

1. Details of the Teacher/ Academic :

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|--|---|
| Name: | J.S. DOROTHY |
| Date of Birth | 01.09.1970 |
| Date of Joining in IGNOU: | 06.01.1997 |
| Current Designation : | Senior Regional Director IGNOU Regional Centre Cochin Kerala (RC14) |
| Pay Scale as on date : | Academic Level 14 Stage 5 Rs. 144200 - Rs. 2182000 (pre-revised 6th CPC Pay Band IV of Rs. 37400-67600 with AGP of Rs.10000/-) |
| Highest Educational Qualifications & Discipline : | Ph.D Education |

2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:

| Name of the recipient | Honour /Award/ Fellowship name/ membership of Professional body/ Statutory body | Agency name /Name of statutory body/ institution/ Apex body | Period |
|------------------------------|---|---|---------------|
| Dorothy, J. S, | Abdul Sattar Prize for securing the highest marks in Theory of Music Grade IV exam of the Trinity College of Music, London | Musee Musicals, Madras | 1993 |
| Dorothy, J. S, | Dorothy Pearson Endowment Prize for securing the highest total marks during the M.Phil. Degree Course in Food and Nutrition for the Academic year 1992-1993 | Women's Christian College, Madras, an autonomous College affiliated to the University of Madras | 1994 |
| Dorothy, J. S, | Prize for Cartoon on the theme 'Library' | IGNOU-Library and Documentation Division, New Delhi | 1999 |

| Name of the recipient | Honour /Award/ Fellowship name/ membership of Professional body/ Statutory body | Agency name /Name of statutory body/ institution/ Apex body | Period |
|-----------------------|--|---|--------|
| Dorothy, J. S, | Recipient of the Certificate of Merit for sharing the Best ideas in the Creativity Challenge-2 for IGNOU staff organized by NCIDE, IGNOU ; Theme - How creative you have been in gainful engagement of yourself and your family members during the COVID-19 lockdown period? | NCIDE IGNOU | 2020 |
| Dorothy, J. S, | Recipient of the Certificate of Merit for sharing the Best ideas in the Creativity Challenge-4 for IGNOU staff organized by NCIDE, IGNOU ; Theme - What are the post COVID-19 healthcare challenges likely to come up in India and what innovative solutions have to be developed to overcome these expected challenges? | NCIDE IGNOU | 2020 |

3. Books/Book Chapter:

- Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN No

| S.No. | Name of Author1/ Editor 1, & Co- author (s) / Co- editor (s) (if any) | Title of chapter/book | Place of publication | Publisher | Year | Total Pages | ISBN No. |
|-------|---|---|-------------------------|---|------|-------------|------------------------------|
| 1 | Dorothy, J. S Editor: Dr. Oum Prakash Sharma, Director, NCIDE Jyotsna Dikshit Moumita Das Sujata Santosh | Chapter 22: Case Study of the Experience of Innovation in Coupling Innovation Club Activity with Grievance Redressal Theme 4 : Innovations in Learner Support and Grievance Redressal Innovations in Open and Distance Learning for Quality Education | New Delhi | National Centre for Innovation in Distance Education Indira Gandhi National Open University Maidan Garhi, New Delhi 110068, INDIA | 2021 | 7 | ISBN : 978-93- 5568-097-6 |

| S.No. | Name of Author1/ Editor 1, & Co- author (s) / Co- editor (s) (if any) | Title of chapter/book | Place of publication | Publisher | Year | Total Pages | ISBN No. |
|-------|---|--|-------------------------|---|------|-------------|--------------------------------------|
| 2 | Dorothy, J. S, B. PanduRangaNara simharao, Elizabeth Wright, Shashidhara Prasad and Meghana Joshi | Chapter 5: Administration for Implementing Region-Specific Need-Based Programs: Issues and Concerns in Handbook of Research on Science Education and University Outreach as a Tool for Regional Development | Hershey USA | IGI Global Information Science Reference formerly idea group Reference, | 2017 | 10 | ISBN: 2326-9022; eISSN: 2326-9030 |
| 3 | Dorothy, J. S and Kumar, A Anil K. Dimri | Chapter 9: Student Unrest in the Ambit of Student Support Services in Planning and Management of Student Support Services | New Delhi | Creon Publications | 2013 | 14 | ISBN 978-81- 927665-0-1 |

| S.No. | Name of Author1/ Editor 1, & Co- author (s) / Co- editor (s) (if any) | Title of chapter/book | Place of publication | Publisher | Year | Total Pages | ISBN No. |
|-------|---|---|-------------------------|--|------|-------------|----------------------------|
| 4 | Dorothy, J. S, UgurDemiray, Sharma, R.C, and Kumar, A, UgurDemiray & Ramesh C Sharma | Chapter IV : Ethics in the Ambit of Distance Education <i>in Ethical Practices</i> And Implications In Distance Learning | Hershey USA | IGI Global Information Science Reference formerly idea group Reference | 2008 | 14 | ISBN 978-1- 59904-867-3 |
| 5 | Dorothy, J. S Romesh Verma | Chapter 7: Technology in the Ambit of Distance Education <i>in</i> Distance Education In Technological Age | New Delhi | Anmol Publications Pvt Ltd | 2005 | 13 | ISBN 81-261-2210- 2 |

