

CAFE/DAFE

Assignments-2026

- 1. Certificate in HIV and Family Education (CAFE)**
- 2. Diploma in HIV and Family Education (DAFE)**



**School of Social Work,
Indira Gandhi National Open University, Maidan Garhi, New Delhi – 110068**

Schedule for Assignments Submission:2026

Dear Learner,

We hope that you have gone through the Programme Guide of CAFE and DAFE carefully. We have explained there that it is important to complete the assignments within the stipulated time to become eligible to appear for the term-end examination of IGNOU. All the assignments of CAFE and DAFE are Tutor Marked Assignments (TMAs) and are part of the continuous evaluation process. The assignments for CAFE and DAFE programmes will be the same for all courses. You will find that separate assignments have been provided to you for BFE-101, BFE-102, BFEE 101, BFEE 102, BFEE 103 and BFEE 104 (for students registered for January 2026 and July 2026).

Before you write the assignments, read the instructions provided in the Programme Guide and go through the course materials carefully. Please read the instructions pertaining to assignments before you start writing your answers. If you have any doubt or problems pertaining to the courses and assignments, contact the concerned academic counsellor at your Study Centre. You are requested to go through the course materials first and then prepare the assignment response following the instructions. Your responses should not be a verbatim reproduction of the textual materials/blocks provided for self-learning purposes. **Assignments are to be hand written and duly signed.** Please submit your assignment responses at the Study Centre allotted to you before the due date as mentioned in the IGNOU home page and obtain a receipt for the same.

You are expected to keep a copy each for any future reference/use.

Visit www.ignou.ac.in regularly for updates related to assignment submission.

Wish you all the best to complete the assignments within the above given time frame.

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ALCOHOL, DRUGS AND HIV

Course Code: BFEE-103

Maximum Marks: 100

1. Answer any **two** of the following questions in about **500** words each.

i.	Explain the relationship between substance abuse and HIV/AIDS, and discuss how substance abuse contributes to the spread of HIV.	20
ii.	Discuss the extent and impact of substance abuse and drug trafficking in India, highlighting its social and health consequences.	20
iii.	Examine the link between alcohol, drugs, STDs, and HIV/AIDS, and explain their relevance in the present-day context.	20
iv.	Analyse the impact of substance abuse on family life and national development, giving suitable examples.	20
v.	Describe the stages involved in the treatment of alcohol and drug dependence, including intervention, rehabilitation, and maintenance.	20

2. Answer any **three** of the following questions in about **250** words each.

i.	Define drug abuse and explain its key characteristics as given by international health organizations.	10
ii.	Discuss the history of substance abuse, with reference to the use of opium and alcohol in ancient societies.	10
iii.	Explain the consequences of substance abuse on an individual, including physical, psychological, and social effects.	10
iv.	Describe the major provisions and significance of the Narcotic Drugs and Psychotropic Substances Act, 1985 (NDPS Act).	10
v.	Explain the role of education, counselling, and community responses in preventing substance abuse.	10

3. Write short notes on any **five** of the following questions in about **150** words each.

i.	Importance of studying substance abuse and HIV/AIDS	6
ii.	Physical dependence in drug use	6
iii.	Tolerance and withdrawal in the context of substance abuse	6
iv.	Sexually Transmitted Diseases (STDs)	6
v.	Effects of drug abuse on reproductive health	6
vi.	Detoxification	6
vii.	The role of NGOs and international organizations in controlling substance abuse	6
viii.	Relapse prevention in the treatment of substance abuse	6