



Certificate in FIRST AID (CFAID)

ASSIGNMENTS 2026



**School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

IGNOU

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session, April 15th 2026*			
July session September 15th 2026*	BNS – 140	1,2,3,4	BNS – 140 / TMA/2026
January session, April 15th 2026*			
July session September 15th 2026*	BNS – 141	1,2,3,4	BNS – 141 / TMA/2026

*Subject to change by University

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the **Course Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page. The first page of your assignment response sheet should look like the format given below:

Course Code	:	Roll No:
Course title	:	Name :
Assignment Code	:	Address:
PSC	:
Date of Submission:

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

FIRST AID: Introduction and Common Emergencies
Assignment (Block 1-4) (Tutor Marked)

Programme Code: CFAID
Course Code: BNS-140
Assignment Code: BNS-140 /TMA /2025
Maximum Marks: 100

Note: All questions are compulsory

1. a) Discuss the following considerations in first aid:
 - i. Legal
 - ii. Emotionalb) Describe Good Samaritan guidelines for first aid in India. **(3+3+4=10)**

2. a) Explain the meaning of Emergency situations;
b) Explain the causes and recognition of Emergency situations. **(2+4+4=10)**

- 3(a) Discuss the skills required for effective communication
(b) Enlist the steps while communicating with patients while providing first aid **(5+5=10)**

4. a) Define Burns. List its types.
b) Enumerate the steps of First Aid management of Chemical Burns **(5+5=10)**

5. a) List the causes of Foreign Bodies in Eye and Ear
b) Discuss the First Aid management and Do's and Don'ts in case of Foreign Body in Eye and Ear **(2+2+3+3=10)**

6. a) List the recognizing features of high and low blood sugar in adults.
b) Describe the First Aid management of a 65 year old victim having low blood sugar . **(6+4=10)**

- 7.(a) Explain the factors influencing the method of carrying casualty;
(b) Discuss the following methods used by a First Aid provider when moving his victim:
 - i) Dragging
 - ii) Log rolling**(2+4+4=10)**

8. a) Enumerate the purposes of safe practices for victim and first aid provider.
b) Discuss the safe practices to be followed by first aid provider in emergency. **(3+3+4=10)**

9. a) Define fainting.
b) List any six causes of fainting
c) Explain the first aid care of a victim with fainting. **(2+3+5=10)**

10. Explain primary and secondary assessment for a victim in emergency. **(5+5=10)**