

**PROFILE TO BE FILLED BY TEACHER/ ACADEMIC (Duly authenticated by the Director/  
Head of School/ Division/ Unit/Centre / Cell)**

**PROF. RUCHIKA KUBA**

**1. Details of the Teacher/ Academic :**

<b>Name &amp; Date of Birth :</b>	Prof (Dr) Ruchika Kuba 26 <sup>th</sup> June 1966
<b>Date of Joining in IGNOU:</b>	31 <sup>st</sup> August 2004
<b>Current Designation:</b>	Director SOHS and Professor
<b>Pay Scale as on date:</b>	2,18,200/-
<b>Qualifications:</b>	MBBS MD (Preventive and Social Medicine) PGDDE (Post graduate Diploma in Distance Education) PGDBE (Post graduate Diploma in Bioethics)

**Other courses taken**

- Completed successfully the ICMR NvCCP Prescribing Skills online course on swayam platform June-October 2021
- Essential Epidemiologic Tools for Public Health Practice a four week Course authorised by John Hopkins University and offered through Coursera from July 2020 to oct 2020
- Innovation Ambassador training 'Foundation Level' (total 15 sessions of 30 contact hours) conducted in online mode by MoE's innovation cell and AICTE during the IIC Calendar Year 2022- 2023

**2. Honour/Award/Fellowship/membership of Professional body/ Statutory body (internal/ external) received by the Teacher/ Academic:**

**(A) Membership of Professional bodies**

<b>Name of the recipient</b>	<b>Honour /Award/ Fellowship name</b>	<b>Agency name /Name of statutory body/ institution/ Apex body</b>	<b>Period</b>
Dr. Ruchika Kuba	8449	Medical Council of India	1990
Dr. Ruchika Kuba	341992	Delhi Medical Council	June 2024 to June 2027
Dr. Ruchika Kuba	Life member No. L 2230	Indian Association of Preventive and Social Medicine (IAPSM)	Life member
Dr. Ruchika Kuba	Life Membership No.- L/2020/DEL/8519	The Indian Academy of Geriatrics	Life member
Dr. Ruchika Kuba	Life member (L/2020DEL/8519)	Indian Public Health Association (IPHA)	Life member

**(B) Awards**

<b>Name of the recipient</b>	<b>Honour /Award/ Fellowship name</b>	<b>Agency name /Name of statutory body/ institution/ Apex body</b>	<b>Period</b>
Dr. Ruchika Kuba	Mrs. Maryamma Verghese Memorial Award for the House Officer who is most compassionate to her patients	Lady Hardinge Medical College & Smt. S.K.Hospital	1991-92
Dr. Ruchika Kuba	Best Programme Award in Certificate category to Certificate in Health Care Waste management (programme coordinator of the programme )	Indira Gandhi National Open University	2023-2024

**(C) Membership of Statutory body (internal)**

<b>S. No</b>	<b>Name of the recipient</b>	<b>Honour /Award/ Fellowship name</b>	<b>Agency name /Name of statutory body/ institution/ Apex body</b>	<b>Period</b>
1.	Prof. Ruchika Kuba	Chairman of Medical Screening committee	School of Health Sciences	Nov 2024 to May 2025
2.	Prof. Ruchika Kuba	Member of Academic council Standing Committee	IGNOU	June 2022 to May 2025
3.	Prof. Ruchika Kuba	Member of Academic council	IGNOU	June 2022 to May 2025
4.	Prof. Ruchika Kuba	Member of Medical Review Committee	IGNOU	June 2022 to May 2025
5.	Prof. Ruchika Kuba	Chairman of Doctoral Research Committee (DRC) PhD Nursing	School of Health Sciences	June 2022 to May 2025
6.	Prof. Ruchika Kuba	Chairperson of School Board of School of Health Sciences	School of Health Sciences	June 2022 to May 2025
7.	Prof. Ruchika Kuba	Member of School Board	School of Interdisciplinary and Trans-Disciplinary Studies (SOITS)	17 <sup>th</sup> April, 2018 to 16 <sup>th</sup> April, 2020
8.	Prof. Ruchika Kuba	Member of School Board	School of Social Work (SOW)	12 <sup>th</sup> February, 2014 to 11 <sup>th</sup> February, 2016

<b>S. No</b>	<b>Name of the recipient</b>	<b>Honour /Award/ Fellowship name</b>	<b>Agency name of statutory body/ institution/ Apex body</b>	<b>Period</b>
9.	Prof. Ruchika Kuba	Member of School Board	School of Computer and Information Sciences (SOCIS)	13 <sup>th</sup> November, 2011 to 12 <sup>th</sup> November, 2016
10.	Prof. Ruchika Kuba	Member of School Board	School of Sciences	09 <sup>th</sup> April, 2008 to 08 <sup>th</sup> April, 2010
11.	Prof. Ruchika Kuba	Member of School Board	School of Humanities	26 <sup>th</sup> February, 2008 to 25 <sup>th</sup> February 2010
12.	Prof. Ruchika Kuba	Member of Academic council	Academic Coordination Division	Oct 1999 to Feb 2001
13.	Prof. Ruchika Kuba	Member of School Board	School of Health Sciences (SOHS)	From 1994 to till date

### 3. Books/Book Chapter:

- Co-author/co-editor if any, title, place of publication, publisher, Year, page (no) s, ISBN N

<b>S. No.</b>	<b>Name of Author1/ Editor 1, &amp; Co- author (s) / Co-editor (s) (if any)</b>	<b>Title of chapter/book</b>	<b>Place of publication</b>	<b>Publisher</b>	<b>Year</b>	<b>Total Pages</b>	<b>ISBN No.</b>
1.	First author coauthored with Dr. T K Jena and Dr. Biplab Jamatia	Post Graduate Medical and Dental Programmes through Open and Distance Mode – The Untold Story (e book)	Delhi	IGNOU	November 2024	139	978-93-6106-560-6
2.	Editor	Glimpses of Good Governance by Alumni of Certificate in Health Care Waste Management	Delhi	SOHS	October 2024	57	978-93-6106-560-6

S. No.	Name of Author1/ Editor 1, & Co- author (s) / Co-editor (s) (if any)	Title of chapter/book	Place of publication	Publisher	Year	Total Pages	ISBN No.
		Programme (e book)					
3.	First Author coauthored with Dr. Mythili G	Developing a Model for Caregiver's Training and Support For the book Care of Older Persons: Emerging International Perspectives	Delhi	Routledge India	October 2024		
4.	First author Co-authored with Dr. Chandini Sharma	Challenges faced by Institutionalised elderly in COVID Era – insights of a USA Doctor		Springer	June 2023	345-359	<a href="https://link.springer.com/book/10.1007/978-981-99-1467-8">https://link.springer.com/book/10.1007/978-981-99-1467-8</a>
5.	Edited with Dr. Neerja Sood	Monthly e Health Magazine Swasthya Patrika	Delhi	SOHS IGNOU	March 2023 onwards		
6.	Sole author	Skilling Medical Professionals for Management of Geriatric Patients—A Novel Approach	Singapore	Springer	2021	281-299	<a href="https://link.springer.com/chapter/10.1007/978-981-16-5827-3_16">https://link.springer.com/chapter/10.1007/978-981-16-5827-3_16</a> E copy Jan 2022
7.	First author	Innovative Models for Implementing Practical Based Programmes for	Delhi	IGNOU New Delhi	2021	278-289	978-93-5568-097-6

<b>S. No.</b>	<b>Name of Author1/ Editor 1, &amp; Co- author (s) / Co-editor (s) (if any)</b>	<b>Title of chapter/book</b>	<b>Place of publication</b>	<b>Publisher</b>	<b>Year</b>	<b>Total Pages</b>	<b>ISBN No.</b>
		Health Personnel through Blended Mode					
8.	Co-author (second author) for chapter on Web supported Learning – An Innovative Intervention to Revolutionize Learning’	One Decade of Innovation	Delhi	IGNOU New Delhi	2019	37 - 41	978-93-89200-00-3
9.	Unit 4 Bio-medical Waste Management	MEVE-002 Block 5 Awareness And Responsibility	Delhi	IGNOU New Delhi	2019	21 (83-103)	978-93-88980-48-7
10.	Author for Chapter on “Prevention and Management of Elder Abuse”	“Elder Abuse and Neglect in India”	Delhi	Springer publishers	2018	22 (217-238)	978-981-10-6115-8
11.	Mercury in Dental facilities	Health care – waste common treatment facility and mercury management		IGNOU UNDP Project	2013	17	Not printed
12.	Standard Precautions and Health Care Waste Management	MME 201 Block 1 Basics of MCH	Delhi	IGNOU New Delhi	2010	66-88	81-266-0800-5

