



Post Basic Bachelor of Sciences in Nursing [B.Sc. N. (PB)]

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**Assignments
2026**

2nd Year

(Revised Courses BNS 206, 207 & 208)



School of Health Sciences

Indira Gandhi National Open University

Maidan Garhi, New Delhi-110 068

Dear Student,

As explained in the Programme Guide, there are five assignments in total and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks Involved	Assignment Code
31 st July, 2026	BNS-206	1&2	BNS-206/TMA-1
	BNS-207	1&2	BNS-207/TMA-1
	BNS-208	1&2	BNS-208/TMA-1
31 st August, 2026	BNS-206	3,4&5	BNS-206/TMA-2
	BNS-207	3&4	BNS-207/TMA-2
	BNS-208	3&4	BNS-208/TMA-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a xerox copy of the answer sheets for future reference.**

Do not copy from print material.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre** (PSC) and date of submission. Your Enrollment No. Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.

MENTAL HEALTH NURSING

Assignment – 1 (Block 1 & 2) Tutor Marked

Programme Code: B.Sc. N (PB)

Course Code: BNS 208

Assignment Code: BNS 208/TMA-1/2026

Maximum Marks–100

Last date of Submission: July 31st2026

Note: All questions are compulsory

Q.1 Explain Principals of Psychiatric Nursing. Support your answer with examples (15)

Q.2 (a) Explain Mania and Depression . Types of mania depression .

(b) Discuss Nursing management of patient with mania and depression. (7+8=15)

Q.3 Describe history of Psychiatry including significant period via flow chart (10)

Q.4 Explain Integration of Psychiatric Nursing in General Nursing Curriculum and its scope (10)

Q.5 Discuss various Models of Normalcy and Abnormalcy (10)

Q.6 (a) Explain characteristics of Mentally Healthy individual (5)

(b) Discuss Misconceptions about Mental Illness. (5)

Q.7 Discuss Nurses role in providing Psychotherapies to Schizophrenic patient. (10)

Q.8 (a) Define Organic Brain Disorders (OBD)

(b) Explain causes of Delirium and Dementia

(c) Nursing interventions of client with OBD. (1+4+5=10)

Q.9 Explain nursing management of depressed patient. (10)

MENTAL HEALTH NURSING
Assignment – 2 (Block 3 & 4) Tutor Marked

Programme Code: B.Sc. N (PB)
Course Code: BNS 208
Assignment Code: BNS 208/TMA-2/2026
Maximum Marks–100
Last date of Submission: 31st August, 2026

Note: All questions are compulsory

- Q.1 a) Define Anxiety and explain development of Anxiety.
b) Discuss level of Anxiety and manifestation of Anxiety.
c) Explain causes of Anxiety.
d) Describe Nursing management of a patient suffering with Anxiety

(1+2+5+2+5=15)

- Q.2 a) Define Postpartum Psychosis (PPP)
b) Explain signs and symptoms of Postpartum Psychosis
c) Describe medical management of Postpartum Psychiatric disorders. **(2+6+7=15)**

Q.3 Describe Psychotic disorders of Children. **(10)**

Q.4 Explain Body Image Distortions among Adolescence **(10)**

Q.5 Discuss Nursing management of Postpartum psychiatric disorders **(10)**

Q6. a) Explain physical aspects of Aging **(5+5=10)**

b) Discuss Nursing management of Elderly individual

Q.7 a) Explain legal aspects of Psychiatric nursing. **(5+5=10)**

b) Discuss Mental Health Care Act 2017

Q.8 Explain role of Nurse in Legal Psychiatry **(10)**

Q.9 a) Describe types of reactions to severe stress and adjustment disorders.

b) Discuss nursing intervention for stress management. **(6+4=10)**