

Dr.Sindhu P Nair Name: 13-08-1974 **Date of Birth** 29.1.2001 Date of Joining in IGNOU: **Regional Director Current Designation** : Rs.37400-67000/- AGP Rs.10,000/-Pay Scale as on date : B.Tech, MBA (Master of Business Administration) **Highest Educational** PGDDE(Post Graduate Diploma in Distance Education) **Qualifications &** Ph.D (Management Studies) Discipline : PGDHEM (Post Graduate Diploma in Higher Education Management), M.Com (Master of Commerce), NET (Management)

1. Details of the Teacher/ Academic :

2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:

Name of the recipient	Honour /Award/ Fellowship name/ membership of Professional body/ Statutory body	Agency name /Name of statutory body/ institution/ Apex body	Period
Sindhu P Nair	Award for best Online Course - Certificate Programme in Environmental Sustainability, MOOC on SWAYAM Platform	IGNOU	Year 2020
Sindhu P Nair	National Faculty of MOOCS	SWAYAM Platform of MHRD	October 2018 onwards
Sindhu P Nair	Life Member of All India Management Association (AIMA)	All India Management Association (AIMA	Life Member
Sindhu P Nair	Membership in Institute of Directors (IOD)	Institute of Directors (IOD)	2014

3. Books/Book Chapter:

• Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN No

SNo.	Name of Author1/ Editor 1, & Co- author (s) / Co- editor (s) (if any)	Title of chapter/book	Place of publicatio n	Publisher	Year	Total Pages	ISBN No.
1	Sindhu P Nair (Contributed content/ chapter	Manual for Learner Support Centres	Delhi	IGNOU, RSD	2018	Manual total pages is 266	ISBN 978-93- 87960-38-1



	towards the						
	Manual)						
2	Sindhu P Nair (Co-Author) along with M. Rajesh, V.T. Jalajakumari	Integrating Digital Learning Management System (LMS) into Institutional Policies on Open Education in India for the Attainment of Sustainable Development Goals (SGDs), in book titled 'Optimizing Open and Distance Learning in Higher Education Institutions	USA	IGI Global	2018	21 page	ISBN:978152252 6254
3	Sindhu P Nair (Co-Author) along with. M.Rajesh	An Interdisciplinary Approach to Open and Distance Learning	Punjab, India	Rigi Publication	2017	108 pages	ISBN 978-93- 84314-87-3
4	Sindhu P Nair (Co-Author). along with M.Rajesh	Touching the Untouched through ODL in a Decade of Flux	Punjab, India	Rigi Publication	2017	70 pages	ISBN: 978-93- 86447-09-08
5	Sindhu P Nair (Author)	Retailing in India - Current Trends and Challenges, in book titled Retailing- Emerging Trends and Challenges	New Delhi, India	Dominant Publishers	2015	6 pages	ISBN: 978-93- 84161-70-5
6	Sindhu P Nair (Author)	Mobile Banking in India - Current Trends and Prospects in book titled The Contours of Indian Banking	Madurai, India	Shanlax Publications	2014	7 pages	ISBN - 7-978- 93-80657-52-3
7	Sindhu P Nair (Author)	A Study on Consumer Ethnocentrism and consumer preferences towards foreign Vs domestic brands in book titled Emerging Trends in Marketing	New Delhi, India	Excel Publishers	2013	9 pages	ISBN: 978-93- 82880-59-2
8	Sindhu P Nair (Author)	Silverline in the Greying World: Social Interventions through Lifelong learning for the Elderly in book titled "Revealing Social	New Delhi, India	Mittal Publications	2022	11 pages	ISBN: 978-93- 94569-35-5



Vulnerability:			
People, Places			
and Resilience"			