S. No.	Name of Author1/ Editor 1, & Co- author (s) / Co-editor (s) (if any)	Title of chapter/book	Place of publication	Publisher	Year	Total Pages	ISBN No.
13.	First author (co-author with Piyush Gupta)	'Preventive Geriatrics' in the book of 'Textbook of Preventive and Social Medicine' Third edition	Delhi	CBS Publishers [Vikas Publishing House Pvt. Ltd. ] (Delhi),	2010	(11) 677-687	978-81-239-1921-8S
14.	Unit 5 Health and Environment	BMS 003 Block 2 Health Care Management	Delhi	IGNOU New Delhi	2010	5-17	978-81-266-3726-3
15.	Unit 3 – Interrelationship of Environment and Health	BHM 001 Block 1 Understanding our environment	Delhi	IGNOU New Delhi	2009	61-71	ISBN -81-266-1680-6
16.	Unit 1 – Introduction to Environment	BHM 001 Block 1 Understanding our environment	Delhi	IGNOU New Delhi	2009	5-27	ISBN -81-266-1680-6
17.	Edited by Dr. Kalyan Bagchi financially supported by Help Age	Training Course in Music Therapy : All about its implementation in Music Therapy As an Alternative Medicine	Delhi	Produced by Facet design, New Delhi	2007	4	
18.	First author (co-author with OP Ghai)	School Health in the book of 'Textbook of Preventive and Social Medicine'	Delhi	CBS Publishers [Vikas Publishing House Pvt. Ltd. ] (Delhi)	2006	4	<b>8123914571</b> <b>9788123914572</b>
19.	First author (co-author with Piyush	'Preventive Geriatrics' in the book of	Delhi	CBS Publishers [Vikas	2006	10	<b>8123914571</b> <b>97881239</b>

S. No.	Name of Author1/ Editor 1, & Co- author (s) / Co-editor (s) (if any)	Title of chapter/book	Place of publication	Publisher	Year	Total Pages	ISBN No.
	Gupta)	‘Textbook of Preventive and Social Medicine’		Publishing House Pvt. Ltd. ] (Delhi),			<b>14572</b>
20.	First Author Co-authored with O.P. Ghai	School Health	NOIDA	Vikas Publishing House Pvt. Ltd.	1999	5 (570-574)	<b>81-259-0633-9</b>
21.	First Author Co-authored with O.P. Ghai	Patient Referral System with Special reference to MCH chapter in essential Preventive Medicine book	NOIDA	Vikas Publishing House Pvt. Ltd.	1999	4 (496-499)	<b>81-259-0633-9</b>

#### 4. Research Articles/Publications:

S. No.	Author/ Co-author (if any)	Title	Name of Journal	Volume	Page No. (s)	Year	ISSN No
1.	First Author	Delivering Integrated Care for Older People – A Feasibility Study on Online Training of Master Trainers	Preventive Medicine Research & Reviews	57_24,		2024	??
2.	First Author	Training Medical Teachers for Designing Curriculum for Open Distance Learning Programmes Using Flipped Classroom	Int J Preven Curat Comm Med	10(1&2):	1-15	2024	??

S. No.	Author/ Co-author (if any)	Title	Name of Journal	Volume	Page No. (s)	Year	ISSN No
3.	First author	Designing A Disruptive Technology Model for A Medical Education Program. Education@ET MA	Vol. 2 No. 3 Interdisciplinary Insights: Navigating Education with AI, Sustainability , Technology, and Well-being	2(3)	52–71	2023	??
4.	First Author	Evaluation of healthcare waste management among health functionaries of Gujarat	Indian Comm Health J	35(4)	494-501	2023	??
5.	Second author	Relevance of Virtual Counselling in Distance Education-A Pilot Study of Post Graduate Diploma in Environmental and Occupational Health Programme of IGNOU	Indian Journal of Open Learning	2023	129 - 152	Vol 32 No 1	ISSN: 0971-2690
6.	Second Author	Tobacco use among workers in a Foundry unit of North Karnataka.	International Journal of Preventive, Curative & Community Medicine	8(1)	1-7	2022	E-ISSN: 2454-325X
7.	Third author	A Study Of The Jhelum River's Water Quality	International Journal of Environment and Health Sciences (IJEHS)	VOL. 3, NO. 3,	11-19	2021	<a href="https://doi.org/10.47062/1190.0303.03">https://doi.org/10.47062/1190.0303.03</a>



<b>S. No.</b>	<b>Author/ Co-author (if any)</b>	<b>Title</b>	<b>Name of Journal</b>	<b>Volume</b>	<b>Page No. (s)</b>	<b>Year</b>	<b>ISSN No</b>
8.	Second author	Musculoskeletal Disorders among Group-D Staff in Government-Aided Hospitals in Aurangabad City, Maharashtra	International Journal of Preventive, Curative & Community Medicine	7 (4)	1-7	2021	E-ISSN: 2454-325X
9.	Sole author	Letter to editor on Capacity Building of Medical Practitioners in Geriatrics through PG Diploma in Geriatric Medicine Program	Journal of Indian Academy of Geriatrics in issue	17 (3)	101-2	2021	0974-3405
10.	Co author (third)	IMPACTS OF'WORK FROM HOME'MODEL ON HUMAN HEALTH	International Journal of Environment and Health Sciences (IJEHS)	3 (1)	2582-5283	2021	2582-5283.
11.	First author	ODEL Enabled Conceptual Model for Training Healthcare Functionaries for Managing Pandemics.	International Journal of Healthcare Education & Medical Informatics	8(4)	1-12	2021	2455-9199
12.	First author	Impact of virtual theory counselling in learning outcomes of CBRNE cognitive domain	Global and Lokal Distance Education-GLOKALde	7 (2) article 5	2148-7278	2021	2148-7278

<b>S. No.</b>	<b>Author/ Co-author (if any)</b>	<b>Title</b>	<b>Name of Journal</b>	<b>Volume</b>	<b>Page No. (s)</b>	<b>Year</b>	<b>ISSN No</b>
13.	Sole author	Technology Enabled Delivery of Medical Programmes through ODL: A Case of Training Medical Doctors in Geriatric Medicine.	Journal of Learning for Development ,	8 (2)	298-311	2021	ISSN: 2311-1550
14.	Co author (fourth)	Detection of Pollutants present in the surface water of Ayad River, Udaipur, Rajasthan	International Journal of Biological Innovations IJBI	3(1)	212-220	2021	E-ISSN: 2582-1032.
15.	Prof. Ruchika Kuba  Co-authored with Dr. Anil Kohli	Continuing Professional development of dentists through distant learning; An Indira Gandhi National Open University – Dental Council of India experiment a report	Indian Society for Dental Research	25	7	2014	0970-9290
16.	Sole Author	Assessment of the Post Graduate Diploma in Geriatric Medicine Programme through Open And Distance Learning at IGNOU – a Case Study	e- journal of Education and Technology	Issue 1102	5	2011	0975-5004

S. No.	Author/ Co-author (if any)	Title	Name of Journal	Volume	Page No. (s)	Year	ISSN No
17.	First Author Co-authored with Dr Bulbul Sood and Dr.P.KDutta	A clinic Epidemiological study of paralytic poliomyelitis cases admitted in a Delhi hospital	Indian J. Maternal and Child Health	6 (4)	4 (105-108)	1995	0970-8928
18.	Sole author	Vitamin A Deficiency and Child Survival	Swasth Hind Published by Central Health Education Bureau (CHEB)	XXXIX No. 10-12	155-156	1995	

#### 5. Policy Documents Reports/ Mimeos:

SNo.	Title	Institution/ Agency	Year
1.	Report on Swachhta Hi Seva	SOHS IGNOU	17 <sup>th</sup> September to 2 <sup>nd</sup> October 2024
2.	Pradhan Mantri TB Mukta Bharat Abhiyan	SOHS IGNOU	Dec 2023
3.	Report of Activities of SOHS	SOHS IGNOU	2023
4.	Report of Activities of SOHS	SOHS IGNOU	2020-2022
5.	Monitoring Report PGCMDM Programme	SOHS IGNOU	2021