4. Research Articles/Publications:

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|---|---|--|--------------|--------------|------|----------------|
| 1 | Dorothy, J.S., Praseetha Unnikrishnan and Reshma Suresh | Programmes of IGNOU aligned with NEP-2020 for certification of clientele in empowering women | University News - A weekly Journal of Higher Education | Vol 63 No.24 | 11 to 17 | 2025 | ISSN-0566-2257 |
| 2 | Dorothy, J.S., | A Case-Study of the Successful Learners at a IGNOU Regional Centre as an Indicator of Student Enrolment, Retention and Multiple Exits | University News - A weekly Journal of Higher Education | Vol 62 No.54 | 50 to 66 | 2025 | ISSN-0566-2257 |
| 3 | Dorothy, J.S., J.Thiru murugan, V.BalaKrishnan, S.kandaswamy and R.Chinniah | Exploring Evaluation practices: A Case Study of IGNOU Regional Evaluation Centre, Kochi | University News - A weekly Journal of Higher Education | Vol 62 No.31 | 10 to 20 | 2024 | ISSN-0566-2257 |
| 4 | Dorothy, J.S., | A Case Study of the Coastal Cleaning under Special Campaign 3.0 at IGNOU Regional Centre | University News - A weekly Journal of Higher Education | Vol 61 No.50 | 7 to 12 | 2023 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|--|--|--|------------------|--------------|------|----------------|
| 5 | Dorothy, J.S., | Case Study of the maintenance of the You Tube Channel at Indira Gandhi National Open University Regional Centre | University News - A weekly Journal of Higher Education | Vol 61 No.29 | 21 to 28 | 2023 | ISSN-0566-2257 |
| 6 | Dorothy, J.S., Ashwini Kumar and K. Sasicoumar Brumot | Second tier administrative structure (Regional Centre) of a Distance Teaching Institution as academic power house of Distance Education System | University News - A weekly Journal of Higher Education | Vol 60 No.31 | 14 to 24 | 2022 | ISSN-0566-2257 |
| 7 | Dorothy, J.S., | Functional relationship in the ambit of establishing the second tier administrative structure: An experience Sharing | University News - A weekly Journal of Higher Education | Vol 59 No.22 | 20 to 30 | 2021 | ISSN-0566-2257 |
| 8 | Dorothy, J.S., BalachandranUnni than,K, Syma Jayaprakasan and PraseethaUnnikri shnan | Similarity in Distance Teaching Institution and Banking Sector in Reaching the Grassroots | University News - A weekly Journal of Higher Education | Vol 58 No. 34 | 12 to 19 | 2020 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|------------------------------------|---|--|---------------|--------------|------|--|
| 9 | Dorothy, J.S and Chandra Sekaran,L | Human Capital in the Ambit of Learner Support Centre (LSC) of a Distance Teaching Institution (DTI) | International Journal of Management | Vol 11 No.7 | 1074 to 1085 | 2020 | SSN Print: 0976-6502 and ISSN Online: 0976-6510 DOI: 10.34218/IJM .11.7.2020.095 |
| 10 | Dorothy, J. S | Succession Planning in Distance Teaching Institutions: Significance for Quality Maintenance | University News - A weekly Journal of Higher Education | Vol 58 No.06 | 11 to 16,23 | 2020 | ISSN-0566-2257 |
| 11 | Dorothy, J. S | Effect of Demonetisation in the ambit of Distance Education Institutions (DEI) | Asian Journal of Distance Education http://www.AsianJDE.org © 2019 The Asian Society of Open and Distance Education Asian JDE | Vol 14, No 1 | 143 to148 | 2019 | ISSN 1347-9008 |
| 12 | Dorothy, J. S | Desired Etiquette for the Betterment of Quality in Distance Education System | University News - A weekly Journal of Higher Education | Vol 57 No. 48 | 12 to 23,29 | 2019 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|--|--|--|-----------------|---------------|------|--------------------|
| 13 | Dorothy, J. S And Jojo S Pattathil | Back Office Operations of a Regional Evaluation Centre (REC) of Indira Gandhi National Open University | University News - A weekly Journal of Higher Education | Vol 57 No.16 | 12 to 18 | 2019 | ISSN-0566- 2257 |
| 14 | Dorothy, J. S | Connected Learner Concept of Network:A Model for optimizing Distance Learning in the North Eastern Region | University News - A weekly Journal of Higher Education Special issue on Social Development and Sustainability on the occasion AIU East Zone Vice- Chancellors' Meet-2019 at North Eastern Hill at North Eastern Hill University, Shillong (Jan 18-19, 2019) | Vol 57 No.2 | 60 to 64 | 2019 | ISSN-0566- 2257 |
| 15 | Dorothy, J. S | Distance Potential of the State of Kerala to host Consortium of Education System | University News - A weekly Journal of Higher Education | Vol 56 No.46 | 19 to 24 | 2018 | ISSN-0566- 2257 |
| 16 | Dorothy, J. S | Arming the Armed Forces for a Civilian Life-An Experience of Indira Gandhi National Open University, India | Asian Journal of Distance Education (Ejournal www.asianjde.org) | Vol 12 No.1 | Page 36-51 | 2018 | ISSN-1347- 9008 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|----------------------------|--|--|--------------|--------------|------|----------------|
| 17 | Dorothy, J. S | A study of the Application Oriented Courses (AOC) of IGNOU as an aid to Skill development | University News - A weekly Journal of Higher Education | Vol 56 No.29 | 15 to 27 | 2018 | ISSN-0566-2257 |
| 18 | Dorothy, J. S | Issues in Digitisation of retrospective records in Distance Teaching Institution (DTI) | University News - A weekly Journal of Higher Education | Vol 56 No.08 | 11 to 19 | 2018 | ISSN-0566-2257 |
| 19 | Dorothy, J. S and Kumar, A | Sustenance of Distance Education System :Some Major issues | University News - A weekly Journal of Higher Education | Vol 55 No.44 | 11 to 17 | 2017 | ISSN-0566-2257 |
| 20 | Dorothy, J. S | Skill Development through Choice based Credit System in Open and Distance Learning: Some reflections | University News - A weekly Journal of Higher Education | Vol 54 No.48 | 58 to 66 | 2016 | ISSN-0566-2257 |
| 21 | Dorothy, J. S | Effects of Inundation in the ambit of Distance Education Institutions | University News - A weekly Journal of Higher Education | Vol 54 No.46 | 8 to 12 | 2016 | ISSN-0566-2257 |
| 22 | Dorothy, J. S | Staff Development through Distance Learning in Corporate Universities | University News - A weekly Journal of Higher Education | Vol 54 No.36 | 11 to 17 | 2016 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|----------------------------|---|--|--------------|--------------|------|----------------|
| 23 | Dorothy, J. S | Information and Communication Technology for Open and Distance Learning | University News - A weekly Journal of Higher Education | Vol 54 No.28 | 10 to 24 | 2016 | ISSN-0566-2257 |
| 24 | Dorothy, J. S | Organisational Management in Establishing the Regional Centre (second-tier Administrative Structure) of a Distance Teaching Institution (DTI) | University News - A weekly Journal of Higher Education | Vol 54 No.20 | 7 to 16 | 2016 | ISSN-0566-2257 |
| 25 | Dorothy, J. S | Equity, Access and Excellence for Education through Dual Mode Distance Teaching Institutions | University News - A weekly Journal of Higher Education | Vol 54 No.12 | 18 to 24 | 2016 | ISSN-0566-2257 |
| 26 | Dorothy, J. S | Issues and concerns in the ambit of Inclusive Classrooms comprising locomotor disability | University News - A weekly Journal of Higher Education | Vol 54 No. 9 | 13 to 18 | 2016 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|----------------------------|---|---|---------------|--------------|------|----------------|
| 27 | Dorothy, J. S | Vigilance in the ambit of the Distance Education System | University News - A weekly Journal of Higher Education, Special issue on Mainstreaming ICT Enabled Innovations for Popularising education on the occasion of AIU Central Zone Vice Chancellors' Meet at Madhya Pradesh Bhoj (Open) University, Bhopal (Jan15-16,2016) | Vol 54 No. 02 | 55 to 59 | | ISSN-0566-2257 |
| 28 | Dorothy, J. S | Employee Dynamics in the Institutions of Public Distance Education System | University News - A weekly Journal of Higher Education | Vol 53 No. 41 | 13 to 18 | 2015 | ISSN-0566-2257 |
| 29 | Dorothy, J. S and Kumar, A | Evaluation Process at IGNOU through the Regional Evaluation Centres | University News - A weekly Journal of Higher Education | Vol 53 No. 38 | 17 to 24 | 2015 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|----------------------------|---|--|-------------------------|--------------|------|----------------|
| 30 | Dorothy, J. S | Institutional linkages, Equivalency and Assessment of Prior Learning in the Ambit of Saakshar Bharat Project | University News - A weekly Journal of Higher Education | Vol 52 No. 23 | 14 to 20 | 2015 | ISSN-0566-2257 |
| 31 | Dorothy, J. S | Cost Leadership in the Ambit of Distance Education System (DES) | University News - A weekly Journal of Higher Education | Vol 52 No. 21 | 7 to 14 | 2015 | ISSN-0566-2257 |
| 32 | Dorothy, J. S | System Identity versus Institution Identity in the ambit of Distance Education System (DES) | University News - A weekly Journal of Higher Education | Vol 52 No. 41 | 9 to 22 | 2014 | ISSN-0566-2257 |
| 33 | Dorothy, J. S and Kumar, A | Post Graduate Programme in Dietetics and Food Service Management (MScDFSM) Programme of IGNOU- Access through the Lucknow Regional Centre | Turkish Online Journal of Distance Education | Vol 15 No. 4 Article 22 | 350 to 358 | 2014 | ISSN 1302-6488 |
| 34 | Dorothy, J. S | Law in the Ambit of the Distance Education System | University News - A weekly Journal of Higher Education | Vol 51 No. 43 | 15 to 19 | 2013 | ISSN-0566-2257 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|----------------------------------|--|--|---------------|--------------|------|----------------|
| 35 | Dorothy, J. S | Distance Teaching Institutions (DTI) as an Education Provider for the Differently Abled | University News - A weekly Journal of Higher Education | Vol 51 No. 29 | 10 to 13 | 2013 | ISSN-0566-2257 |
| 36 | Dorothy, J. S | Collaborations in Distance Teaching Institutions | University News - A weekly Journal of Higher Education | Vol 50 No. 42 | 11 to 17 | 2012 | ISSN-0566-2257 |
| 37 | Srinivasan,T.R and Dorothy, J. S | Face-to-Face Collaboration with Industry for ODE in India | Asian Journal of Distance Education Ejournalwww.asianjde.org) | Vol 10 No.2 | 78-89 | 2012 | ISSN-1347-9008 |
| 38 | Srinivasan,T.R and Dorothy, J. S | Capacity Building of the Rural Populace Through the Distance Learning System(DLS) | University News - A weekly Journal of Higher Education | Vol 50 No. 26 | 6 to 11 | 2012 | ISSN-0566-2257 |
| 39 | Dorothy, J. S and Kumar, A | Open Learning as a Learning Mechanism in Disability Management | University News - A weekly Journal of Higher Education | Vol 49 No. 52 | 14 to 17 | 2011 | ISSN-0566-2257 |
| 40 | Srinivasan,T.R and Dorothy, J. S | Transnational collaboration for a German Language Course through the Distance Learning System (DLS) in India | Asian Journal of Distance Education(Ejournal www.asianjde.org) | Vol 9 No.1 | 77-89 | 2011 | ISSN-1347-9008 |

| S.No. | Author/ Co-author (if any) | Title | Name of Journal | Volume | Page no. (s) | Year | ISSN No |
|-------|---|---|--|---------------|--------------|------|-----------------|
| 41 | Dorothy, J. S | Learning in Retirement through Distance Teaching Institutes | University News - A weekly Journal of Higher Education | Vol 49 No. 25 | 11 to 14 | 2011 | ISSN-0566-2257 |
| 42 | Dorothy, J. S Jayaraman,S and Devasena, L | Pivot Table's Pivotal Role in Assignment Award Consolidation | University News - A weekly Journal of Higher Education | Vol 49 No.07 | 13-15,23 | 2011 | ISSN-0566-2257 |
| 43 | Srinivasan,T.R Parthasarathy M.S and Dorothy, J. S | DTI as a Stakeholder in Corporate Training | University News - A weekly Journal of Higher Education | Vol 46 No.45 | 18-23 | 2008 | ISSN-0566-2257 |
| 44 | Dorothy, J. S | Continuing education as a means for youth development in South Asia | Indian Journal of Youth Affairs | Vol 10 No 2 | 75 -79 | 2006 | ISSN: 0970-4337 |
| 45 | Dorothy, J. S | Network of IGNOU in the State of Rajasthan | Journal of Distance Education | Vol VII No.1 | 140 -146 | 2000 | |

