



IGNOU-EMPC
GYAN VANI-DELHI TRANSMISSION
Schedule for the month of June, 2023



Programme can be change/replace any time for Live / special programmes.

Time	1 June .2023 Thursday	2 June .2023 Friday	3 June .2023 Saturday	4 June .2023 Sunday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Rag Anurag Title : - Rag Behag	MUSIC LESSON Rag Anurag Title : - Rag Yaman	MUSIC LESSON Rag Anurag Title : - Rag Marwa	MUSIC LESSON Rag Anurag Title : - Rag Jaunpuri
08:30 AM to 09:00 AM	IGNOU programme Topic – Stress Management part - 01	IGNOU Programme Topic : Dealing with Exam Stress During Exams	IGNOU Programme Topic : Incentive Travel : Importance and Marketing	IGNOU Programme Topic – Unemployment
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -01	Certificate in Korean Language and Culture Episode -02	Certificate in Korean Language and Culture Episode -03	Certificate in Korean Language and Culture Episode -04
	Certificate in Persian Language Lesson - 01	Certificate in Persian Language Lesson - 02	Certificate in Persian Language Lesson - 03	Certificate in Persian Language Lesson - 04
09:30 AM to 10.00 AM	KISHOR JAGAT Title : Andhere Ka Ujala – Baby halder	KISHOR JAGAT Title : Sunita Biliyams	KISHOR JAGAT Title : Ramanujan - Part 01	KISHOR JAGAT Title : Ramanujan – Part 2
10.00 AM to 10.30AM	Programme on Yoga Topic: Yog aur Pranayam	Programme on Yoga Topic : Stress Yani Tanav	Programme on Yoga Topic : Aant Ki Samassya ko Door Karne Ke Liye Yog	Programme on Yoga Topic : Aankhon Ki Rogon Ke Liye Yog
	Bal Jagat Topic: Khel Khel Mein	Bal Jagat Topic: Railgadi Ki Khoj Mein	Bal Jagat Topic: Bagh Ki Sair	Bal Jagat Topic: Jungle Ka Raja
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 97 “Programme on Folk Songs”	Lok Jhankar - Episode - 98 “Programme on Folk Songs”	Saptahik Gyan Patrika	Lok Jhankar - Episode - 100 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – चाल और बेग	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – बल और त्वरण	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – कृषि प्रणालियाँ	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – रुधिर
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – Hamara Brahamand Epi - 1	Manav Ka Vikas Topic – Mandakhiyo ki uttpati Epi - 02	Manav Ka Vikas Topic – Taro Ki Uttpati Epi - 03	Manav Ka Vikas Topic – सौरमंडल की उत्पत्ति
01.50 PM to 02.00 PM	उमंग Topic – अनमोल उपहार	उमंग Topic – घड़ियाल	उमंग Topic – जानकारी कुत्ते की	उमंग Topic – बिल्लू की गलती
02.00 PM to 02.30 PM	IGNOU programme Topic – Stress Management part - 01	IGNOU Programme Topic : Dealing with Exam Stress During Exams	IGNOU Programme Topic : Incentive Travel : Importance and Marketing	IGNOU Programme Topic – Unemployment
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -01	Certificate in Korean Language and Culture Episode -02	Certificate in Korean Language and Culture Episode -03	Certificate in Korean Language and Culture Episode -04
	Certificate in Persian Language Lesson - 01	Certificate in Persian Language Lesson - 02	Certificate in Persian Language Lesson - 03	Certificate in Persian Language Lesson - 04
03.00 PM to 03.30 PM	KISHOR JAGAT Title : Andhere Ka Ujala – Baby halder	KISHOR JAGAT Title : Sunita Biliyams	KISHOR JAGAT Title : Ramanujan - Part 01	KISHOR JAGAT Title : Ramanujan – Part 2
03.30 PM to 04.00 PM	Programme on Yoga Topic: Yog aur Pranayam	Programme on Yoga Topic : Stress Yani Tanav	Programme on Yoga Topic : Aant Ki Samassya ko Door Karne Ke Liye Yog	Programme on Yoga Topic : Aankhon Ki Rogon Ke Liye Yog
	Bal Jagat Topic: Khel Khel Mein	Bal Jagat Topic: Railgadi Ki Khoj Mein	Bal Jagat Topic: Bagh Ki Sair	Bal Jagat Topic: Jungle Ka Raja



