# CAFE/DAFE

# Assignments-2025

- 1. Certificate in HIV and Family Education (CAFE)
- 2. Diploma in HIV and Family Education (DAFE)



School of Social Work, Indira Gandhi National Open University, Maidan Garhi, New Delhi – 110068

## Schedule for Assignments Submission: 2025

### Dear Learner,

We hope that you have gone through the Programme Guide of CAFE and DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE and DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE programmes will be the same for all courses. You will find that separate assignments have been provided to you for BFE–101, BFE–102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2025 and July 2025).

Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully. Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. Assignments are to be hand written and duly signed. Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned in the IGNOU home page and obtain a receipt for the same.

### You are expected to keep a copy each for any future reference/use.

Visit www.ignou.ac.in regularly for updates related to assignment submission.

Wish you all the best to complete the assignments within the above given time frame.

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# ALCOHOL, DRUGS AND HIV

Course Code: BFEE-103 Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.

i.	Evaluate the effectiveness of harm reduction strategies in preventing HIV transmission among injecting drug users. Provide examples to support your analysis.	20
ii.	Discuss the socio-cultural factors that influence patterns of alcohol and drug use in different communities. How do these factors impact efforts to control substance abuse?	20
iii.	Analyze the relationship between adolescent substance abuse and the risk of HIV infection. What preventive measures can be implemented to address this issue?	20
iv.	Examine the role of peer influence in the initiation and continuation of substance abuse. How can peer-led interventions be utilized in prevention programs?	20
V.	Critically assess the impact of globalization on the availability and consumption of illicit drugs. What challenges does this pose for national and international drug control policies?	20

2. Answer any **three** of the following questions in about **250** words each.

i.	Outline the physiological and psychological effects of long-term alcohol abuse on	10
	the human body.	
ii.	Describe the process of detoxification in the treatment of drug dependence. What	10
	are the key considerations for ensuring its success?	
iii.	Explain the concept of dual diagnosis in the context of substance abuse and mental	10
	health disorders. How does it affect treatment approaches?	
iv.	Discuss the importance of family involvement in the rehabilitation of individuals	10
	recovering from substance dependence.	
V.	Analyze the role of educational institutions in preventing substance abuse among	10
	youth. What strategies can schools and colleges implement to address this issue?	

3. Write short notes on any **five** of the following questions in about **150** words each.

i.	Needle exchange programs and their role in HIV prevention	6
ii.	The impact of alcohol and drug abuse on workplace productivity	6
iii.	Stages of change model in addiction recovery	6
iv.	Pharmacological treatments available for opioid dependence	6
V.	The significance of community-based rehabilitation centers in combating substance	6
	abuse	
vi.	Legal ramifications of drug possession and trafficking under international law	6
vii.	The relationship between substance abuse and domestic violence	6
viii.	Strategies for relapse prevention in substance abuse recovery	6