4. Research Articles/Publications:

SNo.	Author/ Co- author (if any)	Title	Name of Journal	Volume	page no. (s)	Year	ISSN No
1	Sindhu P Nair (Author)	Caregivers of Alzheimers - Managerial Issues and Challenges	SCMS Journal of Indian Management	Volume XIV No, 2	30-35	2017	ISSN No. 0973- 3167.
2	Sindhu P Nair (Co-Author) along with M. Rajesh, V.T. Jalajakumari	Technological Interventions in Open and Distance Learning System: A Case Study of Brittle Bone Disease Learners in Kerala	Indian Journal of Open Learning (IJOL)	Volume 25 No.3	165- 186	2016	IBSN 0971- 2690
3	Sindhu P Nair (Author)	Towards Understanding the Successful Learner: A Case Study Of IGNOU,	Turkish Journal Of Distance Education	Volume: 13 No.2	322- 335	2012	ISSN: 1302- 6488`
4	Sindhu P Nair (Co-author) along with M.Rajesh	Indian School Teachers' Perspective On Globalisation Of Education- A Case Study Of Atomic Energy Education Society School Teachers	Turkish Journal Of Distance Education	Volume: 10 No.4	12-26	2009	ISSN: 1302- 6488
5	Sindhu P Nair (Co-Author) along with M.Rajesh	Ranking Of Higher Education Institutions- The Webometrics Way: Issues, Prospects And Challenges	Universite Ve Toplum	Volume 8, No.2	1-7	2008	
6	Sindhu P Nair (Co-Author) along with M.Rajesh	Developing Programmes For The Society: A Case Study Of IGNOU	Edutracks	Volume: 7 No.12	33-36	2008	ISSN: 0972- 9844

5. Policy Documents Reports/ Mimeos:

SNo.	Title	Institution/ Agency	Year
1	IGNOU RC Profile/ IGNOU RC Annual Report/ Newsletters	IGNOU	Various years
2	IGNOU Manual for Learner Support Centres	IGNOU	2018

6. MOOCs/ eSLMs/ eModules developed :

SNo.	Author/ Co-author	Title	Credits	Level	Host	Year	Weblink
	(if any)				Portal:		



					(SWAYA M/ NPTEL/ NMEICT/ ePG Pathshala/ Any Other)		
1	Co-Author along with other members for MOOC Certificate Course in Environmental Sustainability, along with Dr.M.Rajesh, RD (Course Coordinator), Dr.V.T.Jalajakuma ri, ARD, Dr.Praseetha Unnikrishnan, AD	MOOC Certificate Course in Environmen tal Sustainabilit Y	4	Certifica te MOOC	SWAYAM	Year 2018 onwards Course is on offer	https://s wayam.g ov.in/

7. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops (Please do not mention if it is only participation without presentation)

SN	Author/ Co author	Title of presentation,	Name Organizing institute	Conference	City	Date and Year
0.	(if any)	/Talk/Lecture	Institute			1 cai
1	Sindhu P Nair (Paper presentation in International Workshop)	Teaching Arabic in a Digital World	School of Foreign Languages (SOFL), IGNOU	International Workshop	Online	26.1.2024 - 27.1.2024
2	Sindhu P Nair (Chaired the Session)	Workshop on Reimagining Teaching and Learning of Arabic in ODL/ Online Mode	School of Foreign Languages (SOFL), IGNOU	International Workshop	Online	26.1.2024 - 27.1.2024
3	Sindhu P Nair (Invited lecture at UGC HRDC centre)	Technological Interventions in Higher Education – MOOCs through SWAYAM framework	UGC-HRDC, Kannur University,Kannur	Orientation Programme for College and University Teachers	Kannur	25.1.2019, Year 2019
4	Sindhu P Nair (Paper presentation in International Conference)	Role of Consumers in Environment Sustainability in the context of Sustainable Development Goals	School of Tourism Studies, Mahatma Gandhi University- India, University of Wisconsin - Parkside Wisconsin (Kenosha), USA & Ostfalia	International Conference on Sustainable Globalization	Cochin	10.1.2019 Year 2019



