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BPCE-017

BACHELOR'S DEGREE PROGRAMME

(BDP) (B. A. PSYCHOLOGY)

Term-End Examination

December, 2024

BPCE-017 : INTRODUCTION TO COUNSELLING

PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : Answer any *two* of the following questions in
about **450** words each. 2×10=20

1. Describe in detail the counselling interview process. 10
2. Explain Freud's structure of personality.
Discuss the various ego defence mechanisms.

5+5

3. Explain the goals and theories of family counselling. 4+6
4. Discuss the various counselling techniques for young children. 10

Section—B

Note : Answer any *four* of the following questions
in about **250** words each. 4×6=24

5. Define Counselling. Explain the barriers to effective communication. 2+4
6. Describe the roles and functions of a counsellor at the elementary, middle and secondary school level. 6
7. Discuss counselling for gifted students and students engaging in substance abuse. 6
8. Explain the concept of 'Family Life Cycle'. Describe the communication patterns within families. 2+4
9. Discuss any *three* approaches to couple counselling. 6

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Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. 2×3=6

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| 10. Reinforcement. | 3 |
| 11. Unconditional positive regard. | 3 |
| 12. Guru and Choice questions. | 3 |

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