



Post Graduate Diploma in Maternal and Child Health (PGDMCH)

ASSIGNMENTS

2026

PGDMCH/AS 1-9

IGNOU

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2026

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and ***submission of related assignments is a prerequisite*** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
October 31, 2026	MME-301	1 and 2	MME-301/AS-1
	MME-302	1 and 2	MME-302/AS-4
	MME-303	1 and 2	MME-303/AS-7
October 31, 2026	MME-301	3 and 4	MME-301/AS-2
	MME-302	3 and 4	MME-302/AS-5
	MME-303	3 and 4	MME-303/AS-8
October 31, 2026	MME-301	5 and 6	MME-301/AS-3
	MME-302	5 and 6	MME-302/AS-6
	MME-303	5 and 6	MME-303/AS-9

****You can submit all assignment together before October 15, 2026. Please submit the assignments to your LSC Coordinator/ Programme In-charge only.***

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- ***All the questions are compulsory.***
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for Writing an Assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Assignment-1 (Blocks 1 & 2)

Course Code: MME-301
Assignment Code: MME-301/AS-1
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

1) Answer the following questions within 750 words each. (2 × 20 = 40)

- a) Describe the levels of prevention in MCH. Explain their application with suitable examples.
- b) Discuss the National Health Mission (NHM) in detail, including its goals, strategies and major initiatives.

2) Write short notes on the following: Answer the following questions within 300 words each.

(10 × 6 = 60)

- a) Mother and Child Tracking System (MCTS)
- b) Maternal Death Surveillance and Response (MDSR)
- c) Standard precautions in infection control
- d) Job Responsibility of MCH Health Workers
- e) Delivery of MCH Services in India
- f) RMNCH+A strategy
- g) Organizational setup of MCH services
- h) Nutrition-related programmes in MCH
- i) Communicable disease control programmes in MCH
- j) Non-Communicable Disease (NCD) and MCH

Assignment-2 (Blocks 3 & 4)

Course Code: MME-301
Assignment Code: MME-301/AS-2
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

1) Answer the following questions within 750 words each . (2 × 20 = 40)

- a) Define epidemiology. Describe its scope and applications in Maternal and Child Health.
- b) Explain the communication process in health care. Discuss various barriers and methods to overcome them.

2) Write short notes on the following: Answer the following questions within 300 words each.

(10 × 6 = 60)

- a) Measures of central tendency

- b) Indicators of RCH
- c) Universal Immunization Programme (UIP)
- d) Adverse Events Following Immunization (AEFI)
- e) Sampling methods
- f) Surveillance in MCH
- g) Integrated Disease Surveillance Programme (IDSP)
- h) Elements of counselling
- i) Community participation in health
- j) Counselling Special Groups

Assignment-3 (Blocks 5 & 6)

Course Code: MME-301
Assignment Code: MME-301/AS-3
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

- 1) Answer the following questions within 750 words each. (2 × 20 = 40)
- a) Discuss adolescent health problems and the strategies to address them under national programmes.
 - b) Explain the process of monitoring and evaluation in MCH programmes. Discuss key indicators used.
- 2) Write short notes on the following: Answer the following questions within 300 words each. (10 × 6 = 60)
- a) Risk and Protective Factors for Sexual Health of Adolescent
 - b) Nutritional requirements during adolescence
 - c) Adolescent pregnancy and its consequences
 - d) Adolescent mental health issues
 - e) Injuries and violence in adolescents
 - f) National Health Policy 2017
 - g) Information Needs of Adolescents
 - h) Principles of management
 - i) Resource management in health care
 - j) Health-related legislations for women and children