5. Policy Documents Reports/ Mimeo:

| SNo. | Title | Institution/ Agency | Year |
|------|-------|---------------------|------|
| 1. | | | |
| 2. | | | |

6. MOOCs/ eSLMs/ eModules developed :

| SNo. | Author/ Co-author (if any) | Title | Credits | Level | Host Portal: (SWAYAM/ NPTEL/ NMEICT/ ePG Pathshala/ Any Other) | Year | Weblink |
|------|----------------------------|-------|---------|-------|--|------|---------|
| | | | | | | | |

7. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops (Please do not mention if it is only participation without presentation)

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|--|---|---|--|--|---|
| 1 | Dorothy, J. S Praseetha Unnikrishnan and Reshma Suresh | Contribution of IGNOU in empowering women through Higher Education | Directorate of Cashewnut and Cocoa Development, Ministry of Agriculture and Farmer's Welfare, Department of Agriculture and Farmer's Welfare Kera Bhavan, Kochi | Theme of Nari Shakti in the Official language Seminar This paper was prepared in English Language and translated into Hindi language (Official language) using Google Translate | Kochi | 25.06.2025 2025 |
| 2 | Dorothy, J. S | A Case-Study of the conduct of the Channel Based Counseling Session in Malayalam Language at IGNOU Regional Centre, Cochin | Jointly organized by the Osmania University(OU)-Indian Distance Education Association (IDEA) Conference 2024 | Two-Day National Conference on "Emerging 'New' World Of Open And Distance Education Making Transformation Happen" | Prof. G. Ram Reddy Centre for Distance Education, Osmania University, Hyderabad 500 007 | 27.04.2024 and 28.04.2024 2024 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|---|--|--|---|--------------------|
| 3 | Dorothy, J. S | One of the Three Panel Speakers on Woman in Distance Education and Training | Jointly organized by the Osmania University(OU)-Indian Distance Education Association (IDEA) Conference 2024 | Two-Day National Conference on "Emerging 'New' World Of Open And Distance Education Making Transformation Happen" | Prof. G. Ram Reddy Centre for Distance Education, Osmania University, Hyderabad 500 007 | 28.04.2024 2024 |
| 4 | Dorothy, J. S | Presented the Report of the Two day Conference in the Valedictory Session as the Chief Rapporteur of the Conference | Jointly organized by the Osmania University(OU)-Indian Distance Education Association (IDEA) Conference 2024 | Two-Day National Conference on "Emerging 'New' World Of Open And Distance Education Making Transformation Happen" | Prof. G. Ram Reddy Centre for Distance Education, Osmania University, Hyderabad 500 007 | 28.04.2024 2024 |
| 5 | Dorothy, J. S | Case Study of the experience of holding Pre-Admission Initiatives and Practices for Enhancing Enrolment at IGNOU Regional Centre Cochin | NCIDE in collaboration with the School of Education (SOE) | Webinar on "Enhancing Enrolment in Higher Education: Innovative Initiatives to Achieve the NEP 2020 Target of 50% GER" | Virtual Mode | 21.07.2023 2023 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|--|---|------------------------------|--------------------------------|
| 6 | Dorothy, J. S | ABC and Quality Enhancement | St.Aloysius College, Elthuruth, Thrissur, Kerala | NAAC Sponsored Two Day Virtual National Conference on 'Quality Enhancement of Institutions of Higher Learning: Transformational Role of NEP 2020' | Virtual Mode | 28.11.2022 and 29.11.2022 2022 |
| 7 | Dorothy, J. S | Tracing the origin of NEP 2020, shared about the UGC Approved Short Term Professional Development Programme Under Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching by STRIDE, IGNOU | The event was organised by the academic Committee under Azadi ka Amrit Mahotsav Celebrations Committee with Shri.K.B.Sreekumar as Convenor | National Seminar on SCIENTIFIC BHARAT: PAST PRESENT & FUTURE Texts Perspectives ,Practice on 1st and 2nd October 2022 at Bhaskareeyam, Elamakkara, Eranakulam | Face-to-face mode Eranakulam | 01.10.2022 |
| 8 | Dorothy, J. S | The importance of Human Intelligence behind the Artificial intelligence in Education for Sustainable Development | Dr B R Ambedkar University Delhi in association with Shastri Indo-Canadian Institute, New Delhi | Two day International Online Conference "Applications of Artificial Intelligence in Education for Sustainable Development" (AIESD) | Virtual Mode | 28.03.2022 and 29.03.2022 2022 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|---|--|--------------|--------------------------------|
| 9 | Dorothy, J. S | A Case Study on the role of Sh.P.V.Narasimha Rao as Human Resource Minister in the establishment of the Indira Gandhi National Open University (IGNOU) | Department of Sociology, P.V.Narasimha Rao Knowledge Centre & Indian Distance Education Association | Two-Day International Conference on "Higher Education in India: Challenges, Opportunities and Solutions" | Virtual Mode | 20.03.2022 and 21.03.2022 2022 |
| 10 | Dorothy, J. S | Similarity in Culture in Andaman, Kolkata, Lakshadweep and Siliguri and its impact on Tourism | IGNOU Regional Centre Trivandrum (along with Cochin, and Himachal Pradesh) | Historical Tourism : Its impact on Nation building event under Celebration of Ek Bharat Shreshth Bharat(EBSB) Week under Azadi Ka Amrit Mahotsav | Virtual Mode | 13.03.2022 2022 |
| 11 | Dorothy, J. S | Ethnic Food Varieties of Kerala and Himachal Pradesh-its Health Benefit | IGNOU Regional Centre Trivandrum (along with Cochin, and Himachal Pradesh) | Similarities in Food pattern across India with special reference to the State of Kerala and Himachal Pradesh event under Celebration of Ek Bharat Shreshth Bharat(EBSB) Week under Azadi Ka Amrit Mahotsav | Virtual Mode | 10.03.2022 2022 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|---|---|-----------------------------|--------------------------------|
| 12 | Dorothy, J. S | Imparting Life skills to a Distance Learner during the Induction Meeting- the case of IGNOU | Department of Education, University of Kerala, Thirvanthapuram | National Webinar: "Empowering Teachers on Positive Education" Theme 4: Life skill education and Character Development | Virtual Mode | 03.03.2021 to 05.03.2021 2021 |
| 13 | Dorothy, J. S | Experiences of Regional Centre Cochin since lockdown till TEE | GyanVani/ Gyan Darshan Live | Talk Session | GyanVani/ Gyan Darshan Live | 18.09.2020 at 10.15 AM 2020 |
| 14 | Dorothy, J. S | Eating Right at the workplace | IGNOU Regional Centre, Vatakara | First webinar of the Webinar series series on "Post COVID Scenario- Challenges and opportunities" | Google Meet | 06.07.2020 at 09.45 AM 2020 |
| 15 | Dorothy, J. S | Case study of a Digital Learner Experience while Registration into a Programme of Study of IGNOU | Organised by the DDU Kaushal Kendra, Cochin University of Science and Technology (CUSAT) in collaboration with the Tata Consultancy Services and the Penang Skills Development Centre, Malaysia | Two day International Conference on " Digital Transformation of Business Models, Enablers and Roadmaps" | Cochin | 21.03.2019 and 22.03.2019 2019 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|--|--|------------|--------------------------------|
| 16 | Dorothy, J. S | Opportunities for mutually exclusive urban and rural spaces through Distance Teaching Institutions (DTI) | Organised by the Departments of Christian Studies and Women Studies, University of Madras, Department of English, Bishop Cotton Women's Christian College, Bangalore | Two day International Inter-Disciplinary Joint Conference on "Multiplicity of Spaces: Religion, Culture and Urbanity in India" | Chennai | 21.02.2019 and 22.02.2019 2019 |
| 17 | Dorothy, J. S | Functional relationship in the ambit of establishing the second tier administrative structure -the encountered experience at IGNOU | Organised jointly by Dr.B.R.Ambedkar Open University (BRAOU) and Indian Distance Education Association (IDEA) | Three day XXIII IDEA International Conference | Hyderabad | 10.11.2018 to 12.11.2018 2018 |
| 18 | Dorothy, J. S | Competence and values beyond trends, prospects, opportunities in Teacher Education | Lakshmi College of Education, Gandhigram | Inaugural function in the Two day National Seminar on Trends and Prospects of Contemporary Teacher Education | Gandhigram | 12.10.2018 2018 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|---|---|--|----------|--|
| 19 | Dorothy, J. S | Connected Learner concept of network for optimising distance learning in the North Eastern Region (NER) | organised jointly by Kakatiya University, Warangal and Indian Distance Education Association (IDEA) | Two day XXII IDEA Conference International Conference | Warangal | 11.08.2018 and 12.08.2018 2018 |
| 20 | Dorothy, J. S | Human capital development in Travel, Tourism and Hospitality Industry by Continuing Education prospects through distance learning mode from IGNOU | Organised by the Departments of Vaishnavism and Christian Studies, University of Madras, Chennai | Two day University of Madras Post-centenary Diamond Jubilee International Seminar on "Pilgrimages and Social Capital: Experiences in 'Bonding' or 'Bridging'?" | Chennai | 13.02.2018 and 14.02.2018 2018 |
| 21 | Dorothy, J. S | Performance pattern in BCA Project work (CS76) - A critical analysis of measures performed at IGNOU Regional Centre Chennai | Nagarjuna University, Guntur, Andhra Pradesh | Three day XXI IDEA Conference on "Open and Distance Education in India: Emerging issues and challenges" | Guntur | 29.04.2017 30.04.2017 and 1.05.2017 2017 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|---|---|--|-----------------|--------------------------------|
| 22 | Dorothy, J. S | Digitisation of retrospective records in Distance Teaching Institution (DTI) | Regional Services Division (RSD) Indira Gandhi National Open University Maidan Garhi, New Delhi 110 068 | Two day National Seminar on ICT Support for Inclusive Digital Learning | Noida | 21.04.2017 and 22.04.2017 2017 |
| 23 | Dorothy, J. S | Application Oriented Courses (AOC) as an aid to Skill development- Challenges in rendering Support Services for AOC | Staff Training and Research Institute of Distance Education (STRIDE) Indira Gandhi National Open University Maidan Garhi, New Delhi 110 068 | Two day International Seminar on Skill Development through ODeL: Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods | New Delhi | 09.03.2017 To 11.03. 2017 2017 |
| 24 | Dorothy, J. S | Self-Learning Materials - Learners Perception and Usage | Political Science and Public Administration Wing of the Directorate of Distance Education, Annamalai University, Annamalainagar | Two day Training Programme on Imparting Distance Education: Techniques, Prospects and Challenges | Annamalai nagar | 06.10.2016 and 07.10.2016 2016 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|--|---|------------|--------------------------------|
| 25 | Dorothy, J. S | Proximity of Examination Centre as a Learner Welfare Measure in Distance Education System- A study | Organized by the Directorate of Distance Education, Pondicherry University, Puducherry cosponsored by ICSSR, New Delhi | Two day National Conference on Distance Education in India; Emerging Challenges and Prospects | Puducherry | 08.09.2016 and 09.09.2016 2016 |
