

**Postgraduate Diploma in Rehabilitation Psychology
(PGDRPC)**

**Assignments
(MPC-074: Community Based Rehabilitation)**

For July 2026 Admission Cycle



**Discipline of Psychology
School of Social Sciences
Indira Gandhi National Open University
Maidan Garhi, New Delhi-110 068**

**Postgraduate Diploma in Rehabilitation Psychology
(MPC-074: Community Based Rehabilitation)**

Assignments–July 2026

Dear Learner

You have to complete one Tutor Marked Assignment (TMA) for each of the theory courses in the Postgraduate Diploma in Rehabilitation Psychology. Each assignment has three sections with number of questions and all need to be answered.

Before you attempt the assignments, please read the study material and the Programme Guide carefully. It is important that you write answers to all the TMA questions in your own words. Your answers should be within the approximate range of the word-limit set for a particular section. Remember, writing answers to assignment questions will improve and sharpen your understanding of the concept.

Submission

You need to submit all the assignments within the stipulated time for being eligible to appear in the term-end examination. The completed assignments should be submitted as per the following schedule.

Session	Last Date of Submission	To be Sent
For July 2026 Session	30th September, 2027 (Please check the dates from www.ignou.ac.in)	To The Coordinator of the Work Centre allotted to you

Please obtain a receipt from the Work Centre for the assignments submitted and retain it. Also keep a photocopy of the assignments with you. The Work Centre will return the assignments to you after they are evaluated. The completed assignment should be sent to the Coordinator/ Programme In-charge of the Work Centre allotted to you. Under any circumstances do not send the tutor marked response sheets to the Student Evaluation Division at Head Quarters for evaluation.

INSTRUCTIONS

Following instructions are to be carefully followed before writing the assignments:

1. Provide information about your Enrolment Number, Name, Full Address, Signature and Date on title page of your assignment. Also provide details about the Programme Title, Course Code, Course Title, Assignment Code and Name of your Work Centre on the title page. CourseCode and Assignment Code will be given in the assignment.

The title page may look like this:

Enrolment No.....	
Name.....	
Address.....	
Signature.....	
Date.....	
	Programme Title.....
	Course Code &Title.....
	Assignment Code.....
	Work Centre.....

All Tutor Marked Assignments are to be submitted at the Work Centre assigned to you.

2. Readtheassignmentscarefullyandfollowtheinstructionsifanygivenontheassignment.
3. We expect you to answer each question as per guidelines mentioned in the assignment. You will find it useful to keep the following points in mind:
 - 1) **Planning:** Read the assignments carefully. Go through the units on which they are based. Make some points regarding each question and then re-arrange these in a logical order.
 - 2) **Organisation:** Be a little more selective and analytical before drawing up a rough outline of your answer. Give adequate attention to your introduction and conclusion. Make sure that your answer:
 - a) Is logical and coherent;
 - b) Has clear connections between sentences and paragraphs;

c) is written correctly giving adequate consideration to your expression, style and presentation

3) Presentation: Once you are satisfied with your answers, you can write down the final version for submission, writing each answer neatly and underlining the points you wish to emphasize. Make sure that the answer is within the stipulated word limit.

4. Use A4 size ruled paper for your response and tie all the pages carefully. Allow a 4 cm margin on the left and leave some space between each answer. This will facilitate the evaluator to write useful comments in the margin at appropriate places.
5. ***Write the responses in your own hand. Do not print or type the answers. Do not copy your answers from the Units/Blocks sent to you by the University. If you copy, you will get zero marks for the respective question.***
6. Do not copy from the response sheets of other students. If copying is noticed, the assignments of such students will be rejected.
7. Write each assignment separately. All the assignments should not be written in continuity in one file. Thus, you will have separate assignments for each course to submit at the Work Centre.
8. Write the question number with each answer.
9. After submitting the assignment at the Work Centre gets the acknowledgement from the Coordinator/ Programme In-charge.
10. If you find that there is any factual error in evaluation of your assignments e.g. any portion of assignment response has not been evaluated or total of score recorded on assignment response is not correct, you should approach the coordinator of your Work Centre for correction and transmission of correct score to headquarters.

Please ensure the following before submitting your assignment response:

1. Your enrolment number, name and address have been written correctly.
2. The title of the course and assignment number has been written clearly.
3. Assignment for each course has been prepared separately and spiral bound/cello taped/pinned properly, along with the printout of the Assignment Questions.
4. All the questions in the assignments have been answered and to be hand written.

WISH YOU ALL THE BEST

**DISCIPLINE OF PSYCHOLOGY
SOSS, IGNOU, NEW DELHI**

**COMMUNITY BASED REHABILITATION (MPC074)
TUTOR MARKED ASSIGNMENT (TMA)**

Course Code: MPC074

Assignment Code: MPC 074/ASST/TMA/July 2026

Marks: 100

NOTE: All Questions Are Compulsory

Section A

Answer the following question in about 1000 words each:

Marks 15x3=45

1. Discuss the role of CBR professionals as local advocates as well as about the liaisoning with different agencies for CBR.
2. Explain about the various stakeholders involved in CBR.
3. With reference to the community psychology, elucidate the meaning of community based rehabilitation and its differences with institute based rehabilitation.

Section B

Answer the following questions in about 400 words each:

Marks 5x5=25

4. Discuss support services for crisis situation.
5. Explain the role of NGOs towards rehabilitation.
6. Discuss the role of community in the habilitation process.
7. Describe the key aspects of social counseling in CBR.
8. Discuss the objectives and challenges of inclusive education.

Section C

Answer the following in about 50 words each:

Marks 10x3=30

9. Interventions in post disaster situations.
10. Types of health care services.
11. Self- Help Groups.
12. Positive parenting strategies.
13. Functions of community mobilization.
14. Meaning of incidence and prevalence.
15. Social counseling.
16. Overcoming barriers to integrative education.
17. Stages in PAR.
18. Key elements of SCBR in education.