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# **Post Basic Bachelor of Sciences in Nursing [B.Sc. N. (PB)]**

## **Assignments**

### **2026**

### **3rd Year**

**(Revised Courses BNS 209, 210 & 211)**



*School of Health Sciences*

**Indira Gandhi National Open University**

**Maidan Garhi, New Delhi-110 068**

Dear Student,

As explained in the Programme Guide, these are six assignments and all these assignments are compulsory. Please note that you are required to score 50% marks in each assignment separately. The assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective courses. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission	Course Code	Blocks involved	Assignment Code
<b>31 July, 2026*</b>	BNS-209	1, 2	BNS-209/TMA-1
	BNS-210	1, 2	BNS-210/TMA-1
	BNS-211	1, 2	BNS-211/TMA-1
<b>31 August, 2026*</b>	BNS-209	3, 4,5	BNS-209/TMA-2
	BNS-210	3, 4	BNS-210/TMA-2
	BNS-211	3, 4	BNS-211/TMA-2

\*Subject to change by University

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. **Only handwritten assignments** will be accepted. Typed or printed copy of assignments will not be accepted.
- Tie all the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

**Suggestions for writing an assignment:**

Read the assignments carefully. Scan through the whole material of the course, answers may be linked within the blocks/units. Draw a rough outline of your answer in your own words. Support your answer from your clinical/community experience. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. **You may keep a zerox copy of the answer sheets for future reference. Do not copy from print material.**

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your **programme study centre (PSC)** and date of submission. Your Enrollment No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given below:

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

**Please submit the assignments to the Programme In-charge of the Programme Study Centre allotted to you.**

# COMMUNITY HEALTH NURSING

## Assignment – 1 (Block 1 & 2) (Tutor Marked)

Programme Code: B.Sc. N. (PB)  
Course Code: BNS -209  
Assignment Code: BNS -209/ TMA-1/2026  
Maximum Marks: 100  
Last date for Submission: July 31, 2026

**Note: All questions are compulsory**

- 1)
  - a) Discuss the causes of Poverty and indicators of National income.
  - b) Discuss the Community Identification and Community diagnosis with help of examples.
  - c) Discuss the nursing process in relation to community health practices. Support your answer with suitable examples from community area. **(3+2+2+2+6=15)**
  
- 2)
  - a) Natural History of Disease emphasize on three levels of prevention of disease. Explain these levels with examples.
  - b) Explain factors influencing fertility.
  - c) Describe the indicators of fertility you would measure as a community health nurse.
  - d) Discuss your role as a Community Health Nurse in fertility control. **(2+3+4+3+3=15)**
  
- 3)
  - a) Describe the functions and principles of a community health nurse, Support your answer with examples. **(10)**
  
- 4)
  - a) List the characteristics of a Healthy Family.
  - b) Discuss the factors influencing Family Health care, Support your answer with examples.
  - c) Explain the Steps of Family Health Nursing Process. **(2+3+5=10)**
  
- 5)
  - a) Explain the concept of occupational health nursing and discuss your role as a occupational health nurse. **(3+7=10)**
  
- 6)
  - a) List Vector borne Diseases.
  - b) Discuss Clinical symptoms and diagnosis of the following:
    - Dengue fever
    - Dengue Hemorrhagic Fever
    - Dengue Shock Syndrome
  - c) Explain preventive measures against Chikungunya. **(2+5+3=10)**

- 7) a) Define Re-emerging diseases. Explain reasons for Antimicrobial resistance and Implications of Drug Resistance.  
b) Explain role of nurse for controlling the Re-emerging diseases using various strategies. **(4+6=10)**
- 8) a) Describe the Vital Statistics system and its importance.  
b) Discuss the measurement of fertility.  
c) Compare the factors linked to increase and decrease in fertility rate. **(3+3+4= 10)**
- 9) Discuss role of community Health Nurse in fertility control measures at various levels. **(10)**

**COMMUNITY HEALTH NURSING**  
**Assignment 2 (Block 3, 4 & 5) (Tutor Marked)**

**Programme Code: B.Sc. N. (PB)**  
**Course Code: BNS -209**  
**Assignment Code: BNS 209/TMA-2/2026**  
**Maximum Marks: 100**  
**Last date for Submission: August 31, 2026**

**Note: All questions are compulsory**

- 1)
  - a) List the various communicable diseases prevalent in your State.
  - b) Discuss the epidemiological factors responsible for the Malaria and ARI in your region.
  - c) Discuss some of the common nutritional problems among the community and your role as a Community Health Nurse in its prevention. **(3+3+3+6=15)**
  
- 2)
  - a) Describe the health care delivery system in public and private sector.
  - b) Describe the principles of community health administration for effective implementation of various health programmes. Support your answer with suitable examples.
  - c) Discuss the health care delivery system of India. **(6+5+4=15)**
  
- 3)
  - a) Describe the National AIDS control programme.
  - b) Discuss your role as a community health nurse in prevention and control of STDs **(5+5=10)**
  
- 4) As a community health nurse manager at various levels of functioning you need to develop leadership qualities. Discuss the answer under following headings:-
  - a) Explain the types of leadership when you can use an appropriate type of leadership in community health nursing management.
  - b) Describe qualities of a community health nursing leader. **(5+5=10)**
  
- 5)
  - a) Define Voluntary Health Agency
  - b) Discuss the Functions of Voluntary Health Agencies,
  - c) Explain about Tuberculosis Association of India (TAI), **(2+5+3=10)**
  
- 6) Explain the Non-Communicable Diseases (NCDs) and your role as a community health nurse in prevention and control of non-communicable diseases. **(10)**
  
- 7)
  - a) Explain the important points you will keep in mind about the maintenance of records by your staff in health center.
  - d) Explain the role of community health nurse in RMNCH+A Programme. **(5+5=10)**
  
- 8) School children are vulnerable group for any diseases. Explain about School Health programme, its benefits, components and your role in school health scheme. **(10)**
  
- 9) Describe health care planning process. Draw the flow chart to show steps. **(8+2=10)**