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04.00 PM to 04.30PM	Interactive Radio Counseling – Live Topic: Student Support Services	Lok Jhankar - Episode - 98 “Programme on Folk Songs”	Lok Jhankar - Episode - 99 “Programme on Folk Songs”	Lok Jhankar - Episode - 100 “Programme on Folk Songs”
04.30 PM to 05.00 PM		शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – चाल और बेग	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – कृषि प्रणालियाँ	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – रुधिर
05.00 PM to 05.20PM	Manav Ka Vikas Topic – Hamara Brahamand Epi - 1	Manav Ka Vikas Topic – Mandakhiyo ki uttpati Epi - 02	Manav Ka Vikas Topic – Taro Ki Uttpati Epi - 03	Manav Ka Vikas Topic – सौरमंडल की उत्पत्ति
05.20 PM to 05.30 PM	उमंग Topic – अनमोल उपहार	उमंग Topic – घड़ियाल	उमंग Topic – जानकारी कुत्ते की	उमंग Topic – बिल्लू की गलती
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Rag Anurag Title : - Rag Behag	MUSIC LESSON Rag Anurag Title : - Rag Yaman	MUSIC LESSON Rag Anurag Title : - Rag Marwa	MUSIC LESSON Rag Anurag Title : - Rag Jaunpuri
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Alipur abhiyog-2 may 1908+ virvar jodavar singh barhat+virvar kunwar pratap singh+ arjun lal sethi	कहानी स्वाधीनता संग्राम की Topic: Azadi ke ladai me jhadkhan ki yogdan	कहानी स्वाधीनता संग्राम की Topic: Basudev balwant	कहानी स्वाधीनता संग्राम की Topic: Bharat ke swatantrata samar mein punjab ne nibhai kendriye bhoomika
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Khel Khel Main 2) Railgadi Ki Khoj Mein	Bal Jagat Topic – 1) Bagh Ki Sair 2) Gungle Ka Raja	Bal Jagat Topic – 1) Chamakte Moti	Bal Jagat Topic – 1) Nandu Ki Kahani
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Time	5 June .2023 Monday	6 June .2023 Tuesday	7 June .2023 Wednesday	8 June .2023 Thursday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Rag Anurag Title : - Rag Bageswari	MUSIC LESSON Rag Anurag Title : Raag : Behag	MUSIC LESSON Instrumental Title : Santoor & sarod	संगीत शिक्षा Topic : Flute
08:30 AM to 09:00 AM	IGNOU Programme Topic – Biochemistry in Health and Medicine	IGNOU Programme Topic – Women in mediavel India	IGNOU Programme Topic - Understanding the Indian Tourism market	IGNOU Programme Topic – Heritage Awareness
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -05	Certificate in Korean Language and Culture Episode -06	Certificate in Korean Language and Culture Episode -07	Certificate in Korean Language and Culture Episode -08
	Certificate in Persian Language Lesson - 05	Certificate in Persian Language Lesson - 06	Certificate in Persian Language Lesson - 07	Certificate in Persian Language Lesson - 08
09:30 AM to 10.00 AM	KISHOR JAGAT Title : करुणा की देवी – Mother Teresa	KISHOR JAGAT Title : Ilaven Bhatt	KISHOR JAGAT Title : Yamuna – part - 1	KISHOR JAGAT Title : Yamuna Part 02
10.00 AM to 10.30AM	Programme on Yoga Topic : Asthma Aur Lungs Cancer Ke Liye Yog	Programme on Yoga Topic : Cough Ko Bahar Nikalne Ke Liye Kuch Aasan	Programme on Yoga Topic : Kamar Ki Dard Ke Liye Tog	Programme on Yoga Topic : Karnapida Aasan Karne Ki Faida
	Bal Jagat Topic: Chamakte Moti	Bal Jagat Topic: Nandu Ki Kahani	Bal Jagat Topic: Guriya Ki Shadi	Bal Jagat Topic: Chimpu Bandar Ki Kahani
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 101 “Programme on Folk Songs”	Lok Jhankar - Episode - 102 “Programme on Folk Songs”	Lok Jhankar - Episode - 103 “Programme on Folk Songs”	Lok Jhankar - Episode - 104 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	शिक्षण प्रशिक्षण कार्यक्रम Topic – सेवार्त शिक्षकों का प्रशिक्षण क्यों ?	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – उर्जा और शक्ति	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – द्रव्य और परमाणु संरचना	शिक्षक प्रशिक्षण Topic : भाषा कौशल के आयाम
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – पृथ्वी का इतिहास	Manav Ka Vikas Topic – जीवाश्म	Manav Ka Vikas Topic – पृथ्वी पर जीवन	Manav Ka Vikas Topic – बहुकोशी जीवधारी
01.50 PM to 02.00 PM	उमंग Topic – शोर	उमंग Topic – नीलगिरी की सेर	उमंग Topic – सांप	उमंग Topic – Koun Bada
02.00 PM to 02.30 PM	IGNOU Programme Topic – Biochemistry in Health and Medicine	IGNOU Programme Topic – Women in mediavel India	IGNOU Programme Topic - Understanding the Indian Tourism market	IGNOU Programme Topic – Heritage Awareness
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -05	Certificate in Korean Language and Culture Episode -06	Certificate in Korean Language and Culture Episode -07	Certificate in Korean Language and Culture Episode -08
	Certificate in Persian Language Lesson - 05	Certificate in Persian Language Lesson - 06	Certificate in Persian Language Lesson - 07	Certificate in Persian Language Lesson - 08
03.00 PM to 03.30 PM	KISHOR JAGAT Title : करुणा की देवी – Mother Teresa	KISHOR JAGAT Title : Ilaven Bhatt	KISHOR JAGAT Title : Yamuna – part - 1	KISHOR JAGAT Title : Yamuna Part 02
03.30 PM to 04.00 PM	Programme on Yoga Topic : Asthma Aur Lungs Cancer Ke Liye Yog	Programme on Yoga Topic : Cough Ko Bahar Nikalne Ke Liye Kuch Aasan	Programme on Yoga Topic : Kamar Ki Dard Ke Liye Tog	Programme on Yoga Topic : Karnapida Aasan Karne Ki Faida
	Bal Jagat Topic: Chamakte Moti	Bal Jagat Topic: Nandu Ki Kahani	Bal Jagat Topic: Guriya Ki Shadi	Bal Jagat Topic: Chimpu Bandar Ki