| 26 | Dorothy, J. S | Formation of the Skill Development Programmes and Value Education Programmes in Choice Based Credit System (CBCS) in ODL | Prof. G.Ram Reddy Research Academy for Distance Education (GRADE), Dr.B.R.Ambedkar Open University (Dr.BRAOU) and the Telengana State Council for Education (TSCHE), Hyderabad | ICSSR Sponsored National Workshop on Choice Based Credit System (CBCS) | Hyderabad | 28.07.2016 And 29.07.2016 2016 |
| 27 | Dorothy, J. S | ICT for Open and Distance Learning | Gandhigram Rural Institute-Deemed University, Gandhigram | Plenary Session UGC Sponsored National Seminar on ICT Enabled Education for Excellence | Gandhigram | 08.02.2016 and 09.02.2016 2016 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|---|---|---|------------|--------------------------------|
| 28 | Dorothy, J. S | The Status and Impact of ICT in the ambit of Education | Gandhigram Rural Institute-Deemed University, Gandhigram | UGC Sponsored National Seminar on ICT Enabled Education for Excellence | Gandhigram | 08.02.2016 and 09.02.2016 2016 |
| 29 | Dorothy, J. S | Relevance of the characteristics of Bhimrao Ramji Ambedkar in the common man scenario | School of Politics and Public Administration, Tamil Nadu Open University (TNOU), Chennai | University Grants Commission initiated Constitution Day National Seminar on Father of Indian Constitution Bharat Ratna B.R. Ambedkar; His vision and Mission for Nation Building and Social justice (in Commemoration of his 125 th Birth Anniversary) | Chennai | 26.11.2015 2015 |
| 30 | Dorothy, J. S | Access through the Chennai Regional Centre to the M.Ed. Programme of IGNOU | Staff Training and Research in Distance Education (STRIDE), Indira Gandhi National Open University (IGNOU), New Delhi | National Seminar | New Delhi | 29.09.2015 30.09.2015 2015 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|-----------------------------|--|--|---|---------|--------------------------------|
| 31 | Dorothy, J. S and Kumar, A, | Enrolment Trend among learners accessed through the IGNOU Regional Centre at Varanasi | Tamil Nadu Open University (TNOU), Chennai | 20th IDEA Conference | Chennai | 23.04.2015 to 25.04.2015 2015 |
| 32 | Dorothy, J. S | Inclusive Classrooms comprising locomotor disability -issues and concerns | SCERT, DPI-Campus, Chennai | State level conference on "Effective Classroom Processes and Practices to Enable Children as 21st Century Citizens" | Chennai | 18.12.2014 and 19.12.2014 2014 |
| 33 | Dorothy, J. S | Entrance Examination as an agent of ensuring equity, excellence for Higher Education -the case of the B.Ed Programme of Study of IGNOU | Tamil Nadu Open University (TNOU) School of Education, Chennai | International conference on Enhancing Excellence, Equity and Efficiency in Higher Education | Chennai | 7.11.2014 And 8.11.2014 2014 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------------|---|---|---|-----------|--------------------------------|
| 34 | Gunavathy,J.S and Dorothy, J. S | Innovation Management -A Tool for Sustainable Competitive advantage in Higher Education | Department of Management Studies, Karnataka State Women's University, Bijapur | Two-Day International Conference sponsored by ICSSR, New Delhi on "Strategies for Social and Sustainable Competitive advantage in Globalized Era" | Bijapur | 20.06.2014 and 21.06.2014 2014 |
| 35 | Dorothy, J. S and Kumar, A | Sustenance of Distance Education System (DES) - Issues and Concerns | Directorate of Distance Education, University of Jammu, Jammu | 19th IDEA Conference | Jammu | 12.03.2014 to 14.03.2014 2014 |
| 36 | Dorothy, J. S | Session 3 : Preparation of Self Instruction Material | Karnataka State Women's University,Bijapur | One Day Orientation Programme on Distance Education System | Bijapur | 08.10.2013 2013 |
| 37 | Kumar, A and Dorothy, J. S | Women aspirants for the Teacher Education of IGNOU at the Lucknow Regional Centre | Maulana Azad National Urdu University (MANUU),Hyderabad and Indian Distance Education Association | 18th IDEA Conference from 5th to 7th April 2013 | Hyderabad | 05.04.2013 to 07.04.2013 2013 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|----------------------------|--|--|---|-----------|-------------------------------|
| 38 | Dorothy, J. S | Law in the Ambit of the Distance Education System (DES) | Maulana Azad National Urdu University (MANUU), Hyderabad and Indian Distance Education Association | 18th IDEA Conference from 5th to 7th April 2013 | Hyderabad | 05.04.2013 to 07.04.2013 2013 |
| 39 | Kumar, A and Dorothy, J. S | Telecast as a means to facilitate learner friendly Teaching-Learning Environment | Yashwantrao Chavan Maharashtra Open University (YCMOU), Nashik | 17 th IDEA Conference | Nashik | 17.04.2012 to 19.04.2012 2012 |
| 40 | Dorothy, J. S | Examination Centre at proximity as a Learner Welfare Measure in Distance Education System- A study | Yashwantrao Chavan Maharashtra Open University (YCMOU), Nashik | 17 th IDEA Conference | Nashik | 17.04.2012 to 19.04.2012 2012 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---------------------------|--|--|---|---------|---------------------|
| 41 | Dorothy, J. S | Distance Learning System as an equal opportunity provider | SECAB Association's A.R.S Inamdar Arts, Science and commerce College for Women, Bijapur in Association with the Department of Women Studies, Karnataka State Women's University, Bijapur | UGC Sponsored State Level Seminar on Challenges Before Higher Education For Women | Bijapur | 03.03.2012 2012 |
| 42 | Dorothy, J. S | Role of Education in combating Life-style related Diseases | Department of Home Science, Quaide-Millet College for Women, Chennai | Resource person for the National Seminar on "Life-style related Diseases-Prevention Education and Intervention" | Chennai | 06.01.2012 |
| 43 | Dorothy, J. S | Learning Strategies facilitated by Distance Teaching Institutions- the case of IGNOU | BLDEA's College for Women, Bijapur | UGC Sponsored State Level Seminar | Bijapur | 14.10. 2011 2011 |
| 44 | Dorothy, J. S | Communication skills (Chief speaker) | BLDEA's JSS College of Education | Language and Club Activities | Bijapur | 17.09.2011 2011 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|----------------------------|---|---|--|----------|-----------------------------------|
| 45 | Dorothy, J. S | Work-life balance - personal life and the other professional life | BLDEA's JSS College of Education, Bijapur | Chief Guest in Closing Ceremony of RCU's Inter B.ED Colleges Volley Ball Tournament-2011 | Bijapur | 29.09.2011 2011 |
| 46 | Dorothy, J. S and Kumar, A | The yesterday, today and tomorrow of diversified delivery system of IGNOU | School of Distance Learning and Continuing Education (SDLCE), Kakatiya University, Warangal, Andhra Pradesh | 16th Annual conference of the IDEA | Warangal | 26.03.2011 and 27.03.2011 2011 |
| 47 | Kumar, A and Dorothy, J. S | Teacher Education through the B.Ed Programme of IGNOU- Access through the Chennai Regional Centre | Commonwealth of Learning and Indira Gandhi National Open University (IGNOU) at Kochi | Sixth Pan Commonwealth Forum (PCF6) | Kochi | 24.11.2010 to 28.11.2010 2010 |
| 48 | Kumar, A and Dorothy, J. S | Challenges for Distance Education System (DES) in the New Millennium | Department Of Distance Education, Punjabi University, Patiala, Punjab | National seminar on "Distance Education: Challenges in the New Millennium" | Patiala | 14.09.2010 and 15.09.2010 2010 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|----------------------------|--|---|--|------------|---------------------------------|
| 49 | Kumar, A and Dorothy, J. S | Live relays by IGNOU -Contexts and Challenges | N.K.T National College of Education for Women (Autonomous), No41 Dr.Besant Road, Triplicane, Chennai | International Conference on Embedding Information and Communication Technology in Higher Education for Quality Enhancement | Chennai | 21.04.2010 to 23.04.2010 2010 |
| 50 | Kumar, A and Dorothy, J. S | BTM Programme of IGNOU - An innovation experimented and experienced | University School of Open Learning (USOL), Panjab University, Chandigarh | National Seminar Theme: "Experiments and Innovations in Distance Education and Open Learning in the Globalised Era" | Chandigarh | 20.02.2010 2010 |
| 51 | Kumar, A and Dorothy, J. S | Staff Development for Open and Distance Education System for equalisation of educational opportunities- contribution of PGDDE Programme of IGNOU | Alagappa University hosted by the Department of Education, Alagappa University, Karaikudi, Tamil Nadu | National Seminar Theme: "Common School Curriculum Reflections" | Karaikudi | 11.02. 2010 and 12.02.2010 2010 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|------------------------------|--|--|---|------------|--------------------------------|
| 52 | Kumar, A and Dorothy, J. S | Contribution of IGNOU in Empowering Women through Self-Help Groups - a case study of Chennai and Lucknow Region of IGNOU | Immaculate College of Education for Women, Puducherry | International Conference on Women Education for Empowerment | Puducherry | 05.02.2010 and 06.02.2010 2010 |
| 53 | Singh, M.R and Dorothy, J. S | Maintenance of Quality while compiling and consolidating Assignment Awards- An IGNOU Regional Centre experience | Directorate of Distance Education, University of Kashmir, Srinagar | 15th Annual conference of the IDEA | Srinagar | 05.10.2009 to 07.10.2009 2009 |
| 54 | Kumar, A and Dorothy, J. S | Quality learning environment at grassroots level- Community College Convergence Scheme of IGNOU- issues and concerns | Directorate of Distance Education, University of Kashmir, Srinagar | 15th Annual conference of the IDEA | Srinagar | 05.10.2009 to 07.10.2009 2009 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|---|---|--|--|-----------|-----------------------------------|
| 55 | Singh, M.R and Dorothy, J. S | Dual mode Distance Teaching Institutions as a means to increase equity, access and excellence | Institute of Distance and open learning, Gauhati University, Guwahati, Assam | 14th Annual conference of the IDEA Theme: "Equity, Access, and Excellence: Towards Exploring New Frontiers in ODL systems" | Guwahati | 14.11. 2008 to 16.11. 2008 2008 |
| 56 | Srinivasan, T.R Kishore, S Parthasarathy, M.S and Dorothy, J. S | Convergence Scheme of IGNOU - issues and concerns | Institute of Distance and open learning, Gauhati University, Guwahati, Assam | 14th Annual conference of the IDEA Theme: "Equity, Access, and Excellence: Towards Exploring New Frontiers in ODL systems" | Guwahati | 14.11. 2008 to 16.11. 2008 2008 |
| 57 | Dorothy, J. S | DES as a tool of Nutritionist in the New Millennium | IGNOU Regional Centre, Hyderabad | Prof. G.Ram Reddy Memorial National Seminar on New Millennium's Challenges to Distance Education | Hyderabad | 20.11.1999 21.11. 1999 1999 |
| 58 | Dorothy, J. S | Staff Development for Quality School Education by DTI | Indian Institute for Rural Development, Jaipur | National Seminar cum workshop on Management challenges for quality School Education for All (EFA) in the 21st century | Jaipur | 12.11. 1999 to 14.11. 1999 1999 |