#### 6. Book Review published :

SNo.	Author/ Co-author (if any)	Title	Name of Journal	Volume	page no. (s)	Year	ISSN No

**7. Presentation/Invited talk/Chair in National or International Seminar/Conference/ Workshops(Please do not mention if it is only participation without presentation)**

**A. Presentation in National or International Seminar/Conference/ Workshops**

<b>S.No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
1.	Delivered a talk	Roles and Responsibilities on 'emerging health priorities	Aditi Mahavidyalaya , University of Delhi sponsored by ICSSR	National Conference on "Reconnaissance of Resilience, Re-emergence, strengthening, Re-building of the nation"	Delhi	19 <sup>th</sup> January 2023
2.	Resource person	Designing courses for Skilling through ODL-Health Programmes	Stride IGNOU	Skilling and Employability in Distance and Online Learning	virtual	18th-23rd July, 2022
3.	Concluding remarks	59 <sup>th</sup> series of webinar on Holistic Approach to Health	IGNOU	Azadi Ka Amrit Mahotsav	virtual	June 24 <sup>th</sup> 2022
4.	First author (second author Dr. Mythili G)	Developing Competencies of Medical Doctors using Virtual Reality in an ODL continuing education programme	Harran University, Şanlıurfa, Turke	3rd International Conference on Virtual Reality	Virtual	15 <sup>th</sup> November 2021
5.	First author . Coauthored with Dr. Biplab Jamatia and Prof. T. K Jena	Presented paper on Innovative models for implementing practical based programmes for health personnel through blended mode	NCIDE, IGNOU	National Seminar "Innovations in ODL for Quality Education-2020"	Virtual	15 <sup>th</sup> October, 2020
6.	Sole Presenter	Presented a paper on New Health Care Waste Program of IGNOU	IDCF and VMHC and Safdarjung Hospital	Hospiwastecon 2018	New Delhi	27 <sup>th</sup> March 2018
7.	First Author Co-authored with Dr. Anil Kohli	Presented a paper on 'Sensitisation and training of dental fraternity in Bio-medical Waste Management	APEC	19th Scientific Congress of Asian Pacific Endodontic Confederation and 18th IACDE & IES PG Convention,	Hotel Hyatt Regency, Gurgaon, NCR	April 5 - 8, 2017

S.No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
				2017	Delhi, India	
8.	Sole Presenter	Presented a Poster on Skilling Health Functionaries in Biomedical Waste Management (BMWM)	STRIDE IGNOU	International Seminar on Skill Development through ODeL: Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods	New Delhi	March 09- 11, 2017
9.	Presented a Poster as second author, coauthored with Dr. Jyotsna Dikshit	Industry 4.0 an Innovative Approach for Healthcare in International Seminar	STRIDE IGNOU	International Seminar Skill Development through ODeL: Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods	New Delhi	March 09-11, 2017
10.	Presented a paper as first author, coauthored with Dr. Jyotsna Dikshit	‘ODeL Enabled Conceptual Model for Training Healthcare functionaries for managing outbreak of emerging diseases’	STRIDE IGNOU	International Seminar on Skill Development through ODeL: “Innovations, Entrepreneurship, Employment for Inclusive and Sustainable Livelihoods	New Delhi	9 <sup>th</sup> March, 2017 at IGNOU, New Delhi
11.	Sole Presenter	IGNOU WHO (SEARO) Training Programme on HCWM through Distance Learning	WHO SEARO, New Delhi	Regional Workshop on Healthcare Waste management in Kathmandu Nepal	Kathma ndu Nepal	21.11.2016 to 24.11.2016
12.	Invited as a Member of Round Table Discussion	Session 1 (Dementia: A Global Tragedy) Topic – Awareness and education for dementia control A road Map for	Society for Gerontology Research	National Conference on Dementia and its Tragic Impact on the Indian Population Need for Multi- sectoral Urgent	India Internat ional Center Annex. (New	14 <sup>th</sup> March 2008

S.No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
		Demential Care programme in India		Measures	Delhi	
13.	Paper accepted	Presented paper on Scenario-Based E Learning for Training Primary Teachers in the are of School Health	Pan Commonwealth Forum on open learning, University of London	5 Access to Learning for development	London	July, 2008
14.	Prof. Ruchika Kuba	Presented a project titled “Multiple media enabled kit for health care of Elderly-An Innovative approach SSD/NI/025/2007-TIE”	Ministry of Science and Technology Dept. Of Science and Technology, Bhavan, New Delhi-16	Programme Advisory and Monitoring Committee (PAMC) at AIIMS	New Delhi	30 <sup>th</sup> July, 2007
15.	Second author Co authored with Prof.Tapan K. Jena, Dr. Biplab Jamatia;	‘Medical Education through Open and Distance Learning– A profile’	IAPSM, Delhi	34 <sup>th</sup> National Conference of IAPSM, Delhi		February 22-24, 2007
16.	Prof. Ruchika Kuba, first author Co authored with Prof. Tapan K. Jena, Dr. Biplab Jamatia	‘Reorientation of medical education through distance learning– the solution’	IAPSM, Delhi	34 <sup>th</sup> National Conference of IAPSM, Delhi	New Delhi	February 22-24, 2007
17.	Prof. Ruchika Kuba	Training Programme in Music Therapy: All about its implementation	Society for Gerontological Research	National Conference on Music Therapy	New Delhi	12-13 Feb, 2007

S.No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
18.	Sole Presenter	Presented a paper on Training of Medical Practitioners in Geriatric Medicine through Distance Education Mode-A Novel Approach	Asia Pacific Geriatric Medicine Network Conference	International Conference on Geriatrics and Gerontology	New Delhi	12 <sup>th</sup> and 14 <sup>th</sup> November, 1999
19.	Sole Presenter	Presented a paper on Acceptability of Distance Education Programme by Medical Practitioners in India	ICDE	Parallel session of the 19 <sup>th</sup> World Conference	Vienna	20-24 June, 1999
20.	Prof. Ruchika Kuba	Reorientation of General Physicians on CSSM Programme Through Distance Education – A New Approach	Scientific Sub-Committee	XL Annual Conference of IPHA	New Delhi	9-11, Feb. 1996

#### B. Chair in National or International Seminar/Conference/ Workshops

S. No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
1.	Moderator	symposium	Aditi Mahavidyalaya, University of Delhi sponsored by ICSSR	‘emerging health priorities ‘ in. National Conference on “Reconnaissance of Resilience, Re-emergence, strengthening, Re-building of the nation”	Delhi	
2.	Chairing	Co-chaired a session on Biomedical Waste Management: Special situations Topic: BMWM in Non-bedded govt. Facility across Delhi	Jointly organised by International Development Centre Foundation (IDCF) and VMMC and Safdarjung Hospital	National Workshop on Health Care Waste Management, Environmental and Occupational Safety	India International Centre, Kamaladevi Complex, New Delhi	25.04.2019

<b>S. No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
3.	Chairing	Chaired two sessions and judge for poster presentations	Indian Academy of Geriatrics	4 <sup>th</sup> International Congress on Gerontology and Geriatric Medicine and Asia Pacific Geriatric Medicine Network Meeting	New Delhi	15 <sup>th</sup> – 16 <sup>th</sup> , November, 2018
4.	Chairing	Chaired two sessions on Environment and Health	SOITS, IGNOU	International Conference titled “Environmental and Ecological Sustainability: Engaging the Stakeholders”	Baba Saheb Ambedkar Convention Center, IGNOU, New Delhi	05 <sup>th</sup> October, 2018
5.	Prof. Ruchika Kuba	Chaired two sessions	Indian Academy of Geriatrics	Conference of 3 <sup>rd</sup> International Congress on Gerontology and Geriatric Medicine 2015	India Islamic Cultural Centre, 87 -88, Lodhi Road, New Delhi	27 <sup>th</sup> to 29 <sup>th</sup> November 2015
6.	Prof. Ruchika Kuba	As a Raporteur For the group Withdrawing / withholding life support treatment	University College of Medical Sciences (UCMS) in association with Indian Medical Association (IMA)	International Workshop for development of a Policy statement on Euthanasia and related End of Life Care issues in India	New Delhi	5 <sup>th</sup> ,6 <sup>th</sup> and 7 <sup>th</sup> August 2011
7.	Prof. Ruchika Kuba	Chair a session	All India Institute of Medical Sciences,	International Congress on Gerontology & Geriatric Medicine	New Delhi	26 <sup>th</sup> -28 <sup>th</sup> February, 2009