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				Kahani
04.00 PM to 04.30PM	Lok Jhankar - Episode - 101 “Programme on Folk Songs”	Lok Jhankar - Episode - 102 “Programme on Folk Songs”	Saptahik Gyan Patrika – Repeat (27-05-2023)	Interactive Radio Counseling – Live Topic: Student Support Services
04.30 PM to 05.00 PM	शिक्षण प्रशिक्षण कार्यक्रम Topic – सेवारत शिक्षकों का प्रशिक्षण क्यों ?	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – उर्जा और शक्ति	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – द्रव्य और परमाणु संरचना	
05.00 PM to 05.20PM	Manav Ka Vikas Topic – पृथ्वी का इतिहास	Manav Ka Vikas Topic – जीवाश्म	Manav Ka Vikas Topic – पृथ्वी पर जीवन	Manav Ka Vikas Topic – बहुकोशी जीवधारी
05.20 PM to 05.30 PM	उमंग Topic – शोर	उमंग Topic – नीलगिरी की सेर	उमंग Topic – सांप	उमंग Topic – Koun Bada
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Rag Anurag Title : - Rag Bageswari	MUSIC LESSON Rag Anurag Title : Raag : Behag	MUSIC LESSON Instrumental Title : Santoor & sarod	संगीत शिक्षा Topic : Flute
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Bharat ke swatantrata sangram ka itihās +pandit parmanand	कहानी स्वाधीनता संग्राम की Topic: 1.champaran satyagrah + majrool haq + kheda satyagrah + bijoliya kisan andolan 2. Deewanon ke vishvasghat	कहानी स्वाधीनता संग्राम की Topic: Delhi aur krantikari yojnayein	कहानी स्वाधीनता संग्राम की Topic: Dharam prerit aandolan + rampa vidroh + molavi ahmad ullah shah
08.30 PM to 09.00 PM	Bal Jagat Topic – 1. Guriya ki Shadi 2. Chimpu Bandar ki Kahani.	Bal Jagat Topic – 1) Sahi Jagah per ho har cheez, 2) Hum Poochein, Aap Bataen.	Bal Jagat Topic – 1) Ritu ka Bageecha, 2) Chot lage to.	Bal Jagat Topic – 1) Ghat te Jana 2) Khul Ja Sim Sim.
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Time	9 June .2023 Friday	10 June .2023 Saturday	11 June .2023 Sunday	12 June .2023 Monday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Instrumental Title : Shehnai	MUSIC LESSON Rag Anurag Title : - Raga Gunkali (Gayan)	MUSIC LESSON Rag Anurag Title : - Raga Ahir Bhairav (Gayan)	MUSIC LESSON Rag Anurag Title : - Raga Bhimplasi (Sarood)
08:30 AM to 09:00 AM	IGNOU Programme Topic – Geology at IGNOU	IGNOU Programme Topic- Gender and Media	IGNOU Programme Topic - Weather Forecasting	IGNOU Programme Topic – Theories of Social structure
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -09	Certificate in Korean Language and Culture Episode -10	Certificate in Korean Language and Culture Episode -11	Certificate in Korean Language and Culture Episode -12
	Certificate in Persian Language Lesson - 09	Certificate in Persian Language Lesson - 10	Certificate in Persian Language Lesson - 11	Certificate in Persian Language Lesson - 12
09:30 AM to 10.00 AM	KISHOR JAGAT Title : Yamuna – part - 3	KISHOR JAGAT Title : Yamuna – part - 4 (Sarita Kia Jal)	KISHOR JAGAT Title : ग्रामो फ़ोन की काहानी सूरज है जीवन दाता	KISHOR JAGAT Title : I) रेडियो की कहानी , II) फूलों की घाटी में
10.00 AM to 10.30AM	Programme on Yoga Topic : Kidni Ke Liye Yog	Programme on Yoga Topic : Madhumeh , Gas, Motapa Ke Liye Yog	Programme on Yoga Topic : Mahilaon Ke Liye Kuch Yog	Programme on Yoga Topic : Migrain Ki Samassya Ko Door Karne Ke Liye Yog
	Bal Jagat Topic: Sahi Jagah Per Ho Har Chiz	Bal Jagat Topic: Hum Poochein, Aap Bataen	Bal Jagat Topic: Ritu Ka Baceecha	Bal Jagat Topic: Chot Lage To
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 105 “Programme on Folk Songs”	Saptahik Gyan Patrika	Lok Jhankar - Episode - 107 “Programme on Folk Songs”	Lok Jhankar - Episode - 108 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	शिक्षक प्रशिक्षण Topic : भाषा का चयन	Topic- रसायन शास्त्र का ज्ञान आवश्यक क्यों	कैसे सँवारे बच्चे का भविष्य Topic – विकास का स्वरूप और उनका शैशिक महत्व	कैसे सँवारे बच्चे का भविष्य Topic – बाल मनोविज्ञान और उसके विकास की अवस्थायें
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – पोलिओज़ोइड और मेसोजोइड	Manav Ka Vikas Topic – Dainasor	Manav Ka Vikas Topic – स्थानधारियों का विकास और फूलो वाले पौधे	Manav Ka Vikas Topic – वृक्ष शाखाओं पर जीवन
01.50 PM to 02.00 PM	उमंग Topic – Jharna	उमंग Topic – Jab Maa Beemar Padi	उमंग Topic – Chidiya	उमंग Topic – Aapna Aapna Ghar
02.00 PM to 02.30 PM	IGNOU Programme Topic – Geology at IGNOU	IGNOU Programme Topic- Gender and Media	IGNOU Programme Topic - Weather Forecasting	IGNOU Programme Topic – Theories of Social structure
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -09	Certificate in Korean Language and Culture Episode -10	Certificate in Korean Language and Culture Episode -11	Certificate in Korean Language and Culture Episode -12
	Certificate in Persian Language Lesson - 09	Certificate in Persian Language Lesson - 10	Certificate in Persian Language Lesson - 11	Certificate in Persian Language Lesson - 12
03.00 PM to 03.30 PM	KISHOR JAGAT Title : Yamuna – part - 3	KISHOR JAGAT Title : Yamuna – part - 4 (Sarita	KISHOR JAGAT Title : ग्रामो फ़ोन की	KISHOR JAGAT Title : I) रेडियो की कहानी ,



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		Kia Jal)	काहानी सूरज है जीवन दाता	II) फूलों की घाटी में
03.30 PM to 04.00 PM	Programme on Yoga Topic : Kidni Ke Liye Yog	Programme on Yoga Topic : Madhumeh , Gas, Motapa Ke Liye Yog	Programme on Yoga Topic : Mahilaon Ke Liye Kuch Yog	Programme on Yoga Topic : Migrain Ki Samassya Ko Door Karne Ke Liye Yog
	Bal Jagat Topic: Sahi Jagah Per Ho Har Chiz	Bal Jagat Topic: Hum Poochein, Aap Bataen	Bal Jagat Topic: Ritu Ka Baceecha	Bal Jagat Topic: Chot Lage To
04.00 PM to 04.30PM	Lok Jhankar - Episode - 105 “Programme on Folk Songs”	Lok Jhankar - Episode - 106 “Programme on Folk Songs”	Lok Jhankar - Episode - 107 “Programme on Folk Songs”	Lok Jhankar - Episode - 108 “Programme on Folk Songs”
04.30 PM to 05.00 PM	शिक्षक प्रशिक्षण Topic : भाषा का चयन	Topic- रसायन शास्त्र का ज्ञान आवश्यक क्यों	कैसे सँवारे बच्चे का भविष्य Topic – विकास का स्वरूप और उनका शैशिक महत्व	कैसे सँवारे बच्चे का भविष्य Topic – बाल मनोविज्ञान और उसके विकास की अवस्थाएँ
05.00 PM to 05.20PM	Manav Ka Vikas Topic – पोलिओज़ोइड और मेसोजोइक	Manav Ka Vikas Topic – Dainasor	Manav Ka Vikas Topic – स्थानधारियों का विकास और फूलो वाले पौधे	Manav Ka Vikas Topic – वृक्ष शाखाओं पर जीवन
05.20 PM to 05.30 PM	उमंग Topic – Jharna	उमंग Topic – Jab Maa Beemar Padi	उमंग Topic – Chidiya	उमंग Topic – Aapna Aapna Ghar
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Instrumental Title : Shehnai	MUSIC LESSON Rag Anurag Title : - Raga Gunkali (Gayan)	MUSIC LESSON Rag Anurag Title : - Raga Ahir Bhairav (Gayan)	MUSIC LESSON Rag Anurag Title : - Raga Bhimplasi (Sarood)
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Duraga Bhabhi	कहानी स्वाधीनता संग्राम की Topic: Azadi ke ladai me Jharkhand ka yogdaan	कहानी स्वाधीनता संग्राम की Topic: 1.George sidni arun dele + bharat me muslim rajniti 2. Jaliawala bagh	कहानी स्वाधीनता संग्राम की Topic: krantikari seth ramji das gudwala
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Mahinin ke Namm-1 2) Mahinin ke Namm-2	Bal Jagat Topic –1) Mahinin ke Namm-3 2) Mahinin ke Namm-4	Bal Jagat Topic –1) Mahinin ke Namm-3 2) Mahinin ke Namm- 4	Bal Jagat Topic – 1) Bade Kaam Ka pani 2) Ganda Pani, Saaf Pani
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Programme can be change/replace any time for Live / special programmes.

