BPCC 111

BACHELOR OF ARTS (HONOURS) PSYCHOLOGY/

BACHELOR OF ARTS (PSYCHOLOGY)

(BAPCH/BAFPC)

CORE COURSE (CC)

COURSE CODE: BPCC 111

COURSE TITLE: UNDERSTANDING PSYCHOLOGICAL DISORDERS

TUTOR MARKED ASSIGNMENT (TMA) & TUTORIAL

JULY 2026 AND JANUARY 2027 ADMISSION CYCLE

SCHOOL OF SOCIAL SCIENCES (SOSS)

INDIRA GANDHI NATIONAL OPEN UNIVERSITY

MAIDAN GARHI, NEW DELHI - 110068

Dear Learner,

As we have informed you in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a Course will carry 20% weightage, Tutorial will carry 10% weightage, and 70% weightage is given for the term-end examination (total 100 marks).

You will have to do the following Tutor Marked Assignments (TMA) and Tutorial activity for **BPCC 111** which is a **6 credits course (4 credits theory + 2 credits tutorial).** Assignment for BPCC 111 consists of two parts.

Part A consists of Assignment one and Assignment two.

Assignment One has Descriptive Category Questions (DCQs). These are meant for writing essay type answers, with an introduction and a conclusion. These are intended to test your ability to describe your understanding/knowledge about the topic in a systematic, to-the-point and coherent manner.

Assignment Two has Short Category Questions (SCQs). These questions are meant to improve your skill of recall in brief the relevant/precise information about persons, writing, events, or clear understanding of concepts and processes.

Part B has a Tutorial in which the learner has to carry out a particular activity as instructed.

Before you attempt the assignments, please read the instructions carefully provided in the Programme Guide. It is important that you write the answers to all the TMA questions in **your own words.** Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve your writing skill and sharpen your understanding of the concepts. It will also help you prepare for the term-end examination.

Submission

Session	Last Date of Submission*	To be Sent
For July 2026	**31st March 2027**	**To**
For January 2027	**30th September, 2027**	**The Coordinator of the Study Centre allotted to you**
	(Please check the dates from www.ignou.ac.in)	

* You need to submit the assignments within the stipulated time for being eligible to appear in the term-end examination.

Please obtain a receipt from the study centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Study Centre will return the assignments to you after they are evaluated. The completed assignment should be sent **only** to the Coordinator of the Study Centre allotted to you.

Following instructions are to be carefully followed before writing the assignments:

1. You will find it useful to keep the following points in mind:
   - **i. Planning:** Read the assignments carefully. Go through the Units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
   - **ii. Organisation:** Read the study material carefully, analyze it, and then prepare a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
     a) is logical and coherent;
     b) has clear connections between sentences and paragraphs;
     c) is written correctly giving adequate consideration to your expression, style and presentation
   - **iii. Presentation:** Once you are satisfied with your answers, you can write down the final version for submission. Write each answer neatly with proper spacing, and underline the points you wish to emphasize. Make sure that the answer is around the suggested word limit.
2. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a four cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
3. ***Answers should be in your own handwriting.*** Do not print or type the answers. Do not copy your answers from the study material sent to you by the University or from other learners. If you copy, you will get zero marks for the respective question.
4. You need to attach a copy of the TMA with the completed assignment before submitting it.
5. In case you have requested for a change of Study Centre, you should submit your Tutor Marked Assignments only to the original Study Centre until the change of Study Centre is notified by the University.
6. If you find that there is any factual error in evaluation of your assignments, e.g., any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Wish you all the best!

Discipline of Psychology
SOSS, IGNOU, New Delhi

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BPCC 111)
Tutor Marked Assignments (TMA)

Course Code: BPCC 111
Assignment Code: BPCC 111/Asst /TMA /July 2026- January2027
Total Marks: 100

NOTE: All questions are compulsory.

Part A
Assignment One

Answer the following descriptive category questions in about 500 words each. Each question carries 20 marks.

2 x 20 = 40

1. Discuss the classification of psychological disorder.
2. Discuss the psychodynamic approaches of psychopathology.

Assignment Two

Answer the following *short category* questions in about 100 words each. Each question carries 5 marks.

6 x 5 = 30

3. Explain the types of clinical assessment.
4. Describe the clinical picture of childhood depression.
5. Explain Obsessive Compulsive Disorder (OCD).
6. Describe the treatment of eating disorder.
7. Explain the DSM-5 criteria of ADHD.
8. Describe the origin of stress and trauma.

UNDERSTANDING PSYCHOLOGICAL DISORDERS (BPCC 111)

Part B

TUTORIAL

Course Code: BPCC 111

Tutorial Code: Tutorial/TMA/ July 2026- January 27

Total marks: 30

1. Conduct a survey to assess the understanding and prevalence of Attention Deficit Hyperactivity Disorder (ADHD) symptoms among school-going students.
2. Prepare a questionnaire consisting of at least ten questions.
3. Analyze the responses and categorize the prevalence of ADHD symptoms and levels of awareness among the participants.
4. Identify any misconceptions or gaps in knowledge regarding ADHD that are not discussed in the existing study material.

To effectively collect data on the prevalence of ADHD symptoms and students' understanding of the disorder, a questionnaire should be designed with reference to the study material.

The format of the questionnaire should include:

• Minimum ten questions related to the prevalence of Attention Deficit Hyperactivity Disorder (ADHD) symptoms and awareness among school-going students.

• Personal details of the sample such as: name (optional), age, sex, class, and type of family.

• Open-ended questions may also be included.

Once the questionnaire is prepared, conduct the survey among school-going students. Ensure that the sample is diverse and representative for accurate analysis.

Sample: Minimum 20 school-going students.

Data Analysis:

Collect the responses from the participants and analyze them to determine the prevalence of symptoms associated with Attention Deficit Hyperactivity Disorder (ADHD) among school-going students. Categorize the findings into low, moderate, and high levels of symptom prevalence and awareness with reference to Unit 6 on Attention Deficit Hyperactivity Disorder (ADHD). If any additional misconceptions or gaps in understanding are identified that are not covered under the existing categories, create new categories to accommodate them. Finally, prepare a report summarizing the findings, highlighting the most common misconceptions and suggesting suitable improvements or additional educational resources to enhance students' understanding of ADHD and related psychological disorders.

Format of the Tutorial report:
The tutorial activity report will be written by hand only. It can consist of the following parts:

1. Title page (write Tutorial Activity of BPCC 111, mention your name and enrolment number)
2. Background/ Introducing the topic (around 200 words)
3. Methodology (around 150 words)
    a. Sample details
    b. Preparation of the questionnaire
    c. Data collection procedure
4. Findings (around 250 words)
5. Discussion and Conclusion (around 300 words)
6. Implications (around 100 words)
7. Appendix
    a. Questionnaire used
    b. Filled in questionnaire/ raw data
    c. Reference sources used for doing the activity

The tutorial report may be written in about 1000 words. Focus needs to be on the findings and discussion of the data. Implications of the findings need to be highlighted.

Tutorial report will be put at the end in the assignment file of BPCC 111 and submitted at the study centre.