

MPA-037

**Post Graduate Diploma in Disaster
Risk Reduction and Management
(PGDDRRM)**

ASSIGNMENT

**For the Students Enrolled in
July 2025 & January 2026 Sessions**

Course Code: MPA 037

Occupational Health and Safety Management



**SCHOOL OF SOCIAL SCIENCES
INDIRA GANDHI NATIONAL OPEN UNIVERSITY
MAIDAN GARHI, NEW DELHI-110068**

Dear Student,

As we have informed you in the Programme Guide, evaluation at IGNOU consists of two parts: i) continuous evaluation through assignments, and ii) term-end examination. In the final result, assignments of a Course carry 30 percent weightage, while 70 percent weightage is given for term-end examination.

You will have to do a Tutor Marked Assignment (TMA) for a four credit course. This course on **Occupational Health and Safety Management (MPA 037)** is a four credit course. This Assignment has one TMA, whose total marks add upto 100, which carry a weightage of 30 per cent.

Before you attempt the assignments, please carefully read the instructions provided in the Programme Guide. It is important that you attempt all questions asked in the TMA, and write answers in your own words. Your answer should be within the approximate range of the word-limit set for a particular question. Remember, writing answers to assignment questions will improve your writing skills, and prepare you for the term-end examination.

As mentioned in the Programme Guide, you need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination.

Submission of the completed assignments:

Admission Batch	Last date of submission	Place of Submission
For the students enrolled in July 2025 Session	31 st March 2026	Coordinator of the Study Center
For the students enrolled in January 2026	30 th September 2026	

You must obtain a receipt from the Study Centre for the submitted assignments and retain it. If possible, keep a xerox copy of the assignments with you.

The Study Centre will have to return the assignments to you, after they are evaluated. Please insist on this. The Study Centre has to send the marks to the Student Evaluation Division at IGNOU, New Delhi.

We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:

1) **Planning:** Read the assignments carefully, go through the Units on which they are based. Make some points regarding each question and then rearrange them in a logical order.

2) **Organisation:** Be a little selective and analytic before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion.

Make sure that your answer:

a) Is logical and coherent;

b) Has clear connections between sentences and paragraphs, and

c) Is written correctly giving adequate consideration to your expression, style and presentation.

3) **Presentation:** Once you are satisfied with your answer, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasise. Make sure that the answer is within the stipulated word limit.

Wish you all the best!

**Programme Coordinator
Faculty of Public Administration
SoSS, IGNOU, New Delhi**

**MPA-037: OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT
(TMA)**

**Course Code: MPA-037
Assignment Code: Asst/TMA/2025-26
Marks: 100**

This assignment consists of Sections I and II. There are five questions in each Section. You have to answer all the questions, in about 400 words each. Each question carries 10 marks.

Section -I

- 1) Discuss the need of addressing occupational hazards and its various types. 10
- 2) Describe the objectives and scope of occupational health and safety. 10
- 3) Examine the effects of stress on health and performance of employees at the workplace. 10
- 4) Review the National Policy on Safety, Health and Environment at Workplace and suggest a way forward. 10
- 5) Write the short note on the following in about 200 words each: 10
 - a) Determinants of health. 05
 - b) Sickness absenteeism. 05

Section – II

- 6) Highlight the landmark court cases that shaped environmental laws for the protection of environment. 10
- 7) Enumerate the crucial steps involved in reporting and responding to fire. 10
- 8) How accidents can be prevented? 10
- 9) “The current scenario of Occupational Health Services in an Organised Sector is better than an Unorganised Sector in India as there are many challenges”. Elaborate. 10
- 10) Write the short note on the following in about 200 words each: 10
 - a) Sleep disorders in shift workers 05
 - b) Biological hazards 05