Time	13 June .2023 Tuesday	14 June .2023 Wednesday	15 June .2023 Thursday	16 June .2023 Friday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Rag Anurag Title : - Raga Malkauns (Sarood)	MUSIC LESSON Rag Anurag Title : - Raga Gunkali (Vocal)	MUSIC LESSON Rag Anurag Title : - Raga Ahir Bhairav (Vocal)	MUSIC LESSON Sangeet Shiksha – Sarod Vadan Title : - Raga Gujri Todi
08:30 AM to 09:00 AM	IGNOU Programme Topic – Distance Learning programme in Agriculture	Certificate Programme in Functional English Topic – Institutional Infrastructure for export promotion	IGNOU Programme Topic – Case Analysis	IGNOU Programme Topic: Distance Learning programme in agriculture
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -13	Certificate in Korean Language and Culture Episode -14	Certificate in Korean Language and Culture Episode -15	Certificate in Korean Language and Culture Episode -16
	Certificate in Persian Language Lesson - 13	French Language Exercise Episode - 14	Certificate in Persian Language Lesson - 15	French Language Exercise Episode - 16
09:30 AM to 10.00 AM	KISHOR JAGAT Title : Sunita Biliyams	KISHOR JAGAT Title : 1. मैडम क्युरी 2. गीत 3. वायु प्रदूषण 4. क्या है हमारे	KISHOR JAGAT Title : Charls Darwin – Part 01	KISHOR JAGAT Title : 1. Bharat 2. Geet – Subah 3. Sandesh – Lalten wala goan
10.00 AM to 10.30AM	Programme on Yoga Topic : Phepdon Ko Sehi Rakhne Ke Liye Yogasan	Programme on Yoga Topic : Superman Yog	Programme on Yoga Topic : Kunjal Kriya	Programme on Yoga Topic: Cervical Ko Door Karne Ke Liye Yog
	Bal Jagat Topic: Ghat-Te Jana	Bal Jagat Topic: Khul Ja Sim Sim	Bal Jagat Topic: Mahinon Ke Naam – Part 1	Bal Jagat Topic: Mahinon Ke Naam – Part 2
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 109 “Programme on Folk Songs”	Lok Jhankar - Episode - 110 “Programme on Folk Songs”	Lok Jhankar - Episode - 111 “Programme on Folk Songs”	Lok Jhankar - Episode - 112 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	कैसे सँवारे बच्चे का भविष्य Topic - बच्चों की विकास अवस्था - बच्चों के अधिकार	कैसे सँवारे बच्चे का भविष्य Topic - विकासात्मक अवस्था में विद्यार्थियों का मानसिक स्वस्थ	कैसे सँवारे बच्चे का भविष्य Topic - विद्यार्थियों के लिए निर्देशन और परामर्श	Professional Education Topic : Functioning of accounts and functions in different types of organizations
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – जंगलो से मैदान की और	Manav Ka Vikas Topic – आदि मानव चलने लगा	Manav Ka Vikas Topic – औजारों का आरम्भ	Manav Ka Vikas Topic – प्रगति के नये क्षितिज
01.50 PM to 02.00 PM	उमंग Topic – Sachh Mitra	उमंग Topic – Gappu Ki Nasamjhi	उमंग Topic – Deepu Ka Atma Viswas	उमंग Topic – Mrittu Se Sanghars
02.00 PM to 02.30 PM	IGNOU Programme Topic – Distance Learning programme in Agriculture	Certificate Programme in Functional English Topic – Institutional Infrastructure for export promotion	IGNOU Programme Topic – Case Analysis	IGNOU Programme Topic: Distance Learning programme in agriculture
02.30 PM to	Certificate in Korean Language	Certificate in Korean Language	Certificate in Korean	Certificate in Korean



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Programme can be change/replace any time for Live / special programmes.

03.00 PM	and Culture Episode -13	and Culture Episode -14	Language and Culture Episode -15	Language and Culture Episode -16
	Certificate in Persian Language Lesson - 13	French Language Exercise Episode - 14	Certificate in Persian Language Lesson - 15	French Language Exercise Episode - 16
03.00 PM to 03.30 PM	KISHOR JAGAT Title : Sunita Biliyams	KISHOR JAGAT Title : 1. मैडम क्युरी 2. गीत 3. वायु प्रदूषण 4. क्या है हमारे	KISHOR JAGAT Title : Charls Darwin – Part 01	KISHOR JAGAT Title : 1. Bharat 2. Geet – Subah 3. Sandesh – Lalten wala goan
03.30 PM to 04.00 PM	Programme on Yoga Topic : Phepdon Ko Sehi Rakhne Ke Liye Yogasan	Programme on Yoga Topic : Superman Yog	Programme on Yoga Topic : Kunjal Kriya	Programme on Yoga Topic: Cervical Ko Door Karne Ke Liye Yog
	Bal Jagat Topic: Ghat-Te Jana	Bal Jagat Topic: Khul Ja Sim Sim	Bal Jagat Topic: Mahinon Ke Naam – Part 1	Bal Jagat Topic: Mahinon Ke Naam – Part 2
04.00 PM to 04.30PM	Lok Jhankar - Episode - 109 “Programme on Folk Songs”	Saptahik Gyan Patrika – Repeat (10-06-2023)	Interactive Radio Counseling – Live Topic: Student Support Services	Lok Jhankar - Episode - 112 “Programme on Folk Songs”
04.30 PM to 05.00 PM	कैसे सँवारे बच्चे का भविष्य Topic - बच्चों की विकास अवस्था - बच्चों के अधिकार	कैसे सँवारे बच्चे का भविष्य Topic - विकासात्मक अवस्था में विद्यार्थियों का मानसिक स्वस्थ		Professional Education Topic : Functioning of accounts and functions in different types of organizations
05.00 PM to 05.20PM	Manav Ka Vikas Topic – जंगलो से मैदान की और	Manav Ka Vikas Topic – आदि मानव चलने लगा	Manav Ka Vikas Topic – औजारों का आरम्भ	Manav Ka Vikas Topic – प्रगति के नये क्षितिज
05.20 PM to 05.30 PM	उमंग Topic – Sachch Mitra	उमंग Topic – Gappu Ki Nasamjhi	उमंग Topic – Deepu Ka Atma Vlswas	उमंग Topic – Mrittu Se Sanghars
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Rag Anurag Title : - Raga Malkauns (Sarood)	MUSIC LESSON Rag Anurag Title : - Raga Gunkali (Vocal)	MUSIC LESSON Rag Anurag Title : - Raga Ahir Bhairav (Vocal)	MUSIC LESSON Sangeet Shiksha – Sarod Vadan Title : - Raga Gujri Todi
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Jan aandolan ki shrinkhla + pratham swatantrata ke janak ajim ullah- khan	कहानी स्वाधीनता संग्राम की Topic: Krantikari andolan tatha gujharoo rastrawad prem	कहानी स्वाधीनता संग्राम की Topic: Krantikari atankwadi ka vikas	कहानी स्वाधीनता संग्राम की Topic: Narpal singh ki bahaduri+ varis ali aur peer ali ki shahdad
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Suno Kahani 2) Mil Jul Kar	Bal Jagat Topic – 1) Topi Wala 2) Char Dost	Bal Jagat Topic – 1) Murga Aur Kauwa 2) Chiriya Aur Kauwa	Bal Jagat Topic – 1) Munni Ka Bagicha 2) Chawkor Kya Hai
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Programme can be change/replace any time for Live / special programmes.