| S.No | Author/ Co author(if any) | Title of presentation, /Talk/Lecture | Name Organizing institute | Conference | City | Date and Year |
|------|----------------------------|---|--|----------------------------|------------|-------------------------------|
| 59 | Dorothy, J. S and Kumar, A | Models for Reengineering the Assessment of the success of the DLS | Panjab University, Chandigarh | 5th IDEA Annual Conference | Chandigarh | 18.04.1998 to 19.04.1998 1998 |
| 60 | Kumar, A and Dorothy, J. S | Models for Reengineering the Management of DLS | Indira Gandhi National Open University (IGNOU) , New Delhi | International Conference | New Delhi | 18.04.1998 to 19.04.1998 1998 |

1. Consultancy assignment (if any):

| SNo. | Organization/ agency | Cost, title of consultancy | Duration |
|------|----------------------|----------------------------|----------|
| | | | |

2. Details of Institution/ Government/ Industry / own Institution Sponsored Research Projects (including Programme Evaluation) and Amount (Both completed and ongoing):

| SNo. | Agency | Amount | Duration with dates | Status i.e. ongoing/ completed |
|------|--------|--------|---------------------|--------------------------------|
| | | | | |

3. Details of PhD and MPhil Scholars (including those awarded degree):

| SNo. | Name and enrolment no: | Year of registration | Year of completion/ award |
|------|------------------------|----------------------|---------------------------|
| | | | |
| | | | |

4. Details of Programmes/ Courses coordinated/ written/ edited/ translated (if applicable):

| SN o. | Programme | Course | Unit (print)/ Audio/Video/ eSLM | Coordinated/Written / Edited (content/ language/ format)/ Translated | Period |
|-------|-----------|--------|---------------------------------------|---|--------|
|-------|-----------|--------|---------------------------------------|---|--------|

