



Post Graduate Diploma in Maternal and Child Health (PGDMCH)

ASSIGNMENTS

2026

PGDMCH/AS 1-9

IGNOU

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2026

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and ***submission of related assignments is a prerequisite*** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
October 31, 2026	MME-301	1 and 2	MME-301/AS-1
	MME-302	1 and 2	MME-302/AS-4
	MME-303	1 and 2	MME-303/AS-7
October 31, 2026	MME-301	3 and 4	MME-301/AS-2
	MME-302	3 and 4	MME-302/AS-5
	MME-303	3 and 4	MME-303/AS-8
October 31, 2026	MME-301	5 and 6	MME-301/AS-3
	MME-302	5 and 6	MME-302/AS-6
	MME-303	5 and 6	MME-303/AS-9

****You can submit all assignment together before October 15, 2026. Please submit the assignments to your LSC Coordinator/ Programme In-charge only.***

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- ***All the questions are compulsory.***
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for Writing an Assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Assignment-4 (Blocks 1 & 2)

Course Code: MME-302
Assignment Code: MME-302/AS-4
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

- 1) Answer the following questions within 750 words each. (2 × 20 = 40)
- a) Describe the components of antenatal care. Discuss its importance in improving maternal and fetal outcomes.
 - b) Discuss hypertensive disorders in pregnancy. Explain their classification, complications and management.
- 2) Write short notes on the following: Answer the following questions within 300 words each. (10 × 6 = 60)
- a) Diagnosis of pregnancy
 - b) Anaemia in pregnancy
 - c) Medical disorders complicating pregnancy
 - d) Medical termination of pregnancy
 - e) Intrauterine fetal death (IUFD)
 - f) Complications in early pregnancy
 - g) Antepartum haemorrhage
 - h) Preterm labour and PROM
 - i) Rh incompatibility
 - j) Pain during pregnancy

Assignment-5 (Blocks 3 & 4)

Course Code: MME-302
Assignment Code: MME-302/AS-5
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

- 1) Answer the following questions within 750 words each. (2 × 20 = 40)
- a) Describe the management of normal labour. Discuss the stages of labour and their clinical significance.
 - b) Discuss prolonged and obstructed labour. Explain their causes, complications and management.
- 2) Write a short note on the following. Answer the following questions within 300 words each. (10 × 6 = 60)
- a) Organizing labour room and triaging
 - b) Management of Haemodynamically Unstable Women

- c) Normal puerperium
- d) Postnatal care
- e) Occipito-posterior position
- f) Breech presentation
- g) Transverse lie
- h) Third stage complications
- i) Abnormal puerperium
- j) Emergency and referral in obstetrics

Assignment-6 (Blocks 5 & 6)

Course Code: MME-302
Assignment Code: MME-302/AS-6
Maximum Marks: 100
Due Date October 31, 2026

Answer all the questions

- 1) Answer the following questions within 750 words each. (2 × 20 = 40)
 - a) Discuss infertility in detail. Explain its causes, evaluation and management.
 - b) Describe various contraceptive methods. Discuss their advantages, disadvantages and selection criteria.

- 2) Write a short note on the following. Answer the following questions within 300 words each. (10 × 6 = 60)
 - a) Gynaecological disorders
 - b) Adolescent gynaecological problems
 - c) Reproductive tract infections (RTI/STI)
 - d) Menopause
 - e) Family planning counselling
 - f) Barrier methods of contraception
 - g) Hormonal contraception
 - h) Intrauterine contraceptive devices
 - i) Surgical methods of contraception
 - j) Emergency contraception