Time	17 June .2023 Saturday	18 June .2023 Sunday	19 June .2023 Monday	20 June .2023 Tuesday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Sangeet Shiksha – Sarod Vadan Title : - Raga Kirvani	MUSIC LESSON Sangeet Shiksha – Gayan Title : - गुरु वन्दना एवं स्वर परिचय	MUSIC LESSON Sangeet Shiksha – Gayan Title : - भजन- रामरूप अनुरागी अँखियाँ	MUSIC LESSON Sangeet Shiksha – Gayan Title : - Ahir Bhairav
08:30 AM to 09:00 AM	IGNOU Programme Topic – Food Safety and nutrition at school	IGNOU Programme Topic : Introduction to gender agriculture and sustainable development	IGNOU Programme Topic - Technological determinism and mobile journalism	IGNOU Programme Topic – Azad hind fouz ke urdu , hindi ke nagme aur kavita part – 01
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -17	Certificate in Korean Language and Culture Episode - 18	Certificate in Korean Language and Culture Episode -19	Certificate in Korean Language and Culture Episode -20
	Certificate in Persian Language Lesson - 17	Certificate in Persian Language Lesson - 18	Certificate in Persian Language Lesson - 19	Certificate in Persian Language Lesson - 20
09:30 AM to 10.00 AM	KISHOR JAGAT Title : उत्तर वैदिक काल संदेश - सही फैसला नवेल का सपना	KISHOR JAGAT Title : ऑस्ट्रेलिया के आदिवासी गीत - जवानो उठो	KISHOR JAGAT Title : 1.सच एक रूप अनेक 2. गीत 3. डॉ शांति स्वरूप भटनागर	KISHOR JAGAT Title : कथा सम्राट प्रेमचंद
10.00 AM to 10.30AM	Programme on Yoga Topic: 1) Post Covid Complication – Part 1 2) Pranayam	Programme on Yoga Topic: Indigestion yani Apach	Programme on Yoga Topic: 1) Pet Ke Gas Ki Samassya Ke Liye Yog (Anshit Thakur) 2) Shashak Aasan yani Shishu Aasan (Anshit Thakur)	Programme on Yoga Topic: 1) Tanav Mukht Ke Liye Yoga (Tanmay Gaur) 2) Bachhon Ke Shareerik Evem Mansik Vikas Ke Liye Yog (Yog Guru Anshik Thakur)
			Bal Jagat Topic: Pul Yoon Bana	
10.30 AM to 11.00 AM	Saptahik Gyan Patrika	Lok Jhankar - Episode - 114 “Programme on Folk Songs”	Lok Jhankar - Episode - 115 “Programme on Folk Songs”	Lok Jhankar - Episode - 116 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	Professional Education Topic : Indian Five Years Plan (EEC 02)	Professional Education Topic : Ways of Achieving minimization of displacement	Professional Education Topic : Worth and Play in the Middle Childhood	Professional Education Topic : Worth and Play in the Middle Childhood
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – प्रथम सपथ	Manav Ka Vikas Topic – आधुनिक मानव का प्रवेश	Manav Ka Vikas Topic – आधुनिक मानव का प्रवेश	Manav Ka Vikas Topic – पहली खेती
01.50 PM to 02.00 PM	उमंग Topic – Mehenge pade Aam	उमंग Topic – Dauda Mujhe Bachao	उमंग Topic – Aapna Raj Panchayati Raj	Special programme on World Refugee Day
02.00 PM to 02.30 PM	IGNOU Programme Topic – Food Safety and nutrition at school	IGNOU Programme Topic : Introduction to gender agriculture and sustainable development	IGNOU Programme Topic - Technological determinism and mobile journalism	IGNOU Programme Topic – Azad hind fouz ke urdu , hindi ke nagme aur kavita part – 01
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -17	Certificate in Korean Language and Culture Episode - 18	Certificate in Korean Language and Culture Episode -19	Certificate in Korean Language and Culture Episode -20



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Programme can be change/replace any time for Live / special programmes.

	Certificate in Persian Language Lesson - 17	Certificate in Persian Language Lesson - 18	Certificate in Persian Language Lesson - 19	Certificate in Persian Language Lesson - 20
03.00 PM to 03.30 PM	KISHOR JAGAT Title : उत्तर वैदिक काल संदेश - सही फैसला नवेल का सपना	KISHOR JAGAT Title : ऑस्ट्रेलिया के आदिवासी गीत - जवानो उठो	KISHOR JAGAT Title : 1. सच एक रूप अनेक 2. गीत 3. डॉ शांति स्वरूप भटनागर	KISHOR JAGAT Title : कथा सम्राट प्रेमचंद
03.30 PM to 04.00 PM	Programme on Yoga Topic: 1) Post Covid Complication – Part 1 2) Pranayam	Programme on Yoga Topic: Indigestion yani Apach	Programme on Yoga Topic: 1) Pet Ke Gas Ki Samassya Ke Liye Yog (Anshit Thakur) 2) Shashak Aasan yani Shishu Aasan (Anshit Thakur)	Programme on Yoga Topic: 1) Tanav Mukht Ke Liye Yoga (Tanmay Gaur) 2) Bachhon Ke Shareerik Evem Mansik Vikas Ke Liye Yog (Yog Guru Anshik Thakur)
04.00 PM to 04.30 PM	Lok Jhankar - Episode - 113 “Programme on Folk Songs”	Lok Jhankar - Episode - 114 “Programme on Folk Songs”	Lok Jhankar - Episode - 115 “Programme on Folk Songs”	Lok Jhankar - Episode - 116 “Programme on Folk Songs”
04.30 PM to 05.00 PM	Professional Education Topic : Indian Five Years Plan (EEC 02)	Professional Education Topic : Ways of Achieving minimization of displacement	Professional Education Topic : Worth and Play in the Middle Childhood	Professional Education Topic : Worth and Play in the Middle Childhood
05.00 PM to 05.20 PM	Manav Ka Vikas Topic – प्रथम सपथ	Manav Ka Vikas Topic – आधुनिक मानव का प्रवेश	Manav Ka Vikas Topic – आधुनिक मानव का प्रवेश	Manav Ka Vikas Topic – पहली खेती
05.20 PM to 05.30 PM	उमंग Topic – Mehenge pade Aam	उमंग Topic – Dauda Mujhe Bachao	उमंग Topic – Aapna Raj Panchayati Raj	Special programme on World Refugee Day
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Sangeet Shiksha – Sarod Vadan Title : - Raga Kirvani	MUSIC LESSON Sangeet Shiksha – Gayan Title : - गुरु वन्दना एवं स्वर परिचय	MUSIC LESSON Sangeet Shiksha – Gayan Title : - भजन- रामरूप अनुरागी अँखियाँ	MUSIC LESSON Sangeet Shiksha – Gayan Title : - Ahir Bhairav
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Andhra ka shaheed balak + veerangna azijan bai+ rawadi ke raitula ram	कहानी स्वाधीनता संग्राम की Topic: Purn swraj ki maang + desh bandho chitranjan das + vithal bhai patel + ambika chakrabarty + kalpn	कहानी स्वाधीनता संग्राम की Topic: Raas bihari bose + kharva thakur gopal singh+ udidulla sindhi+ sufi amba prasad	कहानी स्वाधीनता संग्राम की Topic: Rastra prem ki prabal dhara evam bang bhang aandolan
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Ghanti Kho Gayi 2) Natkhat Tinku	Bal Jagat Topic – 1) Ghanti Kho Gayi 2) Natkhat Tinku	Bal Jagat Topic – 1) Appu ka saathi 2) Chatur Khargosh	Bal Jagat Topic – 1) Chalak Budhiya 2) Bandar mama
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Programme can be change/replace any time for Live / special programmes.

