



Post Graduate Diploma in Geriatric Medicine (PGDGM)

ASSIGNMENTS

2026

PGDGM/MME-106/AS1-2

IGNOU

School of Health Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110068
2026

Dear Student,

As explained in the Programme Guide, there are nine assignments in total and **all** these assignments are compulsory. Please note that the assignments carry a weightage of 30% marks towards the final evaluation in theory component and **submission of related assignments is a prerequisite** for appearing in theory term-end examination for respective papers. The subject area of assignments and its last date of submission are mentioned below:

Last Date of Submission *	Course Code	Blocks Involved	Assignment Code
November 15, 2026	MME-106	1 and 2	MME-106/AS-1
November 30, 2026	MME-106	3 and 4	MME-106/AS-2

Please take note of the following points before writing your assignments:

- Use only foolscap size paper for writing your responses. Only hand written assignments will be accepted. Typed or printed copies of assignments will not be accepted.
- Tie the pages after numbering them carefully.
- Write the question number with each answer.
- **All the questions are compulsory.**
- Every assignment will be evaluated out of a full mark of 100. Weightage is indicated in parenthesis against each question.

Suggestions for writing an assignment:

Read the assignments carefully. Go through the units on which the answers are based. Draw a rough outline of your answer. Make a logical order. Then write your answer neatly and submit. Give illustrations and tables wherever necessary. You may keep a Xerox copy of the answer sheets for future reference.

Answer each assignment in separate sheets. On the first page of the assignment response sheet, write the course code, course title, assignment code, name of your programme study centre and date of submission. Your Roll No., Name and Full address should be mentioned in the top right corner of the first page. The first page of your response sheet should look like the format given.

Course Code _____	Roll No. _____
Course Title _____	Name _____
Assignment Code _____	Address _____
PSC _____	_____
Date of Submission _____	_____

Please submit the assignments to your LSC/PSC Coordinator only.

Assignment-1(Blocks1&2)

Course Code: MME-106
Assignment Code: MME-106/AS-1
Maximum Marks: 100
Due Date: November 15, 2026

Answer all the questions

1) Answer the following questions within 750 words.

(2 X20=40)

1. Mrs. Sharma 67 yrs/F is hospitalized with Heart failure. She is being treated with following drugs- aspirin, frusemide, dobutamine infusion. She complains of feeling fatigue and refuses to eat. She passed 2400 ml of urine on day 1. On day 2 she developed abdominal distention with paralytic ileus. Lab investigations suggest serum potassium = 2.7. How will you manage her?
2. 60-year-old woman has developed height loss of 3 cms. Her relatives have pointed out that she has developed a hump. Her serum chemistry including calcium, phosphorus and alkaline phosphatase are normal. How would you investigate this patient further?

2) Answer the following questions within 300 words.

(10X 6=60)

- a) Differentiate features of SIADH & CSW
- b) What are the three types of AKI and give three etiologies for each type
- c) Symptoms of menopause
- d) Classical presentation of acute Gout
- e) Discuss the management of epistaxis in the elderly
- f) Elucidate the cutaneous manifestations seen in the diabetic individuals.

Assignment-2 (Blocks 3& 4)

Course Code: MME-106
AssignmentCode:MME-106/AS-2
MaximumMarks:100
DueDate: November 30,2026

Answer all the questions

1) Answer the following questions within 750 words.

1. A 62 yr old female visited the hospital for painful rash on the face since 3 days . Before the appearance of the rash there was burning sensation on left side of the face. she had taken cetirizine 10 mg for the same thinking that it was insect bite reaction. She is a known diabetic and hypertensive since 30 yrs. On examination there were multiple papulo vesicles on the left side of face extending from the tip of nose to medial aspect of upper eyelid.



- What is your probable diagnosis?
- What investigations would you like to suggest in this patient?
How will you manage this case?

2. An elderly lady patient 70 years of age, presents with H/O extreme weakness, fatigue, loss of appetite and pain and distension of abdomen. She is a widow, dependent on son and family who were quite impatient with her and abusive. The daughter in law reported that she keeps lying down in bed and is very lazy. Her abdomen seems distended because she does not do any physical work. Would you dismiss the case as old age issues and malnutrition and lack of care? Or would you like to investigate some more even though the family is not interested? How will you make this decision? What investigations would you undertake ?

2) Answer the following questions within 300 words.

(10X 6=60)

- a) What are the signs and symptoms that should raise a suspicion of a malignancy in an older adult?
- b) What are the risk factors and screening recommendation for prostate cancer in older men.
- c) Clinical assessment of a case of accident
- d) Clinical evaluation of a case of poisoning
- e) Write a short note on acute peritonitis in the elderly.
- f) Write a short note on lower gastrointestinal bleed in the elderly- causes and investigations.