<b>S. No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
8.	Dr. Ruchika Kuba with two other experts	Rapporteur	Stride IGNOU	Short Term Capacity Building Programme 'Data mining for research'	Virtual	

### **C. Invited talk in National or International Seminar/Conference/ Workshops**

<b>S. No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
1.	Resource person for session	Role of Educational & Research Institutions for Elderly Mental Well-being	Helpage India	Mental Health Symposium: Opportunities to connect and collaborate for enhancing mental well-being of elderly	Delhi	23 <sup>rd</sup> October 2024
2.	Resource person for session	Introduction to Chemical warfare agents'	IDS (Medical)	Virtual CBRNe Training Capsule on Medical Management of CBRNe Causalities by paramedics of AFMS and paramilitary forces"	Virtual	8 <sup>th</sup> February 2022 24 <sup>th</sup> August 2021 23 <sup>rd</sup> July 2021
3.	Resource person for session	Chemical warfare agents'	IDS (Medical)	VIRTUAL Cbrne Training Capsule On Med Mgt Of Cbrne Cas For Mobc 236 & Amc Nt Adm-26 From 11 Nov To 12 Nov 21	Virtual	11 <sup>th</sup> November 2021
4.	Resource person for session	Social care and support including ICOPE Social care and support pathways	Indian Academy of Geriatrics	WHO SEARO supported Indian Academy of Geriatrics ICOPE training program	Virtual	13 <sup>th</sup> 18 <sup>th</sup> and 24 <sup>th</sup> November 2021

<b>S. No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
				for the South East Region		
5.	Resource person for session	how to plan and conduct training	Indian Academy of Geriatrics	WHO SEARO supported Indian Academy of Geriatrics ICOPE training program for the South East Region	Virtual	23 <sup>rd</sup> 30 <sup>th</sup> October, 13 <sup>th</sup> 18 <sup>th</sup> and 24 <sup>th</sup> November 2021
6.	Resource person for session	Orientation session	Indian Academy of Geriatrics	Orientation of Geriatric Professional association's members in the South East Region using WHO resource material in Integrated Care of Older People (ICOPE)	Virtual	8 <sup>th</sup> October 2021
7.	Resource person for session	Role of IGNOU in training of CBRN professional	IDS (Medical)	Virtual workshop on Medical Management of CBRN Casualties for Med Officers of AFMS and Paramilitary Forces wef 07 Sep 2021 to 10 Sep 2021.	Virtual	10 <sup>th</sup> September 2021 25 <sup>th</sup> August 2021 18 <sup>th</sup> March 2021
8.	Sole Presenter	Nurses and Midwives as Leaders- A Gender and organizational perspective'	Ministry of External Affairs, under the eITEC programme assigned to NIHFW	eITEC Virtual Training course on Building Nursing Leadership for Achieving Universal Health Coverage and Sustainable Development Goals 23 <sup>rd</sup> – 25 <sup>th</sup> March 2021	virtual	25 <sup>th</sup> March 2021

S. No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
9.	Sole Presenter	CBRN Training in India : An experience by IGNOU	INMAS, DRDO	Training of the Trainers (ToT) Course on 'CBRN Security & Emergency Management for RPF Officers from 01-05 March, 2021	Delhi	1 <sup>st</sup> March 2021
10.	Sole Presenter	Took a Lecture on Biomedical Waste Management Rules, 2016	National Institute of Urban Affairs with support from Ministry of Housing and Urban Affairs	Swachh Bharat Mission SWM Exposure Workshop	Jacaranda II Hall, India Habitat Centre, New Delhi	20.08.2018
11.	Sole Presenter	<b>Delivered a talk on Biomedical Waste Management and Training</b>	National Institute of Urban Affairs with support from Ministry of Housing and Urban Affairs	twelfth Swachh Bharat Mission Exposure Workshop	India Habitat Centre, Lodhi Road, New Delhi	26th Oct. 2017
12.	Sole Presenter	Presentation on Training Healthcare Functionaries in Healthcare Waste Management	Delhi Pollution Control Committee, Govt. of Delhi	2nd State Level Workshop on 'Implementation of Bio-medical Waste Management Rules 2016'	Delhi Secretariat , IP Estate, New Delhi	07 July 2017
13.	Sole Presenter	Took two sessions – 1. Planning and Developing Programmes for Healthcare functionaries 2. Offering programme through blended approach	DRDO	IGNOU – DRDO Military Paramilitary Open Distance Education (ODE ) Joint Workshop for authors, reviewers, experts and executors	INMAS Delhi	06 <sup>th</sup> June, 2017
14.	As a	“Understanding	Rajiv Gandhi	Population Aging:	<b>New Delhi</b>	22 <sup>nd</sup> -23 <sup>rd</sup>

S. No.	Author/ Co author (if any)	Title of presentation, /Talk/Lecture	Name Organizing institute	Conference	City	Date and Year
	member of the Panel of Experts	Aging in India: Economic Security, Role of Family and Health	Institute for Contemporary Studies (RGICS)	Policies, Role of Family and Agency of the State		February 2017
15.	Prof Ruchika Kuba	Talk on Infection Control for healthy life	General Overseas Service of All India Radio	All India Radio	Broadcasting House, Parliament Street, New Delhi	12 <sup>th</sup> June, 2013
16.	Prof. Ruchika Kuba	Talk on Women World: Managing Domestic Medical Waste	All India Radio, New Delhi	Broadcast for the General Overseas Service for AIR in the programme on Women's World, broadcast to more than 100 English speaking countries across the globe	New Delhi	02 <sup>nd</sup> November, 2012
17.		Talk on Women's World: Care of the Old			New Delhi	29 <sup>th</sup> August, 2012
18.		Talk on Women World: Life Style Diseases, Prevention & Cure			New Delhi	29 <sup>th</sup> May, 2012
19.		Talk on Women World: Health & Nutrition –An Analysis from Women's perspective			New Delhi	02 <sup>nd</sup> December 2011
20.		Talk on Mother's Milk, Nectar for the Newborn			New Delhi	26 <sup>th</sup> July 2011
21.	Prof. Ruchika Kuba	Took a session on Polypharmacy	National Institute of Social Defence, Ministry Social Justice and Empowerment	National Initiative on Care for Elderly (NICE)	New Delhi	05.09.2012
22.	Prof. Ruchika Kuba	Took a session on Introduction to clinical geriatrics and its definition	National Institute of Social Defence, Ministry Social Justice and Empowerment	National Initiative on Care for Elderly (NICE)	New Delhi	21.08.2012

<b>S. No.</b>	<b>Author/ Co author (if any)</b>	<b>Title of presentation, /Talk/Lecture</b>	<b>Name Organizing institute</b>	<b>Conference</b>	<b>City</b>	<b>Date and Year</b>
23.	Prof. Ruchika Kuba	Taken Classes for students	National Institute of Social Defence, Ministry Social Justice and Empowerment	PG Diploma in Integrated Geriatric Care	New Delhi	2011-2012 2012-2013
24.	Prof. Ruchika Kuba	Taken Classes for students	Institute of Home Economics	one year Diploma in Health And Social Gerontology	New Delhi	Feb, March and April 2011
25.	Prof. Ruchika Kuba	Took a session on distance education in the field of health and nutrition	Care India	Audience for field officers of Care India	New Delhi	8 <sup>th</sup> June, 1999

#### **8. Study Tour Organised/ Participated/Attachment Organized/Internship:**

<b>SN o.</b>	<b>Details of the tour</b>	<b>Name of coordinating body</b>	<b>Duration</b>
1.	Participated as temporary consultant in Regional Workshop on Healthcare Waste management in Kathmandu Nepal	WHO SEARO, New Delhi	21.11.2016 to 24.11.2016
2.	Resource person for Study Tour of Mongolia delegation for Health Care Waste Management,	Ministry of Health Mongolia	7-11 eceMBER, 2009

#### **9. Consultancy assignment (if any):**

<b>SN o.</b>	<b>Organization/ agency</b>	<b>Cost, title of consultancy</b>	<b>Duration</b>
	Asian Centre for Medical Education, Research & Innovation, Jodhpur	Expert for Development of a facilitators Guide for Online Training and Designing a Pathway for Digitization of the Training Program f World Health Organization (WHO) Integrated Care for Older People (ICOPE) cost. Rs. 1,00,000	18.11.2021 to 31.12.2021