Time	21 June .2023 Wednesday	22 June .2023 Thursday	23 June .2023 Friday	24 June .2023 Saturday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Sangeet Shiksha – Gayan Title : - Raag Jog	MUSIC LESSON Sangeet Shiksha – Vadan Title : - Raag Parmeshwari (Sitar)	MUSIC LESSON Sangeet Shiksha – Vadan Title : - Raag Rageshwari (Sitar)	MUSIC LESSON Sangeet Shiksha Title : - Raag : Komal Rishav Asavari
08:30 AM to 09:00 AM	IGNOU Programme Topic - Azad hind fouz ke urdu , hindi ke nagme aur kavita part – 02	IGNOU Programme Topic : Human rights and environmental Issues	IGNOU Programme Topic - Teaching Skills in Science	IGNOU Programme Topic - Role and Importance of Transport in tourism
09.00 AM to 09.30 AM	Certificate in Korean Language and Culture Episode -21	Certificate in Korean Language and Culture Episode -22	Certificate in Korean Language and Culture Episode -23	Certificate in Korean Language and Culture Episode 24
	Certificate in Japanese Language Block - 02	Certificate in Japanese Language Block - 03	Certificate in Japanese Language Block - 04	Certificate in Japanese Language Block - 05
09:30 AM to 10.00 AM	KISHOR JAGAT Title : Jaisi Neeyat waise Fal	KISHOR JAGAT Title : सूबेदार बना सिंह	KISHOR JAGAT Title : प्राणाचार्य चरक	KISHOR JAGAT Title : तीन कछुए
10.00 AM to 10.30AM	Special Programme on Yoga - Part 1	Programme on Yoga Topic: Pet Ke Gas Ko Door Karne Ke Liye Yog	Programme on Yoga Topic: Ardhchandrasan	Programme on Yoga Topic: Dead Butt Syndrome
	Special Programme on Yoga - Part 2	Bal Jagat Topic: Ganda Pani, Saaf Pani	Bal Jagat Topic: Suno Kahani	Bal Jagat Topic: Mil Jul Kar
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 117 “Programme on Folk Songs”	Lok Jhankar - Episode - 118 “Programme on Folk Songs”	Lok Jhankar - Episode - 119 “Programme on Folk Songs”	Saptahik Gyan Patrika
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	Professional Education Topic : Sound patterns as Literacy Devices	शिक्षण प्रशिक्षण कार्यक्रम – विज्ञान Topic – रुधिर	Professional Education Topic : Indian Ethos for management	Professional Education Topic : Understanding Disaster
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – संस्कृति का विकास	Manav Ka Vikas Topic – पशु पालन	Manav Ka Vikas Topic – पशु पालन	Manav Ka Vikas Topic – सामाजिक संरचना
01.50 PM to 02.00 PM	उमंग Topic – Mudra Ki Yatra	उमंग Topic – Aisi vani boliyen	उमंग Topic – निमाही और गोरांग	उमंग Topic – ज़रा सम्भल के
02.00 PM to 02.30 PM	IGNOU Programme Topic -Azad hind fouz ke urdu , hindi ke nagme aur kavita part – 02	IGNOU Programme Topic : Human rights and environmental Issues	IGNOU Programme Topic - Teaching Skills in Science	IGNOU Programme Topic - Role and Importance of Transport in tourism
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -21	Certificate in Korean Language and Culture Episode -22	Certificate in Korean Language and Culture Episode -23	Certificate in Korean Language and Culture Episode 24
	Certificate in Japanese Language Block - 02	Certificate in Japanese Language Block - 03	Certificate in Japanese Language Block - 04	Certificate in Japanese Language Block - 05
03.00 PM to 03.30 PM	KISHOR JAGAT Title : Jaisi Neeyat waise Fal	KISHOR JAGAT Title : सूबेदार बना सिंह	KISHOR JAGAT Title : प्राणाचार्य चरक	KISHOR JAGAT Title : तीन कछुए
03.30 PM to 04.00 PM	Special Programme on Yoga - Part 1	Programme on Yoga Topic: Pet Ke Gas Ko Door	Programme on Yoga Topic: Ardhchandrasan	Programme on Yoga Topic: Dead Butt Syndrome



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Programme can be change/replace any time for Live / special programmes.