			University of Applied			
			Sciences, Germany			
5	Sindhu P Nair (Invited lecture at UGC HRDC centre)	Technological Interventions in Higher Education – MOOCs through SWAYAM framework	UGC-HRDC, Kannur University,Kannur	Orientation Programme for College and University Teachers	Kannur	26.11.2018 Year 2018
6	Sindhu P Nair (Invited lecture at UGC HRDC centre)	Technological Interventions in Higher Education - the coming of MOOCs	UGC-HRDC, Kannur University,Kannur	Orientation Programme for College and University Teachers	Kannur	29.6.2018, Year 2018
7	Sindhu P Nair (Invited lecture at UGC HRDC centre)	Technological Interventions in Higher Education - the coming of MOOCs	UGC-HRDC, Kannur University,Kannur	Orientation Programme for College and University Teachers	Kannur	12.3.2018, Year 2018
8	Sindhu P Nair (Paper submitted jointly and paper presented in International Conference)	Learning At Third Age: Some Insights	Geriatric and Gerontological Challenges, Indian Medical Association (Cochin Chapter), HelpAge India, and SCMS Group of Educational Institutions	Third International Conference on Aging Well- Gerontological & Geriatric Challenges, (ICAW 2018)	Cochin.	13.1.2018 Year 2018
9	Sindhu P Nair (Chair in National Seminar)	Session Chair	KNM Government College	DCE, Govt. Of Kerala sponsored National Seminar on Social Interventions for Quality Care in Later Life	Trivandrum	5.1.2018 Year 2018
10	Sindhu P Nair (Key Note Address at National Seminar)	The Silverline in a Greying World : Social Interventions through Lifelong Learning	KNM Government College	DCE, Govt. Of Kerala sponsored National Seminar on Social Interventions for Quality Care in Later Life	Trivandrum	5.1.2018 Year 2018
11	Sindhu P Nair (Paper presented in National conference)	Digital Marketing in India - Challenges and Possibilities	Avinashilingam Institute for Home Science and Higher Education for Women	UGC Sponsored National conference on 'Digital India - Power to Empower'	Coimbatore	22.9.2017 Year 2017
12	Sindhu P Nair (Paper presented in National Seminar)	Delivering Digital learning Experience in ODL in an era of digital consumerism - Examining learner readiness and preferences	IGNOU	National Seminar on ICT Support for Inclusive Digital Learning	Delhi	21.4.2017 & 22.4.2017 Year 2017
13	Sindhu P Nair (Paper presented in	Marketing through use of technology- competencies and	School of Management Studies, CUSAT	National Conference on New	Cochin	20.4.2017 Year 2017



	National Conference)	concerns from a customer perspective		Paradigms in Business and Management (NCNPBM- 2017)		
14	Sindhu P Nair (Paper presented in International conference)	Who cares the caregiver? A Case Study on Managerial Issues and Challenges of Caregivers of Alzheimers in an Indian Context	SCMS Group of Institutions	International conference on 'Aging Well - Social and Managerial Challenges	Cochin	11.1.2017 - 13.1.2017 Year 2017
15	Sindhu P Nair (invited lecture at (KVS, body under MHRD)	Personality Development for Teachers	Kendriya Vidyalaya Sangathan (KVS, body under MHRD)	In-service course for Post Graduate Teachers	Cochin	22.5.2017 Year, 2017
16	Sindhu P Nair (Paper submitted jointly and presented by Co-author V.T.Jalajakumari)	Use of Open Education Resources (OERs) in India - Problems and Prospects'	International Seminar on Skill Development through ODeL: Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods	IGNOU	Delhi	9.3.2017 - 11.3.2017 Year 2017
17	Sindhu P Nair (Paper submitted jointly and presented in International Seminar)	Digital Learning Systems - An Inclusive Approach	DISHA Global Trust, India and Wawasan Open University, Penang, Malaysia. sponsored by ROER4D, Cape Town, South Africa and IDRC, Canada	Asian Seminar on Changing Higher Education scenario: Experience in Open Educational Practices	Cochin	5.11.2016 Year 2016
18	Sindhu P Nair (Paper Presentation in National Seminar)	Technological Interventions in Open and Distance Learning- A Case study of Brittle Bone Learners in Kerala	National Seminar on 'Open and Distance Learning in India: Present Status and Future Prospects'	IGNOU	New Delhi	29.9.2015 - 30.9.2015 Year 2015
19	Sindhu P Nair (Paper Presentation in International Conference),	MOOC in Indian Higher Education with specific reference to Open Universities - Prospects and Challenges	28th Annual Conference of the Asian Association of Open Universities (AAOU 2014)	Annual Conference of the Asian Association of Open Universities (AAOU)	HongKong, (Open University of HongKong, OUHK)	28.10.2014- 31.10.2014 Year 2014
20	Sindhu P Nair (Paper Presentation in National seminar)	Mobile Banking in India - Current Trends and Prospects,	National seminar on 'The contour of Indian Banking', College of Co- operation, Banking and Finance	Kerala Agriculture University,	Thrissur	23.10.2013- 24.10.2013 Year 2013
21	Sindhu P Nair (Paper Presentation in	Women Empowerment through Lifelong	International seminar on 'Revisiting Swami Vivekanada's Vision for	Dr. K. Sivadasan Pillai	Trivandrum	5.9.2013- 7.9.2013 Year 2013