5. Training programmes designed and conducted, duration and dates

| SNo. | Programme | Dates | Place | Number of Participants |
|------|---|--|--------------------------|--------------------------------|
| 1 | Coordinators' Meeting | 06th and 7th Feb 1997 | Jaipur | RC Jaipur |
| 2 | Coordinators' Meeting | 15.10.1997 | Jaipur | RC Jaipur |
| 3 | Orientation of Academic Counselors-BDP/CIC - RC Jaipur | April 1998 | Lachmangarh One day | RC Jaipur |
| 4 | Orientation of Academic Counselors-PGDMCH - RC Jaipur | 24.08.1998 | Ajmer One day | RC Jaipur |
| 5 | Coordinators' Meeting | 05.02.1999 | Jaipur | RC Jaipur |
| 6 | Orientation of Academic Counselors-B.Ed - RC Jaipur | 14.12.1999 to 16.12.1999 | Ajmer Three day | RC Jaipur |
| 7 | Orientation of Academic Counselors-AMT - RC Jaipur | 07.04.2000 and 08.04.2000 | Jaipur Two day | RC Jaipur |
| 8 | Orientation of Academic Counselors- BLIS/MLIS- RC Jaipur | 17.07.2000 and 18.07.2000 | Jaipur Two day | RC Jaipur |
| 9 | Coordinators Meeting for newly established SSC | 19.09.2000 | Jaipur | RC Jaipur |
| 10 | Orientation of Academic Counselors-PGDMCH - RC Bangalore | 12.04.2001 (For SDC AC) | One day at KIMS (LSC) | RC-Bangalore |
| 11 | Orientation of Academic Counselors-CLD, CWED & CPFM, by SOSS & RC Bangalore | 15 th and 16 th Feb. 2001 | RC-Bangalore | RC-Bangalore |
| 12 | Orientation of Academic Counselors-BCOM, by SOMS & RC- Bangalore | 20 th and 21 st Feb. 2001 | RC-Bangalore | RC-Bangalore, Cochin & Pune |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|---|--------------|--|
| 13 | Coordinators' Meeting (Local) | 18.07.2001 | RC-Bangalore | RC-Bangalore |
| 14 | Orientation of Academic Counselors-BLIS & MLIS, by SOSS & RC-Bangalore | 30 th and 31 st July 2001 | RC-Bangalore | RC-Bangalore, Chennai, Cochin & Pune |
| 15 | Orientation of Academic Counselors-MP, by SOMS & RC-Bangalore | 10 th and 11 th Oct. 2001 | RC-Bangalore | RC-Bangalore, Chennai, Cochin & Hyderabad |
| 16 | Coordinators' Meeting | 17.10.2001 | RC-Bangalore | RC-Bangalore |
| 17 | Coordinators' Meeting | 24th and 25th January 2002 | Bagalkot LSC | RC-Bangalore |
| 18 | Orientation of Academic Counselors-MEG, by SOH & RC-Bangalore | 8th and 9th Feb. 2002 | RC-Bangalore | RC-Bangalore, Chennai, Cochin & Hyderabad |
| 19 | Orientation of Academic Counselors-CAFE, by SOCE & RC-Bangalore | 4th and 5th April 2002 | RC-Bangalore | RC-Bangalore, Bhubaneshwar, Hyderabad & Jaipur |
| 20 | Orientation of Academic Counselors-MEG, by SOH& RC-Bangalore | 7th & 8th March 2003 | RC-Bangalore | RC-Bangalore, Hyderabad & Pune |
| 21 | Orientation Programme for Academic Counselors of B.Sc Nursing by SOHS & RC-Bangalore | 2005 | RC-Bangalore | RC-Bangalore |
| 22 | Orientation Programme for Academic Counselors of MSCDFSM by SOCE& RC-Bangalore | 2006 | RC-Bangalore | RC-Bangalore |
| 23 | Orientation Programme for Academic Counselors of Chennai, Cochin and Bangalore BY RC-Bangalore | 2008 | RC-Bangalore | RC-Bangalore |
| 24 | Orientation Programme for Functionaries of newly established BEd PSC | 22.12.2008 | RC-Chennai | RC-Chennai |
| 25 | Coordinators' meeting | 2012 | RC Bijapur | RC Bijapur |
| 26 | Orientation Programme for Academic Counsellors | 9 th and 10th March 2013 | RC Bijapur | RC Bijapur |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|--|--------------------------|--|
| 27 | Coordinators' meeting | 2 nd and 3 rd March 2015 | RC Chennai | 35 |
| 28 | Coordinators' meeting | 1 st July 2016 | RC Chennai | 35 |
| 29 | Orientation Programme for MAPC Academic Counsellors of Chennai, Madurai, Cochin Regional Centres at 2566 | | RC Chennai | Chennai |
| 30 | Orientation of Exam Centre Superintendents for June 2018 TEE by RC Cochin | 29 th May, 2018 | RC-Cochin (Face to Face) | All Exam Centre Superintendents of RC Cochin =11 |
| 31 | Orientation of Academic Counselors by RC Cochin | 6 th June, 2018 | RC-Cochin (Face to Face) | Academic Counselors of all LSC under RC Cochin =10 |
| 32 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 12 th September, 2018 | RC-Cochin (Face to Face) | Coordinators/PIC of all LSC under RC Cochin =29 |
| 33 | Orientation of Academic Counselors of newly established LSC 14184 by RC Cochin | 15 th September, 2018 | RC-Cochin (Face to Face) | Academic Counselors of LSC 14184 under RC Cochin =15 |
| 34 | Orientation of Academic Counselors of newly established LSC 14185 by RC Cochin | 28 th September, 2018 | RC-Cochin (Face to Face) | Academic Counselors of LSC 14185 under RC Cochin =13 |
| 35 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 23 rd November, 2018 | RC-Cochin (Face to Face) | Coordinators/ PIC of all LSC under RC Cochin =21 |
| 36 | Orientation of Exam Centre Superintendents for December 2018 TEE by RC Cochin | 23 rd November, 2018 | RC-Cochin (Face to Face) | All Exam Centre Superintendents of RC Cochin =9 |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|---------------------------------|--------------------------|--|
| 37 | Orientation of Academic Counselors by RC Cochin | 26 th February, 2019 | RC-Cochin (Face to Face) | Academic Counselors of all LSC under RC Cochin =41 |
| 38 | Orientation of Part Time Staff of LSC under RC Cochin by RC Cochin | 27 th February, 2019 | RC-Cochin (Face to Face) | Part Time Staff of all LSC under RC Cochin =25 |
| 39 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 28 th February, 2019 | RC-Cochin (Face to Face) | Coordinators/ PIC of all LSC under RC Cochin =21 |
| 40 | Orientation of Academic Counselors by RC Cochin | 5 th March, 2019 | RC-Cochin (Face to Face) | Academic Counselors of all LSC (except LSC in Ernakulam) under RC Cochin =32 |
| 41 | Orientation of Part Time Staff of LSC under RC Cochin in CBCS by RC Cochin | 16 th May, 2019 | RC-Cochin (Face to Face) | Part Time Staff of all LSC under RC Cochin =21 |
| 42 | Orientation of Exam Centre Superintendents for June 2019 TEE by RC Cochin | 29 th May ,2019 | RC-Cochin (Face to Face) | All Exam Centre Superintendents of RC Cochin =13 |
| 43 | Orientation for Part Time Staff of LSC under RC Cochin- Training of Online Empanelment of Academic Counselors as per CBCS requirement by RC Cochin | 11 th July, 2019 | RC-Cochin (Face to Face) | Part Time Staff of all LSC under RC Cochin =22 |
| 44 | Orientation of Academic Counselors by RC Cochin | 17 th July, 2019 | RC-Cochin (Face to Face) | Academic Counselors of all LSC under RC Cochin =43 |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|----------------------------------|--------------------------|--|
| 45 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 18 th July, 2019 | RC-Cochin (Face to Face) | Coordinators/ PIC of all LSC under RC Cochin =21 |
| 46 | Orientation of Newly Appointed Academic Counselors and Part Time Staff under RC Cochin by RC Cochin | 18 th September, 2019 | RC-Cochin (Face to Face) | Academic Counselors and Part Time Staff of all LSC under RC Cochin =20 (Academic Counselors) =6 (Part-Time Staff) |
| 47 | Orientation of Academic Counselors of newly established LSC 14187 by RC Cochin | 25 th October, 2019 | RC-Cochin (Face to Face) | Academic Counselors of LSC 14187 under RC Cochin =43 |
| 48 | Orientation of Exam Centre Superintendents for December 2019 TEE by RC Cochin | 27 th November, 2019 | RC-Cochin (Face to Face) | All Exam Centre Superintendents of RC Cochin = 15 |
| 49 | Orientation of Part Time Staff of LSC under RC Cochin by RC Cochin | 28 th February, 2020 | RC-Cochin (Face to Face) | Part Time Staff of all LSC under RC Cochin =44 |
| 50 | Orientation for Coordinators/PIC of LSC under RC Cochin- sustenance of LSC fuctioning during Lock Down period by RC Cochin | 7 th July, 2020 | RC-Cochin (Virtual) | Coordinators/ PIC of all LSC under RC Cochin =32 |
| 51 | Orientation of Exam Centre Superintendents for June 2020 TEE by RC Cochin | 14 th September, 2020 | RC-Cochin (Virtual) | All Exam Centre Superintendents of RC Cochin =29 |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|----------------------------------|---------------------|--|
| 52 | Orientation of Academic Counselors- Online Counseling and Evaluatuion Strategies by RC Cochin | 11 th Septmeber, 2020 | RC-Cochin (Virtual) | Academic Counselors of all LSC under RC Cochin =225 |
| 53 | Orientation of Part Time Staff of LSC under RC Cochin- Maintenance of LSC records under NAAC requirements by RC Cochin | 20 th November,2020 | RC-Cochin (Virtual) | Part Time Staff of all LSC under RC Cochin =67 |
| 54 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 24 th November, 2020 | RC-Cochin (Virtual) | Coordinators/ PIC of all LSC under RC Cochin =25 |
| 55 | Orientation of Exam Centre Superintendents for December 2020 TEE by RC Cochin | 3 rd February,2021 | RC-Cochin (Virtual) | All Exam Centre Superintendents of RC Cochin =14 |
| 56 | Orientation for Part-time Staff of LSC under RC Cochin by RC Cochin | 18 th March, 2021 | RC-Cochin (Virtual) | Part-time staff of all LSC under RC Cochin =29 |
| 57 | Orientation for Newly empanelled Academic Counselor of MSCMACS LSC 1402 under RC Cochin by RC Cochin | 30 th March, 2021 | RC-Cochin (Virtual) | Newly empanelled Academic Counsellors of MSCMACS =15 |
| 58 | Orientation for all Academic Counselor of BA Psychology of LSC 14000 under RC Cochin by RC Cochin | 18 th June,2021 | RC-Cochin (Virtual) | Empanelled Academic Counsellors of BAPC =4 |
| 59 | Orientation of Academic Counselors of LSC 14170 by RC Cochin | 19 th July,2021 | RC-Cochin (Virtual) | Academic Counselors of LSC 14170 under RC Cochin =30 |

