

**CERTIFICATE IN COMMUNITY
HEALTH (CCH)**

Term-End Examination

December, 2024

**BNS-041 : FOUNDATIONS OF
COMMUNITY HEALTH**

Time : 3 Hours

Maximum Marks : 70

Note : *Attempt all questions. Attempt all parts of a question at one place. Support with examples. Write answer as per word limit given : 1-2 marks : **20-40** words, 3-4 marks : **50-90** words, 5-7 marks : **100-200** words and 7-10 marks : **300-800** words.*

1. (a) Explain the concept of health and illness. 4

(b) Describe the determinants of health. 6
2. (a) Describe the advantages of breast-feeding :

3+3

(i) For Baby

(ii) For Mother

(b) Explain the principles of preparing

complementary feed for an infant. 4
3. (a) List clinical symptoms of Dengue fever and

Dengue Haemorrhagic fever. 2+2

(b) Describe primary management of Dengue

fever and Referral of patient. 6

4. (a) Describe the management of high blood pressure (hypertension). 6
- (b) Enumerate complications of hypertension. 4
5. (a) Explain the steps of Biomedical Waste Management and support with flow diagram. 7
- (b) List the principles of infection control. 3
6. Write short notes on any *four* of the following : 4×5=20
- (a) Communication with elderly
- (b) National Programme for Mid-day Meal in Schools (MDMS)
- (c) Techniques of behaviour changes

- (d) Management and referral of patients with
mental health disorders
- (e) Key elements of effective supervision
- (f) General guidelines in maintaining records.
- (g) Techniques of de-stressing

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