**10. Details of Institution/ Government/ Industry / own Institution Sponsored Research Projects (including Programme Evaluation) and Amount (Both completed and ongoing):**

SNo.	Agency	Amount	Duration with dates	Status i.e. ongoing/ completed
1.	TDT Division of DST	Evaluator of the concept notes for proposals for the programme waste management technologies under technological interventions in Swachh Bharat Abhiyan	19 <sup>th</sup> May, 2018 to 28 <sup>th</sup> May, 2018	Completed
2.	A member of the Technical Advisory Group (TAG) for the being conducted for with GRID Council.	end line <b>Assessment of impact of PHI-PPHF training on the performance of Medical Officers in NPCDCS in Maharashtra</b>	February 2021	Ongoing
3.	Project Director for WHO-Maldives project for Training of Trainers of Maldives in Health Care Waste Management	Rs. 508,010.	15 <sup>th</sup> July 2024 to 25 <sup>th</sup> Sep 2024	Completed

**11. Details of PhD and MPhil Scholars (including those awarded degree):**

SNo.	Name and enrolment no:	Year of registration	Year of completion/ award	Title of thesis
1.	Ms. Majida Shaheen	For PhD from Delhi University		Lifestyle and Dietary Evaluation of Frailty in Elderly Residing in Urban Delhi

**12. Details of Programmes/ Courses coordinated/ written/ edited/ translated:**

S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/format)/ Translated	Period
1.	Lifestyle and Non - Communicable Diseases	All courses		Programme Co-ordinator	Sept 2024 onwards

S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/ format)/ Translated	Period
2.	Certificate in Geriatric Health and Care programme	All courses		Programme Co-ordinator	Sept 2024 onwards
3.	(MBA) Health Care and Hospital Management	All courses		Programme Co-ordinator	July 2024 onwards
4.	Academic counsellors training online programme for faculty and staff of institutions of higher education in Guyana under IGNOU-Govt. of Guyana Project	<b>SDP6</b>	Video Counselling Courses on for with Practical	Expert presenter	2021
5.	Masters in Environment and Occupational Health (MAEOH) online Programme	<b>MEV-005</b> Occupational Health and Safety <b>MEVE-002</b> Environmental and Occupational Hazards	All units of the courses	Course coordinator	From 2022 Jan till date
6.	Postgraduate Diploma in Environment and Occupational Health (PGDEOH OL) online Programme	<b>MEV-005</b> Occupational Health and Safety <b>MEVE-002</b> Environmental and Occupational Hazards	All units of the courses	Course coordinator	From 2022 Jan till date
7.	Post Graduate Certificate in Medical Management of CBRNE Disasters (PGCMDM) Programme	MME -011 MME -012 MMEL-013	Audios and Videos under preparation	Programme Coordinator	From 2017 till date (Programme under development)

S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/ format)/ Translated	Period
8.	Post Graduate Diploma in Clinical Cardiology (PGDCC) Programme	MCC- 001 MCC- 002 MCC- 003 MCC- 004 MCC- 005 MCC- 006 MCC- 007 MCCL- 001 MCCL- 002 MCCL- 003 MCCL- 004 MCCL- 005 MCCL- 006	Maintenance	Programme Coordinator	From November 2015 to October 2017
9.	Postgraduate Diploma in Environment and Occupational Health (PGDEOH) Programme	<b>MEV-005</b> Occupational Health and Safety  <b>MEVE-002</b> Environmental and Occupational Hazards	Video titled Occupational health part 1 and part 2 for MEV 005  Audio titled Occupational hazards and management for MEV 005  Unit writer - MEVE-002 Block 5 Unit 4 Bio-medical Waste Management	Programme Coordinator for the Programme.  Course Coordinator and format editor for Following courses MEV-005 MEVE-002 And MEVP-001  Format editor For MEV - 002 Block 3, MEV-005 MEVE-002 MEVP-001	From 2015 till date
10.	Certificate in Healthcare Waste Management (CHCWM) Programme (developed in collaboration with WHO for SEAR countries)	BHM 101 BHM 102 BHME 101 BHME 102 BHME 103 BHME 104 BHME 105 BHME 106 BHMP 101	21 short Video programmes developed for workshop under the BHML101 with technical support from EMPC	Programme Coordinator Format editing of all courses  Programme Guide	From 2013 till date



S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/ format)/ Translated	Period
	<b>Revised Programme</b>	BHML 101	21 Videos developed with technical support from EMPC  3 Audios developed for CHCWM programme (environment, burn and non burn)		
11.	Post-Doctoral Certificate in Dialysis Medicine (PDCDM) Programme	MCMD – 001 MCMD – 002 MCMD – 003 MCMDL – 001 MCMDL – 002 MCMDL – 003	11 Videos  Vetting of scripts of videos and academic editing of videos	Programme Coordinator  Format Editing of all blocks Programme Guide and Logbook	From 2012 to 2015
12.	Certificate in Healthcare Waste Management (CHCWM) Programme (developed in collaboration with WHO (SEARO) for SEAR countries)	BHM 001 BHM 002 BHMP 001 (Hindi translated version)	All Units	Programme Coordinator  Format Editing	From 2008 to 2017
13.	Certificate in Healthcare Waste Management (CHCWM) Programme (developed in collaboration with WHO (SEARO) for SEAR countries)	BHM 001 BHM 002 BHMP 001	Unit Writer BHM 001 Block 1 Unit 1 – Introduction to Environment  Unit 3 – Interrelationship of Environment and Health	Programme Coordinator	From 2003 to 2017

S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/ format)/ Translated	Period
14.	Postgraduate Certificate in Implantology (PGCOI) Programme	MDT-004 MDT-005 MDTL-004 MDTL-005	2 videos	Programme Coordinator  Format Editing of all courses  Logbook Programme Guide	From 2006 to 2012
15.	Postgraduate Certificate in Endodontics (PGCE) Programme	MDT-001 MDT-002 MDT-003 MDTL-001 MDTL-002	4 Videos	Programme Coordinator  Format Editing of all courses  Logbook Programme Guide	From 2006 to 2012
16.	Post Graduate Diploma in Maternal and Child Health programme	MME 201 Block 1	Standard Precautions and Health Care Waste Management Unit	Unit Writer	2010
17.	Certificate in NGO Management (CNM) Programme	BMS 003 Block 2	Health and Environment Unit	Unit Writer	2010
18.	Certificate in Health and Environment (CHE)	CHET 001 CHET 002 CHEP 001	Programme Guide, Project Guide and Academic Counsellor Manual Unit Writer for CHET-001 Block2 Unit 3 Essential of Epidemiology	Programme Coordinator and Format Editor for all courses	From August 1998 to 2003
19.	PG Diploma in Geriatric Medicine (PGDGM)	MME 004 MME 005 MMEL004 MMEL005	Programme Guide And Logbook  8 Audios 31 videos	Programme Coordinator and Format Editor for all courses	From 1998 to till date

S.No.	Programme	Course	Unit (print)/ Audio/ Video/ eSLM	Coordinated/Written/ Edited(content/language/ format)/ Translated	Period
20.	Revised PG Diploma in Maternal and Child Health Programme (PGDMCH)	MME - 103 MMEL 103 (Child Health Practical) and Logbook	All units	Course Coordinator And format Editor Practical Manual 1	From 1994 to 2003
21.	PG Diploma in Maternal and Child Health Programme (PGDMCH)	MME-003 and MMEL 003 (Paediatric courses)	Video on developmental milestones	Course Coordinator And format Editor	From 1994 to 2003
22.	MSE Programme		One audio for the Environmental Sciences Programme (Population characteristics and human health)		

### 13. Contribution in Development of Audio-Video Programmes of IGNOU

#### A. For Programmes coordinated, details given above

S.No	Programme	Course Code	Title of Video	contribution

#### B. Coordinated the Videos development as part of the Azadi Ka Amrit Mahotsav initiatives in through teleconferencing in EMPC IGNOU New Delhi