| SNo. | Programme | Dates | Place | Number of Participants |
|------|--|---------------------------------|---------------------|--|
| 60 | Orientation of Exam Centre Superintendents for June 2021 TEE by RC Cochin | 30 th July ,2021 | RC-Cochin (Virtual) | All Exam Centre Superintendents of RC Cochin =17 |
| 61 | Orientation of Part Time Staff of LSC 14181under RC Cochin by RC Cochin-guidelines on administrative and financial matters | 24 th September,2021 | RC-Cochin (Virtual) | Part Time Staff of LSC 14181 under RC Cochin =15 |
| 62 | Orientation for Coordinators/PIC of LSC under RC Cochin by RC Cochin | 21 st July, 2021 | RC-Cochin (Virtual) | Coordinators/ PIC of all LSC under RC Cochin =40 |

6. Details of Counselling sessions conducted:

| SNo. | Programme | Course | Place | Dates | Duration | Mode (Specify-Face to Face Radio counselling Teleconferencing Web conferencing Any Other) |
|------|-----------|---------|--|-------------------------------------|----------------------|---|
| 1 | PGDHE | MES 106 | Virtual through Regional Centre Trivandrum | 23.07.2021 2.00 PM TO 3.30 PM | One and a half hours | Virtual ECP |
| 2 | PGDHE | MES 106 | Virtual through Regional Centre Cochin | 21.11.2021 11.30 AM TO 1 PM | One and a half hours | Virtual ECP |

7. Details of Patents granted (if any): Not yet

8. Contribution to IGNOU's corporate life:

| S.No. | Chairperson/ Member of Committee | Name of the Committee | Date/ period |
|-------|--|---|---------------------------------|
| 1 | Member | Local Purchase Committee, IGNOU Regional Evaluation Centre, Cochin | 19.07.2023 (AN) till date |
| 2 | Chairperson | Local Purchase Committee, IGNOU Regional Centre, Cochin | 13.04.2018 till date |
| 3 | Member | Consultative Committee for discussions on "National Education Policy with regard to ODL and Online Courses". | 19.05.2015 and 22.09.2015 |
| 4 | Chairperson | Local Purchase Committee, IGNOU Regional Centre, Bijapur | 13.10.2011 To 06.01.2013 |

9. Administrative position/s held in the University (even as in charge)

| S.No. | Designation | Period |
|-------|--|-----------------------------|
| 1 | Senior Regional Director IGNOU Regional Centre , Cochin (RC14) Kerala Also holding the Charge of Regional Evaluation Centre (REC) Kochi from AN of 19.07.2023 | 13.04.2018 till date |
| 2 | Deputy Director IGNOU Regional Centre , Chennai (RC25) Tamil Nadu <small>Designated as Senior Regional Director w.e.f 05.01.2013 vide Office Order No.42 dated 27.01.2022 in the Academic Level 14 Stage 5 Rs. 144200 - Rs. 2182000 (pre-revised 6th CPC Pay Band IV of Rs. 37400-67600 with AGP of Rs.10000/-)</small> | 01.08.2014 to 02.04.2018 |
| 3 | Regional Director I/c IGNOU Regional Centre , Chennai (RC25) Tamil Nadu <small>Designated as Senior Regional Director w.e.f 05.01.2013 vide Office Order No.42 dated 27.01.2022 in the Academic Level 14 Stage 5 Rs. 144200 - Rs. 2182000 (pre-revised 6th CPC Pay Band IV of Rs. 37400-67600 with AGP of Rs.10000/-)</small> | 03.07.2014 to 31.07.2014 |

| S.No. | Designation | Period |
|-------|--|-----------------------------|
| 4 | Deputy Director IGNOU Regional Centre , Bijapur (RC85) Karnataka <small>Designated as Senior Regional Director w.e.f 05.01.2013 vide Office Order No.42 dated 27.01.2022 in the Academic Level 14 Stage 5 Rs. 144200 - Rs. 2182000 (pre-revised 6th CPC Pay Band IV of Rs. 37400-67600 with AGP of Rs.10000/-)</small> | 06.01.2013 to 02.07.2014 |
| 5 | Regional Director I/c (but posted as Deputy Director) IGNOU Regional Centre , Bijapur (RC85) Karnataka <u>First employee of Bijapur Regional Centre;</u> <u>Was responsible to make the Bijapur Regional Centre functional</u> <small>Designated as Senior Regional Director w.e.f 05.01.2013 vide Office Order No.42 dated 27.01.2022 in the Academic Level 14 Stage 5 Rs. 144200 - Rs. 2182000 (pre-revised 6th CPC Pay Band IV of Rs. 37400-67600 with AGP of Rs.10000/-)</small> | 12.07.2011 to 06.01.2013 |
| 6 | Deputy Director IGNOU Regional Centre , Chennai (RC25) Tamil Nadu | 17.12.2008 to 01.07.2011 |
| 7 | Assistant Regional Director (Selection Grade) IGNOU Regional Centre Chennai (RC25) Tamil Nadu | 06.01.2007 to 16.12.2008 |
| 8 | Assistant Regional Director (Senior Scale) IGNOU Regional Centre , Chennai (RC25) Tamil Nadu | 01.08.2006 to 05.01.2007 |
| 9 | Assistant Regional Director (Senior Scale) IGNOU Regional Centre , Bangalore (RC13) Karnataka | 06.01.2002 to 31.07.2006 |
| 10 | Assistant Regional Director IGNOU Regional Centre , Bangalore (RC13) Karnataka | 26.09.2000 to 05.01.2006 |
| 11 | Assistant Regional Director IGNOU Regional Centre, Jaipur (RC23) Rajasthan | 06.01.1997 to 22.09.2000 |

10. Any other contribution/information

10.1 Life member of
1. Indian Dietetic Association (IDA)
2. Nutrition Society of India (NSI)
3. Indian Distance Education Association (IDEA)
4. Association of Food Scientist and Technologist [India] (AFSTI)

10.2 Associated Editor for Research in Distance Education (RIDE), IDEA-SDLCE KAKATIYA Journal

10.3 Academic Council Member for Queen Mary's College (Autonomous) Chennai from August 2022 to August 2024

10.4 Successfully completed the Online Training programme conducted by National Centre for Innovation in Distance Education (NCIDE), IGNOU on "Use of OER for Teaching and Learning" held during October 9-15, 2018

10.5 Facilitated the Evaluation of the answer Script for the B.Ed Programme of the TEE Dec2007 at Regional Centre, Chennai

10.6 Involved in the preparation of handmade charts, collages and Models on DLS in general and IGNOU in particular during Exhibition at Regional Centre from 1997 to 2006

10.7 Contributed Cartoon Strips for GLIMPSES till 2003 published by Shillong IGNOU Regional Centre

10.8 Have undergone a spoken Japanese course in 1996

10.9 Have passed the National Level Test for Eligibility for Lectureship (Master's Level) in the subject Home Science conducted by University Grants Commission (UGC) in 1993

