

BPCC 131

BACHELOR OF ARTS PROGRAMME

BA(G) / BA(M)

ASSIGNMENT

JULY 2025 AND JANUARY 2026

CORE COURSE

COURSE CODE: BPCC 131

COURSE TITLE: FOUNDATIONS OF PSYCHOLOGY



DISCIPLINE OF PSYCHOLOGY  
SCHOOL OF SOCIAL SCIENCES  
INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
MAIDAN GARHI, NEW DELHI - 110068

Dear Learner,

As we have informed you in the Programme Guide, evaluation of Psychology Core Courses in IGNOU consists of three parts. In this course, the evaluation will be as follows: i) continuous evaluation through Assignments, ii) Tutorial, and ii) Term-end Examination. In the final result, assignments of this Course will carry 20% weightage, Tutorial will be 10% weightage and 70% weightage are given for term-end examination (total 100 marks).

BPCC 131 is a 6 credits course (4 credits Theory + 2 credits Practical). There are two assignments for BPCC 131.

Assignment One has Descriptive Category Questions (DCQs). These are meant for writing essay type answers, with an introduction and a conclusion. These are intended to test your ability to describe your understanding/knowledge about the topic in a systematic, and in a coherent manner.

Assignment Two has Short Category Questions (SCQs). These questions are meant to improve your skill of recalling in brief the relevant and precise information about concepts and processes.

Before you attempt the assignments, please read the instructions carefully. It is important that you write the answers to all the Tutor Marked Assignment (TMA) questions in your own words. Your answers should be according to the word-limit set for a particular section. Remember, writing answers to assignment questions will improve your writing skill and sharpen your understanding of the concepts. It will also help you prepare for the term-end examination.

Session	Last Date of Submission*	To be Submitted
For July 2025 & January 2026	31 <sup>st</sup> March, 2026 & 30 <sup>th</sup> September, 2026 (Please check the dates from <a href="http://www.ignou.ac.in">www.ignou.ac.in</a> )	To The Coordinator of the Study Centre allotted to you (if submitted through online mode, then the link will be mentioned on your Regional Centre website)

\* You need to submit the assignments within the stipulated time for being eligible to appear in the term-end examination.

Please obtain a receipt from the study centre for the assignments submitted and retain it (when submitted offline). Also keep a photocopy of the assignments with you for any future reference. The Study Centre will return the assignments to you after they are evaluated. The completed assignments should be sent only to the Coordinator of the Study Centre allotted to you.

Following instructions are to be carefully followed before writing the assignments:

1. You will find it useful to keep the following points in mind:
  - i. Planning: Read the assignments carefully. Go through the Units on which they are based. Make some points regarding each question and then re-arrange these in a

- logical order.
- ii. Organisation: Read the study material carefully, analyze it, and then prepare a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
    - a) is logical and coherent;
    - b) has clear connections between sentences and paragraphs;
    - c) is written correctly giving adequate consideration to your expression, style and presentation
  - iii. Presentation: Once you are satisfied with your answers, you can write down the final version for submission. Write each answer neatly with proper spacing, and underline the points you wish to emphasize. Make sure that the answer is around the suggested word limit.
2. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the academic counsellor to write useful comments in the margin at appropriate places.
  3. Answers should be in your own handwriting. Do not print or type the answers. Do not copy your answers from the study material sent to you by the University or from other learners. If you copy, you will get zero marks for the respective question.
  4. You need to attach a copy of the TMA with the completed assignment before submitting it.
  5. In case you have requested for a change of Study Centre, you should submit your TMA only to the original Study Centre until the change of Study Centre is notified by the University.
  6. If you find that there is any factual error in evaluation of your assignments, e.g., any portion of assignment response has not been evaluated or total of score recorded on assignment response is incorrect, you should approach the coordinator of your study center for correction and transmission of correct score to headquarters.

Wish you all the best!

Discipline of Psychology  
SOSS, IGNOU, New Delhi

FOUNDATIONS OF PSYCHOLOGY (BPCC 131)  
Tutor Marked Assignments (TMA)

Course Code: BPCC 131  
Assignment Code: Asst /TMA /2025-2026  
Total Marks: 100

NOTE: All questions are compulsory.

Assignment One

Answer the following questions in about 500 words each. Each question carries 20 marks.

3 x 20 = 60

1. Discuss the origin and development of Psychology.
2. Discuss the nature, scope and stages of perception.
3. Discuss the nature and different types of motivation.

Assignment Two

Answer the following questions in about 100 words each. Each question carries 5 marks. 8 x 5 = 40

4. Systematic observation.
5. Retinal disparity
6. Latent learning
7. Episodic memory
8. Differentiate between feelings and emotions
9. Analytical psychology
10. Spearman's Theory of Intelligence
11. Indian approach to personality