



Post Graduate Diploma in Maternal and Child Health (PGDMCH)

ASSIGNMENTS

2026

PGDMCH/AS 1-9

IGNOU

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068
2026

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and ***submission of related assignments is a prerequisite*** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
October 31, 2026	MME-301	1 and 2	MME-301/AS-1
	MME-302	1 and 2	MME-302/AS-4
	MME-303	1 and 2	MME-303/AS-7
October 31, 2026	MME-301	3 and 4	MME-301/AS-2
	MME-302	3 and 4	MME-302/AS-5
	MME-303	3 and 4	MME-303/AS-8
October 31, 2026	MME-301	5 and 6	MME-301/AS-3
	MME-302	5 and 6	MME-302/AS-6
	MME-303	5 and 6	MME-303/AS-9

****You can submit all assignment together before October 15, 2026. Please submit the assignments to your LSC Coordinator/ Programme In-charge only.***

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only handwritten assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- ***All the questions are compulsory.***
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for Writing an Assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Enrollment No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Assignment-7 (Blocks 1& 2)

Course Code: MME-303
Assignment Code: MME-303/AS-7
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

- 1) Answer the following questions within 750 words. (2 × 20 = 40)
- a) Discuss in detail the principles of essential newborn care, including care at birth, prevention of hypothermia, and steps of neonatal resuscitation.
 - b) Explain the process of triage and emergency treatment of a sick child, including identification of emergency and priority signs and immediate management steps.
- 2) Write short notes on the following: Answer the following questions within 300 words each. (10 × 6 = 60)
- a) Describe the management and special care required for low birth weight babies.
Explain the types, causes, and surveillance of common birth defects in newborns.
 - b) Discuss the IMNCI approach for outpatient management of sick young infants (0–2 months).
 - c) Describe the identification and outpatient management of a sick young infant, including danger signs and treatment protocols.
Outline the hospital management of a sick young infant at First Referral Unit (FRU) level.
 - d) Explain the hospital management of a sick young infant at district level, including referral linkages and advanced care.
 - e) Discuss the assessment and classification of illness in a sick child (2 months to 5 years) under IMNCI guidelines.
 - f) Explain the treatment, counselling, and follow-up care of a sick child in outpatient settings.
 - g) Describe the hospital management of a sick child at FRU level, including emergency interventions and supportive care.
 - h) Management of Mild Acute Asthma

Assignment-8 (Blocks 3 & 4)

Course Code: MME-303
Assignment Code: MME-303/AS-8
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

1) Answer the following questions within 750 words each. (2 × 20 = 40)

a) Discuss the management of a sick child at district level. Explain the steps involved in diagnosis and treatment.

b) Describe the assessment and management of malnutrition in children.

2) Write short notes on the following: Answer the following questions within 300 words each.

(10 × 6 = 60)

a) Management of child with cough and difficult breathing

b) Management of diarrhoea in children

c) Management of febrile illness

d) Convulsions in children

e) Monitoring and follow-up

f) Breastfeeding

g) Complementary feeding

h) Heart Failure

i) Nutritional deficiency disorders

j) Urinary Tract Infection *of a child*

Assignment-9 (Blocks 5 & 6)

Course Code: MME-303
Assignment Code: MME-303/AS-9
Maximum Marks: 100
Due Date: October 31, 2026

Answer all the questions

1. Answer the following questions within 750 words each. (2 × 20 = 40)
 - a) Describe normal growth and development in children. Discuss methods of assessment and monitoring.
 - b) Discuss common paediatric emergencies. Explain their management and prevention.

2. Write short notes on the following: Answer the following questions within 300 words each. (10 × 6 = 60)
 - a) Disorders of growth
 - b) Developmental disorders
 - c) Home environment and child development
 - d) Common paediatric problems
 - e) Cardiovascular and renal disorders
 - f) Gastrointestinal and neurological disorders
 - g) Tuberculosis in children
 - h) HIV/AIDS in children
 - i) Paediatric surgical problems
 - j) Approach to a child with fever