Expert	Title of lecture	Date
Lt. Gen. R.M.Gupta, Dy. Chief of Integrated Defence Services	Diagnostic Clinical Virology: An Evolutionary Continuum	02.08. 2022
Dr. Reena Wilfred, Scientist F, INMAS DRDO, New Delhi	An overview of Monkeypox	18.11.2022
Dr. Madhuri Bihari Consultant, Neurologist	On occasion of World Epilepsy Day - Forgetfulness, is it normal? □□□□□ □□□ □□□□ □□□ □□□?	06.02.2023
Dr. Madhuri Bihari Consultant, Neurologist	On occasion of World Epilepsy Day - Repeated unconsciousness? Epilepsy	06.02.2023

Expert	Title of lecture	Date
Prof. Manoj Sharma Consultant Clinical oncology	The wrath of tobacco □□□□□□□ □□ □□□□□ □□ □□ □□□□ □□□ □□□□	07.02.2023
Prof. Manoj Sharma Consultant Clinical oncology	Beware! Cancer is borne in faulty lifestyle	07.02.2023
Dr. Umesh Kapil Professor & Head Department of Epidemiology, ILBS	Tired easily - Anaemia? □□□□ - □□□ □□ □□□ □□ □□□□□□?	03.03.2023
Dr. Umesh Kapil Professor & Head Department of Epidemiology, ILBS	Obesity- □□ □□□□□ □□□□□□□ A Silent Pandemic	03.03.2023

- C. Live conferencing in Swayam Prabha Channel-20 for the NEP-PDP (09<sup>th</sup> batch) on 23-12-2022 on topic “NEP 2020: Continuing Medical Education for development into a video
- D. Udyamita ki Ore (Episode 7) on innovation and start up opportunities in health care sector interaction organized by NCIDE on 14th February 2024 from 3 pm to 4 pm to apprise and motivate the students towards innovation and health care live streamed as a you tube video
- E. Pre-admission counseling for the registered students and prospective learners was held on and on 02.02.2024 through teleconferencing.
- F. Phone-in session Aapka Vishwas Humara Prayas were held on 12.02.2024 and 26.02.2024 as part of initiative for sensitizing general public regarding the programmes of SOHS and increasing enrolment.

#### Audio

- A. pre-admission counseling for the registered students and prospective learners was held on 26.01.2024 through radio counseling

#### 14. Training programmes designed and conducted, duration and dates

S. No.	Programme	Dates	Place	Number of Participants
1.	Facilitator for WHO SEARO supported ICOPE training conducted by Indian Academy of Geriatrics since	September to November 2021	virtually	136
2.	As a resource person for Soft Skills for Virtual Training in the “Online Training of Trainers for participants under National	28 October, 2 <sup>nd</sup> November, 3 <sup>rd</sup> and 7 <sup>th</sup> December 2020	Virtually for NIHF	40

S. No.	Programme	Dates	Place	Number of Participants
	Tobacco Control Programme"			
3.	Took a session on overview of various methods/techniques/tools to be used during online training courses and acted as a moderator for the sessions on Preparing a google site, Preparation of Google assessment form, sharing google doc, creation of google meet link, placing Videos in google site. for Online Training for Faculty and Research Staffs	9-10 June 2020	Virtually for NIHFW	15
4.	2 <sup>nd</sup> National workshop On Designing Programme in Open And Distance Learning	23 <sup>rd</sup> May to 31 <sup>st</sup> May using online web conferencing platform through google meet	Virtually as part of team of health sciences discipline of SOHS	52 including international participants
5.	1 <sup>st</sup> National workshop On Designing Programme in Open And Distance Learning	29 <sup>th</sup> April to 3 <sup>rd</sup> May 2020 using online web conferencing platform through google meet	Virtually as part of team of health sciences discipline of SOHS	21
6.	As a Resource Person for Script writers workshop for Post graduate Certificate in management of CBRNE disasters	15 <sup>th</sup> and 16 <sup>th</sup> January and 28 to 30 January 2019	IGNOU	11
7.	Part of organising team for Course Writers and Editors Workshop of PGEOH	25 <sup>th</sup> and 26 <sup>th</sup> April, 2017	IGNOU, Maidan Garhi	13-15 experts
8.	As an expert in the workshop to evaluate the messages developed for research study titled " <i>Creating Awareness about Lifestyle Modifications and Prevention / Management of Chronic Degenerative Disease among elderly: Use of Radio Messages</i> ".	10 <sup>th</sup> May, 2011	Institute of Home Economics, New Delhi	
9.	Part of organising team for training of Trainers and orientation training of Academic Counsellors of CHCWM	2 – 4 Dec 2010	Bangalore	

<b>S. No.</b>	<b>Programme</b>	<b>Dates</b>	<b>Place</b>	<b>Number of Participants</b>
	sponsored by MOEF/GEF/UNDP			
10.	Participated as a resource person for Review Meeting for Post Graduate Diploma in Maternal and Child Health (PGDMCH)	15-17 Feb. 2007	SOHS, IGNOU, New Delhi	
11.	Participated as a resource person for the Revision meeting for MME – 103	27-28 Mar. 2007	SOHS, IGNOU, New Delhi	
12.	Discussant for Group activity for developing a plan/framework for evaluating a programme or course of IGNOU and preparing tools/techniques for evaluating a course	2 <sup>nd</sup> Aug, 2007	STRIDE IGNOU, New Delhi	15
13.	Discussant for Group work / presentation and discussion on the frameworks prepared by groups 3 & 4 as part of the workshop on programme evaluation in ODL	3 <sup>rd</sup> Aug, 2007	STRIDE IGNOU, New Delhi	15
14.	Participated, as an expert in Orientation Programme by taking up business session on Health Science Programmes for Coordinators from International Partner Institutions	30 <sup>th</sup> Aug, 2007	International Division IGNOU, New Delhis	
15.	Organised Practical Course Writers Workshop for PGDGM	16 <sup>th</sup> November, 2000	IGNOU, Maidan Garhi	20-25
16.	Part of organising team Course Writer Workshop for CHE Programme	23-24 March, 1999	IGNOU, Maidan Garhi	6
17.	Part of organising team Editors Workshop for CHE Programme	9 <sup>th</sup> June, 1999	IGNOU, Maidan Garhi	5
18.	Part of organising team Practical Writer workshop for CHE	14 <sup>th</sup> July, 1999	IGNOU, Maidan Garhi	6
19.	Part of organising team for Orientation Training Workshop for Academic Counsellor for PGDMCH	7-8 January, 1998	Delhi	20-25
20.	Organised Course Writers workshop for PGDGM Programme	5-6 <sup>th</sup> October 1997 26-27 <sup>th</sup> October, 1997	IGNOU, Maidan Garhi	20-25 each

### 15. Details of Counselling sessions conducted:

S. No.	Programme	Course	Place	Dates	Duration	Mode (Specify- Face to Face Radio counselling Teleconferencing Web conferencing Any Other)
1.	CHCWM	All courses	Electronic Media Production Centre(EMPC) , IGNOU, New Delhi	2018 Till 2019 8-10 session	Each session of one and a half hours	Teleconferencing
2.	CHCWM	BHM 102	EMPC IGNOU, New Delhi	26.10.2018	one hour	Interactive Radio Counselling (IRC) on Implementation & Monitoring of Health Care Waste at District & State Level
3.	CHCWM	BHME 101	EMPC IGNOU, New Delhi	25 <sup>th</sup> May, 2018	one hour	IRC on Health and Environment
4.	CHCWM	BHM 102	EMPC, IGNOU, New Delhi	24 <sup>th</sup> November, 2017	One hour	IRC On Hand Hygiene
5.	CHCWM	BHM 101	EMPC, IGNOU, New Delhi	21 <sup>st</sup> July, 2017	One hour	IRC on BWWM Rules, 2016
6.	CHCWM	BHM 101	IGNOU Regional Centre Delhi 1	6 <sup>th</sup> July 2008	one hour	IRC on "Health Care Waste Management
7.	PGDGM	MME 104	IGNOU Regional Centre Delhi 1	20 <sup>th</sup> Nov 2007	one hour	IRC on Geriatrics Problems
8.	PGDGM	On prog	IGNOU Regional Centre Delhi 1	16 <sup>th</sup> January 2007	one hour	Radio counselling on Geriatric Medicine
9.	CHCWM, PGDGM		IGNOU Regional Centre Delhi 2		2006-2009	Induction meeting
10.	PGDGM	All courses	IGNOU Maidan Garhi	24/9/06, 8/10/06, 3/2/07, 18/3/07,	sept 2006 – aug 2009	Teleconferencing

				29/4/07, 15/7/07, 7/10/07, 10/2/08, 16/3/08, 27/4/08, 13/7/08 12/8/08, 22/10/08		
11.	PGCOI	All courses	IGNOU Maidan Garhi	every alternate month (one and a half hours each)	Sept 2008-2009	Teleconferencing
12.	PGCE	All courses	IGNOU Maidan Garhi	every alternate month (one and a half hours each)	Sept 2008-2009	Teleconferencing

2020 to date the counsellings are being arranged through google meet and being coordinated as programme coordinator. The schedules are prepared after consultation with the experts. The links are generated and shared with the Regional Directors, Programme in charges/coordinators and the students. The web conferencing classes are moderated in capacity for the programme coordinator. The recordings are shared with the students in the web portal.