	International Seminar)	learning - the case of IGNOU in Kerala,	Facing New Educational Challenges	Foundation for Educational Research and Development (SPFERD) and Global Health Care Publications		
22	Sindhu P Nair (Paper Presentation in International Conference)	Corporate Social Responsibility In Rural Markets- A Framework For Marketing To Rural Consumers	International conference on Corporate Social Responsibility In Rural Markets- A Framework For Marketing To Rural Consumers	Mahatma Gandhi University, Kerala	Kottayam	29.11.2010- 30.112010 Year 2010
23	Sindhu P Nair (Paper Presentation in International Conference	Relationship Management In ODL Systems: An Approach Towards Facilitating Access And Success In Learning'	Sixth Pan- Commonwealth Forum On Open Learning (PCF6) Conference	COL (Commonwealt h of Learning) & IGNOU	Cochin	24.11.2010- 28.11.2010 Year 2010.
24	Sindhu P Nair (Invited lecture at State University)	Self-Learning Material for Open and Distance Learning (ODL)	Workshop conducted for preparation of study materials for Distance Education	School of Distance Education, Kannur University	Kannur	27.3.2010 Year 2010

8. Consultancy assignment (if any):

SNo.	Organization/ agency	Cost, title of consultancy	Duration

9. Details of Institution/ Government/ Industry / own Institution Sponsored Research Projects (including Programme Evaluation) and Amount (Both completed and ongoing):

SNo.	Agency	Amount	Duration with dates	Status i.e. ongoing/ completed
1	MHRD, SWAYAM under National Coordinator - IGNOU. Sindhu P Nair, Co-Principal Investigator for MOOC SWAYAM course (along with Dr.M.Rajesh, PI, Dr.V.T. Jalajakumari, Co- Principal Investigator & Dr.Praseetha Unnikrishnan, Co-Principal Investigator)	 (own Institution is National Coordinator) Proposal for MOOC course development under MHRD SWAYAM submitted to NC, IGNOU by PI, was accepted, MOOC	Year 2018 onwards Course is on offer	Ongoing



		developed.		
2	Project on Computer Literacy for Jail Inmates of District Jail (was part of it - assigned task with regard to visiting for this project for assessing feasibility of project prior to approval.	Rs. 30,000/- Funded by District Jail, Ernakulam, Govt.of Kerala	2014-2015	Completed
3	IGNOU-AEES Project (Project Implementation by RC Cochin, was part of team organising it)	Rs. 177 lakhs (from Hqrs)	2007-2009	Completed
4	Soft Skills training project for IGNOU UG final year students (Coordinated and organised)	Own Institution sponsored Research Project/ programme. Rs. 2 lakhs, IGNOU Hqrs. sanctioned to RC on a project mode, with separate budget for the programme, based on proposal submitted from RC	2008 March (five days - Saturdays & Sundays)	Completed

