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BEDS-005

**DIPLOMA IN VALUE EDUCATION
(DPVE)**

Term-End Examination

December, 2024

BEDS-005 : LIFE SKILLS EDUCATION

Time : 3 Hours

Maximum Marks : 100

Note : (i) Answer any *five* questions.

(ii) All questions carry equal marks.

1. What do you mean by Innovation and Innovative Thinking ? Explain how to enable positive thinking. 20
2. Are self-confidence and self-reliance the same ? Explain the importance of self-confidence and self-reliance. 20
3. Explain the importance of decision-making. Discuss the steps in decision-making. 20

4. Why is listening important ? What are the barriers to effective listening and how do we overcome them ? 20
5. What is Counselling ? Explain the features of a good counsellor. 20
6. What do you mean by Performing and Visual Arts ? Explain the need and importance of Arts Education. 20
7. Define Debate and Discussion. Discuss the importance of Debate and Discussion. 20
8. Write short notes on the following : 10+10
 - (a) Human well-being
 - (b) Life skills

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