10.10 Good at bouquet making, interior decoration and making handmade exhibits/charts

10.11 Good in speech writing

10.12 Have undergone a self-study in Presentation techniques

10.13 Have undergone a self-study in Report Writing

10.14 Have undergone a self-study in Translation techniques (English to Tamil/Tamil to English)

10.15 Nominated as Class Representative in College (B.Sc to M.Phil)

10.16. Have completed the following SWAYAM Programme MOOC with e-certification

| S. No . | Details of MOOC | Subject | Certification providing agency | Date of certification | Level (UG/PG/ Other) |
|---------|--|--|--------------------------------|---|--|
| 1 | Environmental Sustainability Course (Non Credit) Programme | Environmental Sustainability | IGNOU Regional Centre, Cochin | 26.11.2018 Nov 2018 | Non Credit |
| 2 | Communication Technologies in Education | Teacher Education | University of Mumbai CEC | 22.05.2019 May 2019 | 4 Credit Level PG |
| 3 | Developing Soft Skills and Personality | Humanities and Social Sciences | IIT Kanpur NPTEL course | Aug-Oct 2019 26 Aug 2019 to 18 Oct 2019 8 Week | Elective Humanities and Social Sciences 2 Credit Level UG |
| 4 | Development of Self Learning material | Teacher Education/continuing Education | NITTR, Chandigarh | 29.09.2020 24 Feb to 17 Apr 2020 8 Week | Course type Not Applicable 2 Credit Continuing Education |
| 5 | Student Psychology | Teacher Education/continuing Education | NITTR Chennai | 20 July 2020 to 30 Nov 2020 8 Week Course type Elective | Elective Continuing Education 3 Credit |

| S. No . | Details of MOOC | Subject | Certification providing agency | Date of certification | Level (UG/PG/ Other) |
|----------------|---|---|---------------------------------------|--|-------------------------------|
| 6 | Awareness Programme on Solar Water Pumping System | Agricultural and Food Engineering | IGNOU | 01 July 2020 to 30 July 2020 4 Week | Course type Core Level UG |
| 7 | Designing Learner-Centric MOOCs | Multidisciplinary Faculty Domain advanced | IIT Bombay | Jan to Feb 2021 4 Week | Elective PG 1 Credit |
| 8 | Enhancing Soft Skills and Personality | Humanities and Social Sciences | IIT Kanpur | Feb to April 15 Feb 2021 to 24 April 2021 | Elective 2 Credit UG/PG |
| 9 | Gender justice and workplace security | Management Studies | IIT Kharagpur | Aug to Sept 2021 | Elective 1 Credit UG |
| 10 | Leadership | Management Studies | IIT Kharagpur | 24.01.22 To 18.02.22 | 1 Credit UG/PG |
| 11 | Body language:Key to professional Success | Humanities and Social Sciences | IIT Roorkee | Aug to Sep 2022 4 Week | 1 or 2 Credit |

| S. No . | Details of MOOC | Subject | Certification providing agency | Date of certification | Level (UG/PG/ Other) |
|----------------|--|--|---------------------------------------|---|--|
| 12 | Talent Acquisition and Management | Management Studies | IIT Roorkee | 23 Jan to 14 April 2023 12 Week | Core UG/PG |
| 13 | Training of Trainers | Management Studies | IIT Roorkee | 24.07.23 To 13.10.23 | 3 Credit UG/PG |
| 14 | Emotional Intelligence | Humanities and Social Sciences | IIT Kharagpur | 22.01.24 to 15.03.24 | 2 Credit UG/PG |
| 15 | Stress Management | Humanities and Social Sciences | IIT Kharagpur | 19.08.24 to 13.09.2024 | 1 Credit UG/PG |
| 16 | Academic Leadership in Cross cultural Context of Higher Education Institutions | Teacher Education/continuing Education | NITTTR Chennai | Jan 2025 to May 2025 8 Week Course type Elective | Elective Continuing Education 3 Credit |

10.17. Details of refresher/orientation course/research methodology/workshop/syllabus up-gradation/ teaching learning-evaluation/technology programmes/Faculty Development Programme

| S.No. | Details | Place | Period | | Sponsoring/ Organising Agency |
|-------|--|-----------|------------|------------|--|
| | | | From | To | |
| 1 | Refresher Programme in Distance Education | New Delhi | 07.01.2008 | 25.01.2008 | Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi |
| 2 | Pre-Conference workshop "Research in Distance and Online Learning" | Guwahati | 13.11.2008 | | Under the banner of Indian Distance Education Association (IDEA) Organised by Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi sponsored by KK Handique State Open University, Guwahati and in Collaboration with Institute of Distance and Open Learning, Gauhati University, Directorate of Distance Education, Dibrugarh University |
| 3 | Post-Conference workshop "Developing Study Skills and Communication Skills in Distance Learners of the North-East Region of India" | Guwahati | 17.11.2008 | | Indian Distance Education Association (IDEA) Organised by Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi sponsored by EDNERU, IGNOU in Collaboration with Institute of Distance and Open Learning, Gauhati University, KK Handique State Open University, Guwahati |

| S.No. | Details | Place | Period | | Sponsoring/ Organising Agency |
|-------|--|--------------------|------------|------------|---|
| | | | From | To | |
| 4 | Workshop (Pre-Conference) for the Sixth Pan Commonwealth Forum (PCF6) on E Learning Skills | Kochi (Kerala) | 24.11.2010 | | School of Computer and Information Sciences (SOCIS), IGNOU, New Delhi |
| 5 | Workshop on Research Methodology | Bijapur, Karnataka | 12.11.2011 | | BLDEA's ASP College of Commerce, Bijapur, Karnataka |
| 6 | Workshop on Choice Based Credit System (CBCS) (As Resource person) | Hyderabad | 28.07.2016 | 29.07.2016 | ICSSR Sponsored National Workshop organised jointly by Prof. G.Ram Reddy Research Academy for Distance Education (GRADE), Dr. B.R.Ambedkar Open University (Dr.BRAOU) and the Telengana State Council for Education (TSCHE) |
| 7 | Training Programme on Imparting Distance Education: Techniques, Prospects and Challenges (As Resource person) | Annamalai Nagar | 06.10.2016 | 07.10.2016 | Directorate of distance Education, Political Science and Public Adminstration Wing, annamalai University, Annamalai Nagar, Tamil Nadu |

| S.No. | Details | Place | Period | | Sponsoring/ Organising Agency |
|-------|--|---|------------|------------|--|
| | | | From | To | |
| 8 | National Symposium on frontiers in Home Science and its applications | Chennai | 16.02.2018 | | Department of Home Science, Centre for Nutrition-Counseling, Research and Extension Activities and Nutritional Science Club, Women's Christian College |
| 9 | Online Training Programme on "Use of OER for Teaching and Learning" | Virtual through Open Learning | 09.10.2018 | 15.10.2018 | National Council for Innovation in Distance Education (NCIDE), IGNOU, New Delhi |
| 10 | "Use of ICT Tools for Teaching and Providing Online Support to Students during COVID-19" | Virtual Google Meet organised by SOCIS | 28.05.2020 | 29.05.2020 | School of Computer and Information Sciences (SOCIS), IGNOU, New Delhi |
| 11 | Faculty Development Programme 'ICT enabled Research during the COVID Pandemic' | Virtual Google Meet organized by STRIDE | 17.08.2020 | 21.08.2020 | Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi |
| 12 | Introduction to Statistical Analysis | Virtual through MOOKIT | 01.05.2021 | 10.06.2021 | Commonwealth Educational Media Centre for Asia (CEMCA) and Kalinga Institute of Social Science (KISS) |

| S.No. | Details | Place | Period | | Sponsoring/ Organising Agency |
|-------|--|---|------------|------------|--|
| | | | From | To | |
| 13 | FDP/Workshop on Research in Distance and Online learning | Virtual Google Meet organized by STRIDE | 07.10.2021 | 13.10.2021 | Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi |
| 14 | Training cum Workshop on "NEP2020: Persons with Disabilities and Educational Opportunities" | Virtual Google Meet organized by STRIDE | 14.03.2022 | 16.03.2022 | Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi |
| 15 | UGC-Approved Short-Term Professional Development Programme STP on 'Research in Distance and Online Learning' | Virtual Google Meet organized by STRIDE | 14.07.2022 | 21.07.2022 | Staff Training and Research in Distance Education (STRIDE), IGNOU, New Delhi |

10.18. Educational Qualifications

- B.Sc Nutrition and Dietetics
- B.Com Bachelor in Commerce
- Post Graduate Diploma in Distance Education (PGDDE)
- Post Graduate Diploma in Higher Education (PGDHE)
- Theory of Music (Grade IV)
- Pianoforte (Grade III)
- M.Sc Foods and Nutrition
- M.A Public Administration
- Master of Arts in Distance Education (MADE)
- M.Phil Foods and Nutrition
- Ph.D Education

10.19. Title of the Thesis for the Research Degree

| S.No | Name of the Degree | Title of the Thesis |
|------|---|--|
| 1. | Ph.D | A Study on the Distance Teaching Institute (DTI) in the Capital City of the State of Tamil Nadu and its impact On Higher Education and Learners |
| 2. | Master of Arts in Distance Education (MADE) | A comparative Study of the Learning Encounters of the Indian Female Learners belonging to Distance Learning System and Conventional Learning System |
| 3. | Master of Philosophy (M.Phil) | Individual Counseling and Group Counseling in Newly Detected Diabetics-A comparative Study |
| 4. | Master of Science (M.Sc) | Blood and Urine sugar levels of diabetics and non-diabetic controls given guar gum (viscous fiber) along with and before a meal |
| 5. | Post Graduate Diploma in Higher Education (PGDHE) | A Case-Study of the Successful learners at a Second-tier administrative set-up (Regional Centre) of IGNOU as an indicator of Student enrolment, retention and multiple exits |

Signature of Teacher /Academic