10. Details of PhD and MPhil Scholars (including those awarded degree):

SNo.	Name enrolment no:	and	Year of registration	Year of completion/ award
1.			NIL	

11. Details of Programmes/ Courses coordinated/ written/ edited/ translated 9if applicable):

SNo.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited (content/ language/ format)/ Translated	Perio d
1	Post Graduate Diploma in Plantation Management (PGDPM)	MAM-01, MAM-02, MAM-03, MAM04, MAM05	54 units across four courses and a Project Handbook (Units - 54 No.s as per Programme Structure of PGDPM programme)	Entrusted as the Programme Coordinator for the Programme along with Dr.P.K.Jain, SOA. As part of it, undertaken Coordination, Editing (content/ language/ forma as the Programme Coordinator along with the team assigned for it)	2008, 2009
2	Post Graduate Diploma in Plantation Management (PGDPM)	MAM04	Introduction to Human Resource Management	Written	2009
3	MOOC on SWAYAM Platform - Certificate Programme in	Environment Friendly	11 Videos developed:	Written and edited the content	MOOC on offer



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Environmental Sustainabil	ty Technologies for Managing Our Environment Better	Module 1: Environment Friendly Technologies: Concept and Need	in SWAYA M since year 2018
		Module 2:A Consumer Behaviour perspective to Environment Sustainability	
		Module 3: Managing our environment for Sustainability: Solar Energy - Part I Module 4: Managing our environment for Sustainability: Solar Energy - Part II	
		Module 5:Managing our environment for Sustainability: Wind Energy	
		Module 6:Managing our environment for Sustainability: Geothermal, Hydro & Tidal Energy	
		Module 7: Sustainable Development and Environment Friendly Practices	
		Module 8:Waste Management for Sustainable Development	
		Module 9:Environment friendly practices and use of environment friendly products	



			Module 10:Live examples of Environment Friendly Technologies - Part I Module 11:Live examples of Environment Friendly Technologies - Part II		
4	MOOC on SWAYAM Platform – Technology of Fermented, Cheese, Ice-Cream And By- Products	Technology of Fermented, Cheese, Ice-Cream And By- Products	30 Videos comprising the MOOC Course was got translated after identification of subject and language experts	Coordinator for translation of the MOOC Course for SWAYAM	2020
5	MOOC on SWAYAM Platform – Awareness Programme on Solar Water Pumping System	Awareness Programme on Solar Water Pumping System	08 Videos comprising the MOOC Course was got translated after identification of subject and language experts	Coordinator for translation of the MOOC Course for SWAYAM	2020
6	Recording of videos for BMYLA135 Malayalam course – Online Course	Coordinated for the Recording of videos for BMYLA135 MIL Malayalam course – Online Course	Four Videos of the Course - Video recording in Malayalam was got undertaken after identification of the subject expert	Coordinated the preparation of video resources of BMYLA135 MIL Malayalam Online Course	2021

12. Training programmes designed and conducted, duration and dates

SNo.	Programme	Dates	Place	Number of Participants

13. Details of Counselling sessions conducted:

SNo.	Program	Course	Place	Dates	Duration	Mode (Specify-
	me					Face to Face
						Radio counselling
						Teleconferencing
						Web conferencing
						Any Other)



1	Soft Skills training project for IGNOU students (Coordinat ed the whole programme , along with kind guidance from Regional Director and team at RC,)	March 2008	IGNOU Cochin	8 students successfully completed the Soft Skills Training	1	Soft Skills training project for IGNOU students (Coordinated the whole programme, along with kind guidance from Regional Director and team at RC,)
2	Five days translation training cum workshop held at Regional Centre in association with SOITS (involved in conduct of programme along with Regional Centre team)	30 April - 2 May, 2010	IGNOU Cochin	Approx 30-40	2	Five days translation training cum workshop held at Regional Centre in association with SOITS (involved in conduct of programme along with Regional Centre team)
3	Three-Day Training Programme on 'Digital Content Authoring Technolog y and Use of Open Educationa l Resources (involved in conduct of programme along with Regional	30 April - 2 May, 2010.	IGNOU Cochin	Approx 20-25	3	Three-Day Training Programme on 'Digital Content Authoring Technology and Use of Open Educational Resources (involved in conduct of programme along with Regional Centre team)