The following programmes are being coordinated – PGDGm, CHCWM, PGCMDM

#### 16. Details of Patents granted (if any):

#### 17. Contribution to IGNOU's corporate life:

S.No.	Chairperson/ Member of Committee	Name of the Committee	Date/ period
1.	Chairman	Medical Screening Committee	Dec 2024 – May 2025
2.	Member	Expert Committee for Anveshan:	22 <sup>nd</sup> Oct 2024
3.	Member	Student Services Committee	9 <sup>th</sup> Sept 2024
4.	Foundation Level Innovation Ambassador (IA )	Training programme of Ministry of Education Innovation Cell and AICTE	1 <sup>st</sup> Dec 2023
5.	Member	E IGNOU-Institution's Innovation Council 6.0 (IIC 6.0	1 <sup>st</sup> September 2023 to 31 <sup>st</sup> August 2024
6.	Member	Committee Constituted for celebration of	10 <sup>th</sup> Nov 2022



S.No.	Chairperson/ Member of Committee	Name of the Committee	Date/ period
		2nd year of Azadi Ka Amrit Mahotsav (AKAM)	
7.	Member	Committee for Skill development education in IGNOU	10 <sup>th</sup> Nov 2022
8.	Member	Medical Review Committee IGNOU for fresh empanelment of Hospitals/clinics at Hqrs	28 <sup>th</sup> February, 2019 1 <sup>st</sup> June 2022 till date
9.	Member	e IGNOU -Institution's Innovation Council 4.0 (IIC 4.0)	1 <sup>st</sup> oct 2021 to 30 <sup>th</sup> September 2022
10.	Member	Member of COVID – Help Desk	10 <sup>th</sup> May 2021
11.	Member	Advisory Committee for Community Radio Station (CRS), IGNOU	06 <sup>th</sup> February, 2019
12.	Convener	Joint Monitoring & Coordination Committee (JMCC) for the MOU between IGNOU and DGHS, MOHFW for training of health care functionaries in Bio-Medical Waste Management	2 <sup>nd</sup> November, 2018
13.	Member	Screening Committee to screen the application received for the post of Senior Consultant (Academic) and Consultant (Academic) for the skill training Cell, School of Health Sciences	2018
14.	Member	Committee for exploring Collaboration between IGNOU and National Institute of Social Defence, Ministry Social Justice and Empowerment (NISD), Ministry of Social Justice and Empowerment, Govt. of India	15 <sup>th</sup> October, 2018
15.	Convener	Joint Monitoring & Coordination Committee (JMCC) for the MOC signed between INMAS, DRDO and IGNOU	25 <sup>th</sup> September, 2018
16.	Mentor and Facilitator	For evaluation at Regional Evaluation Centre Lucknow	December, 2017
17.	Member	Committee to supervise the process of evaluation of OMR sheets of Openmat-xxxiii and PGDCC entrance test, Student Evaluation Division IGNOU	06 <sup>th</sup> March, 2013
18.	Member	Joint Coordination Committee Under MOU between IGNOU and National AIDS	4 <sup>th</sup> April, 2012

S.No.	Chairperson/ Member of Committee	Name of the Committee	Date/ period
		Control Organisation (NACO)	
19.	Member	Selection Committee for admissions of PGCOI and PGCE, IGNOU	2008 and 2010
20.	Member	Committee for exploring the possibility of collaboration with “The Foundation for Educational Partnerships” U.K.	29 <sup>th</sup> May, 2008
21.	Member	Regional Health Sciences Advisory Committee for PGDMCH and PGDGM	1997 to March, 2003
22.	Member	Indira Gandhi National Open University Teachers’ Association	1994 onwards till date

### **B. Organised workshops for IGNOU employees and Safai Karmacha**

S. No.	Programme	Dates	Place	Number of Participants
	Introduction to the Awareness-cum-Workshop activity under the Swachhata Mein Jan Bhagidari for safai karmacharis of IGNOU	20 <sup>th</sup> September 3 to 5 pm	Teleconferencing studio EMPC IGNOU	20 participants in studio. Others joined online
	Preventive Health Check up for Safai Karmacharis of IGNOU	18 <sup>th</sup> and 19 <sup>th</sup> September 2024	Foir of convention centre	102
	Workshop on First Aid	27 <sup>th</sup> February, 2024	Conference Room, Centre for Online Education (COE), IGNOU, Maidan Garhi, New Delhi	23

### **18. Administrative position/s held in the University (even as in charge)**

S. No.	Designation	Period
1.	Director School of Health Sciences	1 <sup>st</sup> June 2022 for three years

## 19. Any other contribution/information

### A. Part of organising committee for National / International Conferences

S.No.	Capacity in which participated	Name of the Conference	Date/ period
1.	Member of organising committee	National Conference on “Reconnaissance of Resilience, Re-emergence, strengthening, Re-building of the nation organised by Aditi Mahavidyalaya, University of Delhi sponsored by ICSSR	19-20 Jan 2023
2.	Member of organising committee and coordinator for Inaugural session and award session	4 <sup>th</sup> International Congress on Gerontology and Geriatric Medicine and Asia Pacific Geriatric Medicine Network Meeting organised by Indian Academy of Geriatrics in AIIMS Delhi	15-16 <sup>th</sup> November, 2018
3.	Member of organising committee	International Conference titled “Environmental and Ecological Sustainability: Engaging the Stakeholders” organised by SOITS, IGNOU in Baba Saheb Ambedkar Convention Center, IGNOU, New Delhi	05 <sup>th</sup> October, 2018
4.	Member of organising committee	2 <sup>nd</sup> International Congress on Gerontology and Geriatric Medicine (ICGGM 2012) organised by Indian Academy of Geriatrics in AIIMS Delhi	25 <sup>th</sup> -29 <sup>th</sup> February, 2012
5.	Member of organising committee	International Workshop on capacity building for sound health care waste management	19 <sup>th</sup> to 20 <sup>th</sup> June, 2008

