



Certificate in FIRST AID (CFAID)

ASSIGNMENTS 2026



**School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110068**

IGNOU

Dear Students,

There is only one assignment in total and this assignment is compulsory. Please note that you are required to score 50 % marks in the assignment. The assignment carries a weightage of 30 % marks towards the final evaluation in theory component and submission of related assignment is a pre-requisite for appearing in theory Term End Examination for respective course. The subject area of assignment and its last date of submission is mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
January session, April 15th 2026*			
July session September 15th 2026*	BNS – 140	1,2,3,4	BNS – 140 / TMA/2026
January session, April 15th 2026*			
July session September 15th 2026*	BNS – 141	1,2,3,4	BNS – 141 / TMA/2026

*Subject to change by University

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestion for writing an assignment:

Read the assignment carefully. Scan through whole material of the course, answer may be linked within the blocks /units. Draw a rough outline of your answer in your own words. Support your answer from your clinical / community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the assignments for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheets, write the **Course Code, Course Title, Assignment Code, Name of your Programme Study Center (PSC) and date of submission. Your Enrollment No., Name and full address** should be mentioned in the top right corner of the first page. The first page of your assignment response sheet should look like the format given below:

Course Code	:	Roll No:
Course title	:	Name :
Assignment Code	:	Address:
PSC	:
Date of Submission:

Please submit the assignment to the Programme In Charge of the Programme Study Centre Alloted to you.

**First aid in Environmental
Emergencies and Disaster Assignment
(Block 1-4) (Tutor Marked)**

**Programme Code: CFAID
Course Code: BNS-141
Assignment Code: BNS-141 /TMA /2026
Maximum Marks: 100**

Note: All questions are compulsory

1. (a) Describe the first aid to be provided in extreme heat and cold conditions and
(b) Enumerate the Do's and Don'ts in extreme heat and cold conditions. **(5+5+5=15)**

2. (b) Discuss the causes of Bites and Stings
(c) Explain the assessment of victim affected by Bites and Stings.
(d) Describe the first aid to be provided in Bites and Stings **(4+3+8=15)**

2. (a) List the causes of altitude illness and motion sickness.
(b) Explain the assessment of victim with motion illness.
(c) Describe the first aid to be provided in altitude illness with the Do's and Don'ts in management of motion illness **(2+3++5=10)**

3. (a) Describe the meaning of a disaster.
(b) Explain the types of disasters
(b) Classify a disaster and its level of intensity **(2+5+3=10)**

- 5.(a) Discuss individual and community needs during disaster.
(b) Describe the direct and indirect impact of disaster. **(5+5=10)**

6. (a) Describe the factors responsible for the causation of the epidemic, with one example.
(b) Discuss the early responses required during epidemics and pandemics to prevent morbidities **(4+6=10)**

7. (a) Explain TRIAGE and its categories
(b) Describe Triage for epidemics and pandemics **(4+6=10)**

8. (a) Define Pandemics and Epidemics
(b) Explain the significance of First Aid providers during Pandemics and Epidemics
(c) Elaborate the role of First Aid provider during Pandemics and Epidemics. **(2+3+5=10)**

9. (a) Define the term psychosocial first aid and explain the need of psychosocial first aid.
(b) Describe the role of psychosocial first aid provider **(2+4+4=10)**