	Centre team)					
4	Workshop/ Training in 'Research Methodolo gy and Data Analysis for MBA full time students (involved in conduct of programme along with Regional Centre team)	27-29 June 2011	IGNOU Cochin	Around 40	4	Workshop/Trainin g in 'Research Methodology and Data Analysis for MBA full time students (involved in conduct of programme along with Regional Centre team)
5	Routine Orientation Meetings for IGNOU LSC functionarie s organised	In various years	IGNOU Cochin	As per slated programme	5	Routine Orientation Meetings for IGNOU LSC functionaries organised

14. Details of Patents granted (if any): Nil15. Contribution to IGNOU's corporate life:

SNo.	Chairperson/	Name of the Committee	Date/ period
	Member of		
	Committee		
1	Member	RCCASH, RC	2019-22
2	Chairperson	RCCASH, RC	2013-2017 (4 years)
3	Member	Examination Committee of	2010/2011
		various Community	
		Colleges.	
4	Member	Purchase Committee	2015-2016, 2016-
			2017, 2017- March
			2018 (RC)
			2021 and 2022 (REC)
5	Member	Member of Administrative	2011-2012
		Committee RC for	
		administration related	
		matter	
6	Member	Innovation club of the	2017
		Regional Centre	
7	Nodal Officer	Innovation club of the	December 2018
		Regional Centre	onwards
8	Chairperson/	Of various committees at	September/ October



	Member	RC such as MelT Van/bus utilisation/ Unnath Bharat Abhiyan, Swatchhahta Hi Seva Drive, 150 th Birth Anniversary of Mahatma Gandhi etc.	2018 onwards
9	Convener/ organiser/ member of team of various meetings held at the Regional Centres	Expert Committee meetings, Orientation Programmes, Special programmes with Governmental Institutions/ bodies for promotion of programmes etc	During various years
10	Member	Of various academic bodies constituted at the Regional Centre by the Regional Director to discuss and finalise academic matters from time to time	During various years

16. Administrative	nosition/s held i	n the University	(even as in charge)
10. Aummistrative	position/s netu i	in the Oniversity	(even as in charge)

SNo.	Designation	Period
1	was entrusted charge as Regional Director (i/c), RC Cochin	16.09.2017 - 12.04.2018
2	Was entrusted charge as Head of REC Kochi	25.03.2019 to 23.06.2019 30.07.2021 (A/N) onwards till date

17. Any other contribution/information

- 1. Course on Certificate Programme in Environmental Sustainability, offered on SWAYAM Platform.
- 2. Undertaken coordination of translation work for two SWAYAM Courses during year 2020 and BMYLA135 course in year 2021.
- 3. Developed (along with RC colleagues) a MOODLE based Learner Management System, tested in providing learning solutions to differently challenge learners in year 2015.
- 4. Developed video as a motivational resource for learning for distance learners focusing on differently abled/ special/ unique learners, which was appreciated by University officials, nominated for NCIDE Innovation award and clippings telecast during convocation program telecasts from EMPC during 27th IGNOU Convocation held on 16.4.2014
- 5. Guided PG students of IGNOU MBA programme (8 Nos) and PGDEDS programme (2 No.)
- 6. Approved Academic Counsellor for IGNOU MBA programme
- 7. Approved Evaluator for IGNOU MBA programme



- 8. Certified as e-Kranti Volunteer of IGNOU in the Aao Ham Digital Ho Jaaye Abhiyan (under VISAKA, Govt. of India Initiative) 2016-17 towards contribution of Vittiya Saksharatha
- 9. Undertaken Campus placement initiatives for IGNOU learners at RC, in 25 February 2014, 25 April 2016

Signature of Teacher /Academic