### B. External Faculty / Examiner / Panel Expert/ Committee Member – organization outside IGNOU

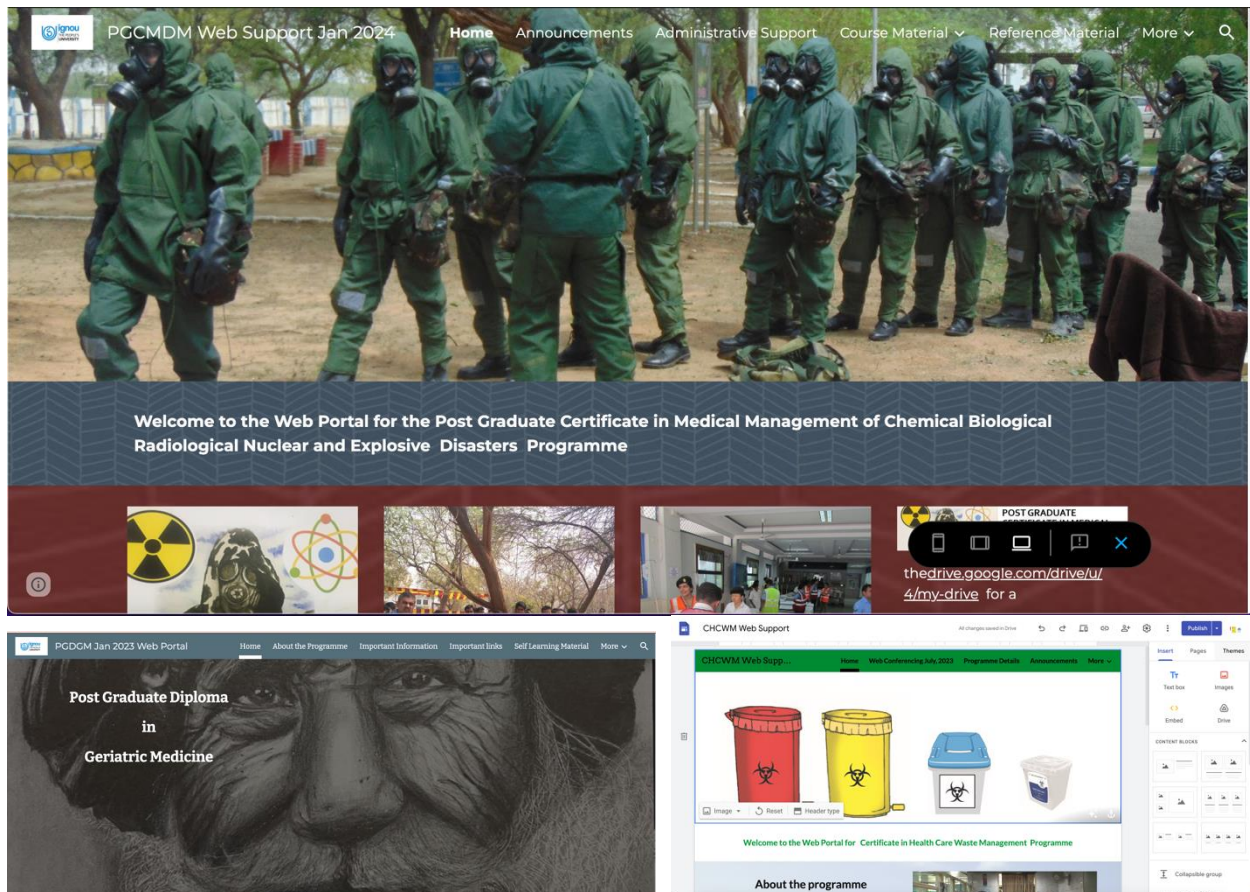
1. Reviewer for the "Journal of the Indian Academy of Geriatrics" (JIAG) since Feb 2022
2. Selection Committee member for the post of Professor (E and T) in NIHFV nominated by Secretary (HFW) on 20<sup>th</sup> October 2021
3. Member of Examination Committee International Institute of Health Management Research (IIHMR) New Delhi 13<sup>th</sup> June, 2011  
Core Group Member in MOEF/GEF/UNDP Project on Demonstrating and Promoting Best Techniques and Practices for Reducing Health Care Waste to Avoid Environment Releases of Dioxins and Mercury MOEF/GEF/UNDP April 2010 – Aug 2012

4. Evaluator of the concept notes for proposals for the programme waste management technologies under technological interventions in Swachh Bharat Abhiyan conducted by TDT Division of DST from 19<sup>th</sup> May 2018 to 28 May 2018
5. Expert member for review of syllabus of the PG Diploma Course in Integrated Geriatric Care being offered by National Institute of Social Defence, Ministry Social Justice and Empowerment, Old Age Care Division - 23<sup>rd</sup> April, 2018
6. Member in Consultation Meet on revised Biomedical Waste Management Rules, 2015 organised by Ministry of Environment, Forests & Climate Change, New Delhi - 20<sup>th</sup> July, 2015
7. Member of Steering Committee Members for development of National Standardized Course Curriculum for Transplant Coordinator coordinated by NOTTO - 20<sup>th</sup> -24<sup>th</sup> July, 2015 and 22<sup>nd</sup> February, 2016
8. Member of Expert Committee for visit to university of Petroleum & Energy Studies (UPES) - 22-23 November, 2012
9. Member of Workshop to discuss basic needs and evolve minimum standards in Age care institutions and review of course curriculum of NISD courses - 03<sup>rd</sup> May, 2012
10. Expert for interview of the candidates selected as a result of entrance test for Six Months Certificate Course in Geriatric Care offered by National Institute of Social Defence, Ministry Social Justice and Empowerment - 24<sup>th</sup> January, 2012
11. Taken classes for students of PG Diploma in Integrated Geriatric Programme of National Institute of Social Defence, Ministry of Social Justice & Empowerment - 2011-12 and 2012-13
12. Taken classes for students of one year Diploma in Health and Social Gerontology Programme of Institute of Home Economics, Delhi University - 2011-12
13. Joint Examiner for Practical Examination in paper number HSG 2 (Physiological and Clinical Aspects of Agents) of the Post Graduate Diploma in Health and Social Gerontology course offered by Institute of Home Economic, University of Delhi - 2011-12 till date
14. Member of the Workshop to evaluate radio messages developed by the research team for the study *"Creating Awareness about Lifestyle Modifications and prevention / Management of Chronic Degenerative Diseases Among Elderly: Use of Radio Messages"* organized by Institute of Home Economic research funded by DST - 10<sup>th</sup> May, 2011
15. Member of Expert Review Meeting for conducting a research study funded by Department of Science and Technology, Govt of India titled *"Nutrition for Older Adults: Bridging the knowledge gap"* organized by Department of Foods and Nutrition, Institute of Home Economics, New Delhi - 05<sup>th</sup> March, 2009
16. Member of Standing Committee of Social Justice and Empowerment, Govt. of India for examining "The Maintenance and Welfare of Parents and Senior Citizens Bill - 8<sup>th</sup> June 2007
17. Member of Brain Storming Meeting for developing research proposals and projects in the area of health care and nutrition for the benefit of older people organized by AIIMS New Delhi - 22<sup>nd</sup> September, 2006
18. Expert for Consultation and review meeting related to placement for geriatric care givers on 09<sup>th</sup> January and review of course curriculum of geriatric courses of NISD organized by National Institute of Social Defence, Ministry Social Justice and Empowerment - 09<sup>th</sup> and 10<sup>th</sup> January, 2006

19. Member of Consultation Meeting to discuss modalities for the course module of PG Diploma in Integrated Geriatric Care organized by National Institute of Social Defence, Ministry Social Justice and Empowerment - 11<sup>th</sup> – 12<sup>th</sup> Feb. 2003
20. Involved as Core Group Member for making syllabus for MD Geriatric Medicine as invited by Medical Council of India - 7<sup>th</sup> December, 2000
21. As a member in the national workshop for curriculum development in Geriatrics for PHC workers organized by AIIMS New Delhi supported by WHO - 29<sup>th</sup> January to 31<sup>st</sup> January, 1996

### C. Web portal Development and Mainainance for PGDGm, CHCWM and PGCMDM programmes

These portals have been developed and maintained by me. Regular updates on the recordings of classes, assignments, previous question papers, administrative support I nthe form of short videos and links for download I D card, Hallticket, fill exam form and the details of the coordinators and Regional Centres.



#### D. Member of Expert Committee Meeting (internal)

SNo.	Designation	Period
1.	Expert for Expert Committee Meeting School of Interdisciplinary and Trans-disciplinary Studies	23 <sup>rd</sup> & 24 <sup>th</sup> August 2016
2.	Expert Committee Meeting – Diploma in Environment and Law	24 <sup>th</sup> August, 2009
3.	Expert Group Meeting for Certificate Programme in Indian Gerontology by School of Social Sciences,	22 <sup>nd</sup> March, 2001
4.	Expert Committee Meeting cum Workshop for Course on Ophthalmic Assistants by National Open School	13 Aug, 1998
5.	Expert Committee Meeting for Certificate Course in Women's Development and Empowerment	21-22-1996

#### E. Evaluation related

SNo.	Designation	Period
1.	Project Counsellor and evaluator for PGDEOH Programme	January, 2019 till date
2.	Assignment preparation for PGDEOH COURSE 5 and 8 Programme	2018 onwards
3.	Paper Setter for MVE -002 (Pharmacology and Toxicology) course of PG Diploma in Pharmaceutical Sales Management (PGDPSM)	2015 till date
4.	Paper setter for BMS 003	2012 till date
5.	Assignment preparation for CHCWM Programme All courses	2006 onwards
6.	Paper setter, Moderator and Evaluator for MME-004 Basic Geriatrics	January 2004 till date
7.	Assignment preparation for PGDGM Programme MME – 004 and MME – 005	2004 onwards
8.	Paper setter for MME 001, MME-101 and MME 201	1991 till date

*Ruchika Kube*  
Signature of Teacher /Academic

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