

ASSIGNMENT NO.: MASS-1/PGDSS-2024 (TEE June 2026 and December 2026)

**Post Graduate Diploma in Sustainability Science (PGDSS)
And
Master of Arts in Sustainability Science (MASS)**

Assignments (ASSIGNMENT NO.: MASS-1/PGDSS-2026)

(2026)



**School of Interdisciplinary and Transdisciplinary Studies
Indira Gandhi National Open University
Maidan Garhi, New Delhi -110068**

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Dear Learner,

Please ensure that you download the most recent assignments from the designated resources, specifically the official website at <https://webservices.ignou.ac.in/assignments/> or the WEAS portal at <https://sites.google.com/ignou.ac.in/mass/about>.

Thank you for your attention to this matter and best wishes,

INSTRUCTIONS

1. The first page of your response sheet should look like this (**Prepare separate file for different courses**):
 - i. **Assignment No.**
 - ii. **Your name**
 - iii. **Enrolment No.**
 - iv. **Email (mandatory):**
 - v. **Phone No.**
- b. **Second Page should have your IGNOU ID Card (Compulsory)**
- c. **Third Page should have the assignment questions**
2. Use A-4 size papers for responses, write on both sides with margin, and secure all the pages carefully.
3. Write the question with each answer. **Each question to be answered in around 500 words in your own handwriting.**
4. **Last date for submitting the assignments for June Term End Examination is 30th March and for December Term End Examination is 30th September.**
5. Submit the assignment responses to the Concern Regional Centre.

Note: In the Envelop, write the programme code PGDSS (for PGDSS) and MASS (for MASS)

GUIDELINES

- **Planning:** Read the assignments carefully. Go through the self learning material on which they are based. Make some points regarding each question and then rearrange them in a logical order.
- **Organization:** Give attention to your introduction and conclusion. The introduction must offer your brief interpretation of the question and how you propose to develop it. The conclusion must summarize your response to the question. Make sure that your answer is: logical and coherent; has clear connections between sentences and paragraphs, and; is written correctly giving adequate consideration to your expression, style and presentation.
- **Presentation:** Once you are satisfied with your answers, you can write down the final version for submission. Write each answer neatly and underline the points you wish to emphasize.

By following this structured approach, you will be able to produce well-organized and articulate responses to your assignments. This process not only aids in better understanding and retention of the material but also enhances the quality of your submissions.

Please contact the Programme coordinator for any academic help / clarification
: pgdss@ignou.ac.in (for PGDSS) and mass@ignou.ac.in (for MASS)

PGDSS/MASS-1

- MSD-011: Sustainability Science
- MSD-012: Ecosystem and Natural Resources
- MSD-013: Socio-Cultural System
- MSD-014: Ecological Economics
- MSD-015: Institutions, Governance and Policies
- MSD-016: Strategies and models for sustainability
- MSD-017: Challenges to Sustainable Development
- MSD 019: Global Strategies to Sustainable Development
- MSD 020: Population, Health and Sustainability

MSD-020: Population, Health and Sustainability

Course Code: MSD-020

Maximum Marks: 100

Note: This assignment is based on the entire course. Please answer in your own words; do not copy from the course material.

Answer all the questions. All questions carry 25 marks each.

1. Elaborate on the concepts of Population Distribution and Composition.
2. Define the "marginalised" in a human population. Who constitutes this group in India, and what are the forms of exclusion they face?
3. Define "Nutrition Security" and distinguish it from "Food Security." Why are both concepts essential for human well-being?
4. What are the major challenges and issues emerging from the study of epidemics and pandemics?
