

MASTER OF SOCIAL WORK COUNSELLING (MSW(C) Second Year)

Assignment: 2026-2027

Course Titles

MSW-012	: Introduction to Life Characteristics and Challenges
MSW-013	: Introduction to Psychological Basis of Counselling
MSW-014	: Relevance of Social Case Work in Counselling
MSW-015	: Basics of Counselling
MSW-016	: Fields of Counselling

Last Date of Submission of Assignments to the Study Centre
July, 2026 Session – March 31, 2027
January, 2027 Session – September 30, 2027



School of Social Work
Indira Gandhi National Open University
Maidan Garhi, New Delhi – 110 068

Dear Learner,

Welcome to the MSWC (2nd year) programme of IGNOU. You have purposefully chosen to become a post graduate in Social Work Counselling to contribute towards improving the social conditions of people. To successfully complete your MSWC program, kindly follow the following tips:

- Read the programme guide before you begin your studies. It will clarify most of your doubts regarding how to go about doing the MSWC Program from IGNOU.
- Submit your assignments to the Study Centre on time.
- Be in touch with your Study Centre and Regional Centre
- Meet your Field Work Supervisor (FWS) at the Study Centre for Fieldwork Supervision
- Fill up the examination form on time.

Assignments are open book examination and we at IGNOU assign 30 per cent weightage to the assignment while calculating the overall grade for each course. **Assignments are to be handwritten and duly signed before its submission in the Study Centre.** In order to prepare a good set of assignment responses, you must first of all read the units) from which a particular question has been framed. Discuss with your peer-group and academic counselors who teach you. Prepare a draft, do the necessary correction on it and then, prepare the final version for submission to the Study Centre.

Make sure that each answer starts on a new page. For long and medium answers, ensure that there is an introduction, sub-titles, body and a conclusion. One line should be left between each paragraph. Make sure your answers are specific and in your own words and do not copy from books. Your answers will be exclusively based on the IGNOU materials only. Preparation of assignments is preparation for your term-end examination. Therefore take the assignments seriously.

(Dr.N.Ramya)
Programme Coordinator

Fields of Counselling

ASSIGNMENT

Course Code: MSW-016

Total marks: 100

Note: (i) Answer all the **five** questions.

(ii) All questions carry **equal** marks.

(iii) Answers to question no. **1** and **2** should not exceed **600** words each.

1. What is mean by Mental health? Explain the Mental Health practice models. 20
Or
Define Counselling. List the special fields of rehabilitation counseling 20
2. Define stress. Describe the techniques and strategies used for stress management. 20
Or
Explain the stages of parenthood its key responsibilities associated with each stage. 20
3. Answer any two of the following questions in about 300 words each:
 - a) Explain the importance of parent counselling in the field of disability. 10
 - b) Discuss the key provisions of the Protection of Women from Domestic Violence Act, 2005. 10
 - c) Discuss the major techniques and strategies of time management in daily life. 10
 - d) Examine the essential counselling skills required for effectively working with adolescents. 10
4. Attempt any four of the following in about 150 words each:
 - a) Highlight the role of a counselor in Judicial system 5
 - b) Explain the concept of self-hypnosis and briefly discuss its uses. 5
 - c) Discuss the roles played by elderly people in agrarian and medieval societies. 5
 - d) Briefly explain any one theory of Suicide according to Durkheim 5
 - e) Elaborate the Juvenile Justice (Care & Protection of Children) Act 2000. 5
 - f) Analyze the major causes of marital disharmony in family life. 5
5. Write short notes on any five of the following in about 100 words each:
 - a) Family Counselling 4
 - b) Hospice Services 4
 - c) Referral System 4
 - d) Guided Fantasy 4
 - e) Egalitarianism 4
 - f) MET 4
 - g) Care Giving 4
 - h) Coping Skills