It acts as a referral unit also.
- e) New initiatives under RCH – II includes all of the followings **except**:
- i. Making first referral unit functional.
 - ii. Janani Suraksha Yojana
 - iii. Vande Mataram Scheme
 - iv. Management of diarrhea and ARI.
10. Match the items given in Column A with those given in Column B: ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)
- | Column A | Column B |
|---------------------|------------------------------------|
| a) Tip of iceberg | i) Physiological maturations |
| b) Perinatal period | ii) Round measurement of body part |
| c) Development | iii) clinical/symptomatic cases |
| d) Circumference | iv) 22 weeks to 7 days after birth |
| e) Puberty | v) Adulthood |
| | vi) Onset of sexual maturity |

11. Fill in the blanks:- ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) Inability to conceive pregnancy to is known as _____.
- b) Tubercular Endometritis is an important cause of _____.
- c) First aid measure in dog bite includes _____ with soap and water.
- d) Severe anaemia in pregnancy cause _____ concentrations of hemoglobin.
- e) The presentations in which fetal head lies in lower part of uterus is known as _____ presentation.

12. Place a (P) mark against 'T' if you consider the statement as true and 'F' if you consider the statement as false ($\frac{1}{2} \times 5 = 2\frac{1}{2}$)

- a) In breach presentation, the fetus lies with its buttocks in the lower part of uterus. **(T/F)**
- b) Free and cashless delivery is an initiative under JSSK. **(T/F)**
- c) Hot fomentation is effective in relieving breast engorgement **(T/F)**
- d) Function of emergency contraceptive pills is to washout fetus. **(T/F)**
- e) Condoms are one of the terminal method of fertility control **(T/F)**