		Karne Ke Liye Yog		
	Special Programme on Yoga - Part 2	Bal Jagat Topic: Ganda Pani, Saaf Pani	Bal Jagat Topic: Suno Kahani	Bal Jagat Topic: Mil Jul Kar
04.00 PM to 04.30PM	Saptahik Gyan Patrika – Repeat (17-06-2023)	Interactive Radio Counseling – Live Topic: Student Support Services	Lok Jhankar - Episode - 119 “Programme on Folk Songs”	Lok Jhankar - Episode - 120 “Programme on Folk Songs”
04.30 PM to 05.00 PM	Professional Education Topic : Sound patterns as Literacy Devices		Professional Education Topic : Indian Ethos for management	Professional Education Topic : Understanding Disaster
05.00 PM to 05.20PM	Manav Ka Vikas Topic – संस्कृति का विकास	Manav Ka Vikas Topic – पशु पालन	Manav Ka Vikas Topic – पशु पालन	Manav Ka Vikas Topic – सामाजिक संरचना
05.20 PM to 05.30 PM	उमंग Topic – Mudra Ki Yatra	उमंग Topic – Aisi vani bolien	उमंग Topic – निमाही और गोरंग	उमंग Topic – ज़रा सम्भल के
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Sangeet Shiksha – Gayan Title : - Raag Jog	MUSIC LESSON Sangeet Shiksha – Vadan Title : - Raag Parmeshwari (Sitar)	MUSIC LESSON Sangeet Shiksha – Vadan Title : - Raag Rageshwari (Sitar)	MUSIC LESSON Sangeet Shiksha Title : - Raag : Komal Rishav Asavari
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Sachindranath saniwal+ yatindranath mukherjee + genda lal + raja mahendra + barkatullah	कहानी स्वाधीनता संग्राम की Topic: Sashstra romanchkari andolan+ kakori train daketi + ramprasad bismil + ashfak ulla + rajendra lah	कहानी स्वाधीनता संग्राम की Topic: Swadhinta andolan mein hariyana ka yogdan	कहानी स्वाधीनता संग्राम की Topic: Veerangnaon ki toli + shaheed harkishan lal + swatantrata sangram mein mahilaon ka yogdan + sarka
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Raat Aur Din 2) Aadha Poora	Bal Jagat Topic – 1) Jaise ko Taise 2) Raja aur Jinn	Bal Jagat Topic – 1) Rama Aur Shyama 2) Gandhi Aadatein	Bal Jagat Topic – 1) Roti 2) Chun Chun Chiriya
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Programme can be change/replace any time for Live / special programmes.

Time	25 June .2023 Sunday	26 June .2023 Monday	27 June .2023 Tuesday	28 June .2023 Wednesday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Sangeet Shiksha Title : - Raag : Miyan Ki Todi	MUSIC LESSON Sangeet Shiksha- Vadan Title : - Raag : Suddh Sarang (Sitar)	MUSIC LESSON Sangeet Shiksha- Vadan Title : - Raag : Jhinjhota (Sitar)	MUSIC LESSON Sangeet Shiksha Title : - Raag : Bilas Khani Todi
08:30 AM to 09:00 AM	IGNOU programme Topic - Ways and means to words in a deduce the meaning of new text	IGNOU programme Topic – Biodiversity and sustainable livelihood	IGNOU Programme Topic – 1 Constructivist Teaching Learning Environmental 2 A special programme on William shakespeare	IGNOU Programme Topic – Constructivist in Science Teaching Learning
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode -25	Certificate in Korean Language and Culture Episode 26	Certificate in Korean Language and Culture Episode 27	Certificate in Korean Language and Culture Episode -28
	Certificate in Japanese Language Block - 06	Certificate in Japanese Language Block - 07	Certificate in Japanese Language Block - 08	Certificate in Japanese Language Block - 09
09:30 AM to 10.00 AM	KISHOR JAGAT Title : आज्ञादी के दीवाने - वीर कुंवर सिंह	KISHOR JAGAT Title : प्रेरणा गीत Cut – II & III	KISHOR JAGAT Title : Ajay Mukkebaz- Mari kom	KISHOR JAGAT Title : लेफ्टिनेंट अरुणा सेत्रपाल
10.00 AM to 10.30AM	Programme on Yoga Topic: Garbhasay Ke Liye Yog	Programme on Yoga Topic: Veerasan	Programme on Yoga Topic: Badti Umrah Ke Liye Yog	Programme on Yoga Topic: Mental Stress ko door karne ke liye yog.
	Bal Jagat Topic: Topi Wala	Bal Jagat Topic: Char Dost	Bal Jagat Topic: Murga aur Kauwa	Bal Jagat Topic: Chidiya aur Kauwa
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 121 “Programme on Folk Songs”	Lok Jhankar - Episode - 122 “Programme on Folk Songs”	Lok Jhankar - Episode - 123 “Programme on Folk Songs”	Lok Jhankar - Episode - 124 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	Topic- भारोत्तोलन यानि weightlifting करना कैसे सीखें	Topic- टेबल टेनिस खेलना कैसे सीके	Topic- एथलीट कैसे बनें भाग 1	Topic- एथलीट कैसे बने भाग 2
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – सामाजिक संरचना	Manav Ka Vikas Topic – सामाजिक स्तर और काम का बटवारा	Manav Ka Vikas Topic – अंध विश्वास जादू और विज्ञान	Manav Ka Vikas Topic – सुमेरियन सभ्यता
01.50 PM to 02.00 PM	उमंग Topic –पोष्टिक आहार	उमंग Topic – टाइम्स आत्वा एडिशन	उमंग Topic – रानी लक्ष्मिभई	उमंग Topic – अजगर और नन्नी स्याली
02.00 PM to 02.30 PM	IGNOU programme Topic - Ways and means to words in a deduce the meaning of new text	IGNOU programme Topic – Biodiversity and sustainable livelihood	IGNOU Programme Topic – 1 Constructivist Teaching Learning Environmental 2 A special programme on William shakespeare	IGNOU Programme Topic – Constructivist in Science Teaching Learning
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode -25	Certificate in Korean Language and Culture Episode 26	Certificate in Korean Language and Culture Episode 27	Certificate in Korean Language and Culture Episode -28



