

**BACHELOR DEGREE IN SOCIAL WORK  
(BSW)**

**Assignment: 2025-2026**

**Course Title**

**BSWE-006: Substance Abuse and Counselling**

**Last Date of Submission of Assignments to the Study Centre  
July 2025 Session - March 31, 2026  
January 2026 Session - September 30, 2026**



Indira Gandhi National Open University  
Maidan Garhi, New Delhi - 110 068

Dear Learner,

Welcome to the BSW programme of IGNOU. To successfully complete your BSW programme, kindly follow the following tips:

- Read the programme guide before you begin your studies. It will clarify most of your doubts regarding how to go about doing the BSW studies from IGNOU.
- Submit your assignments to the Study Centre on time.
- Be in touch with your Study Centre and Regional Centre
- Fill up the examination form on time.

Assignments are open book examinations and we at IGNOU assign 30 per cent weightage to the assignment while calculating the overall grade for each course. **Assignments are to be hand-written and duly signed** before its submission in the study centre. In order to prepare a good set of assignment responses, you must first of all read the chapter(s) from which a particular question has been framed. Discuss with your peer-group and academic counsellors or professors who teach you. Prepare a draft, do the necessary correction on it and then, prepare the final version for submission to the Study Centre.

Make sure that each answer starts on a new page. For long and medium answers, ensure that there is an introduction, sub-titles for main body and a conclusion. One line should be left between each paragraph. Make sure your answers are specific and in your own words and do not copy from books. Your answers will be exclusively based on the IGNOU materials only. Preparation of assignments is preparation for your term-end examination. Therefore, take the assignments seriously.

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# Substance Abuse and Counselling

## ASSIGNMENT

Course Code: **BSWE-006**  
Total marks: **100**

**Note:** (i) Answer all the **five** questions.

(ii) **All** questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **500** words each.

1. Discuss the importance of information, education and communication for HIV. 20  
OR  
Explain the theories related to drug abuse. 20
2. Describe the processes involved in counselling. 20  
OR  
Highlight the link between alcohol, drugs, STDs and HIV. 20
3. Answer any two of the following in about 250 words each:
  - a) Why do people abuse drugs? 10
  - b) Mention the stages of alcoholism. 10
  - c) Describe the functions of mass communication. 10
  - d) What is counselling? Differentiate between counselling and psychotherapy. 10
4. Answer any four of the following questions in about 150 words:
  - a) List the types of group. 5
  - b) Mention the vulnerable groups in relation to drug abuse. 5
  - c) Define drug abuse. 5
  - d) Explain prevention of drug abuse through school based programmes. 5
  - e) What is interpersonal communication? 5
  - f) Enlist the supportive techniques of counselling. 5
5. Write short notes on any five of the following in about 100 words each:
  - a) Drug Deception 4
  - b) Health Consequences of Drug Abuse 4
  - c) Contingency Management 4
  - d) Drug Trafficking 4
  - e) UNESCO Declaration on Media Education 4
  - f) Styles of Leadership 4
  - g) Characteristics of Folk Media 4
  - h) Ethical Issues in HIV/AIDS Counselling 4