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	Certificate in Japanese Language Block - 06	Certificate in Japanese Language Block - 07	Certificate in Japanese Language Block - 08	Certificate in Japanese Language Block - 09
03.00 PM to 03.30 PM	KISHOR JAGAT Title : आज़ादी के दीवानें - वीर कुंवर सिंह	KISHOR JAGAT Title : प्रेरणा गीत Cut – II & III	KISHOR JAGAT Title : Ajay Mukkebaz- Mari kom	KISHOR JAGAT Title : लेफ्टिनेंट अरुणा सेत्रपाल
03.30 PM to 04.00 PM	Programme on Yoga Topic: Garbhasay Ke Liye Yog	Programme on Yoga Topic: Veerasan	Programme on Yoga Topic: Badti Umrah Ke Liye Yog	Programme on Yoga Topic: Mental Stress ko door karne ke liye yog
	Bal Jagat Topic: Topi Wala	Bal Jagat Topic: Char Dost	Bal Jagat Topic: Murga aur Kauwa	Bal Jagat Topic: Chidiya aur Kauwa
04.00 PM to 04.30PM	Lok Jhankar - Episode - 121 “Programme on Folk Songs”	Lok Jhankar - Episode - 122 “Programme on Folk Songs”	Lok Jhankar - Episode - 123 “Programme on Folk Songs”	Saptahik Gyan Patrika – Repeat (24-06-2023)
04.30 PM to 05.00 PM	Topic- भारोत्तोलन यानि weightlifting करना कैसे सीखें	Topic- टेबल टेनिस खेलना कैसे सीकें	Topic- एथलीट कैसे बनें भाग 1	Topic- एथलीट कैसे बने भाग 2
05.00 PM to 05.20PM	Manav Ka Vikas Topic – सामाजिक संरचना	Manav Ka Vikas Topic – सामाजिक स्तर और काम का बटवारा	Manav Ka Vikas Topic – अंध विश्वास जादू और विज्ञान	Manav Ka Vikas Topic – सुमेरियन सभ्यता
05.20 PM to 05.30 PM	उमंग Topic –पोष्टिक आहार	उमंग Topic – टाइम्स आत्मा एडिशन	उमंग Topic – रानी लक्ष्मिभई	उमंग Topic – अजगर और नन्नी स्याली
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Sangeet Shiksha Title : - Raag : Miyan Ki Todi	MUSIC LESSON Sangeet Shiksha- Vadan Title : - Raag : Suddh Sarang (Sitar)	MUSIC LESSON Sangeet Shiksha- Vadan Title : - Raag : Jhinjhoti (Sitar)	MUSIC LESSON Sangeet Shiksha Title : - Raag : Bilas Khani Todi
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Vishnu pinghale+ baba guru dut singh+swatantrata sangram ka itihash+ veer sawarkar + lala hardayal	कहानी स्वाधीनता संग्राम की Topic: Wazir chand+ bsbu rao paranjpe+azadi ki ladai mein jharkhand ka yogdan	कहानी स्वाधीनता संग्राम की Topic: 1857 ka swatantrata sangram	कहानी स्वाधीनता संग्राम की Topic: Aazadike lokgeet awadhi ex. shri shiv pujan
08.30 PM to 09.00 PM	Bal Jagat Topic – 1) Roti 2) Chun Chun Chiriya	Bal Jagat Topic – 1) Murga 2) Tota	Kala Patrika Topic – Yuba Kahani – Neelesh Raghubanshi Santosh Choube Ram Prakash Tripathi	Kala Patrika Topic – Samkaleen Kahani aur Kavita – Shashank Disha Mishra Ram Prakash Tripathi
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST



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Time	29 June .2023 Thursday	30 June .2023 Friday
08.00 AM to 08.05 AM	GVST Vandemataram/ Opening Announcement Programme Highlights	GVST Vandemataram/ Opening Announcement Programme Highlights
08:05 AM to 08:30 AM	MUSIC LESSON Sangeet Shiksha Title : - Raag : Puriya Dhanashree	MUSIC LESSON Sangeet Shiksha Title : - Raag : Sudh Sarang
08:30 AM to 09:00 AM	IGNOU Programme Topic - Religion science and magic	IGNOU Programme Topic – Role of teacher in constructive science classroom
09:00 AM to 09:30 AM	Certificate in Korean Language and Culture Episode – 29	Certificate in Korean Language and Culture Episode - 30
	Certificate in Japanese Language Block - 10	Certificate in Japanese Language Block - 11
09:30 AM to 10.00 AM	KISHOR JAGAT Title : आचर्य सुश्रुत	KISHOR JAGAT Title: kaun se din ache.
10.00 AM to 10.30AM	Programme on Yoga Topic: Kaan Ke Liye Yog.	Programme on Yoga Topic: Anjanayasan yani Lo Lunge pose
	Bal Jagat Topic: Munni Ka Bagicha	Bal Jagat Topic: Chawkar Kya Hai
10.30 AM to 11.00 AM	Lok Jhankar - Episode - 125 “Programme on Folk Songs”	Lok Jhankar - Episode - 126 “Programme on Folk Songs”
11.00 AM to 12.00 AM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
12.00 PM to 01.00 PM	Interactive Radio Counseling – Live	Interactive Radio Counseling – Live
01.00 PM to 01.30 pm	Topic- क्रिकेट खेलना कैसे सीखें	Topic- बास्केटबॉल खेलना कैसे सीखे
01.30 PM to 01.50 PM	Manav Ka Vikas Topic – मिश्र की महँ सभ्यता	Manav Ka Vikas Topic – मिनून और यूनानी सभ्यता
01.50 PM to 02.00 PM	उमंग Topic – गोपाल की परेशानी	उमंग Topic – नदी
02.00 PM to 02.30 PM	IGNOU Programme Topic - Religion science and magic	IGNOU Programme Topic – Role of teacher in constructive science classroom
02.30 PM to 03.00 PM	Certificate in Korean Language and Culture Episode – 29	Certificate in Korean Language and Culture Episode - 30
	Certificate in Japanese Language Block - 10	Certificate in Japanese Language Block - 11
03.00 PM to 03.30 PM	KISHOR JAGAT Title : आचर्य सुश्रुत	KISHOR JAGAT Title: kaun se din ache.
03.30 PM to 04.00 PM	Programme on Yoga Topic: Kaan Ke Liye Yog	Programme on Yoga Topic: Anjanayasan yani Lo Lunge pose
	Bal Jagat Topic: Munni Ka Bagicha	Bal Jagat Topic: Chawkar Kya Hai
04.00 PM to 04.30PM	Interactive Radio Counseling – Live Topic: Student Support Services	Lok Jhankar - Episode - 126 “Programme on Folk Songs”



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04.30 PM to 05.00 PM		Topic- बास्केटबॉल खेलना कैसे सीखे
05.00 PM to 05.20PM	Manav Ka Vikas Topic – मिश्र की महँ सभ्यता	Manav Ka Vikas Topic – मिनून और यूनानी सभ्यता
05.20 PM to 05.30 PM	उमंग Topic – गोपाल की परेशानी	उमंग Topic – नदी
05:30 PM to 06:30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
06.30 PM to 07.30 PM	Interactive Radio Counseling – Repeat	Interactive Radio Counseling – Repeat
07:30 PM to 08:00 PM	MUSIC LESSON Sangeet Shiksha Title : - Raag : Puriya Dhanashree	MUSIC LESSON Sangeet Shiksha Title : - Raag : Sudh Sarang
08.00 PM to 08.30 PM	कहानी स्वाधीनता संग्राम की Topic: Bhartiya sahitya rashtriye chetna aur navjagrsn	कहानी स्वाधीनता संग्राम की Topic: Bhartiya swatantrata sangram mein hindi kaviyon ki bhoomika
08.30 PM to 09.00 PM	Kala Patrika Topic – Kafan – Alok Chatterjee Ram Prakash Tripathi	Kala Patrika Topic – Kavita aur Aantrik tatwa Malra Ji Ram Prakash Tripathi
NEXT DAY SUMMARY	Highlights of next day programs And Closing announcement GVST	Highlights of next day programs And Closing announcement GVST