MASTER OF SCIENCE IN COUNSELLING AND FAMILY THERAPY (MSCCFT)

Term-End Examination December, 2024

MCFTE-001 : MARITAL AND FAMILY THERAPY AND COUNSELLING

Time: 2 Hours Maximum Marks: 50

Note: (i) Question No. 1 is compulsory.

(ii) Answer any two questions from Q. Nos.2 to 5 in about 500 words each.

(iii) Answer three questions in all.

- 1. Write short notes on any *four* of the following in about **150** words each: 4×5=20
 - (a) Importance of history taking in marital therapy
 - (b) Factors that affect neutrality of the family therapist
 - (c) Goals of therapy research

- (d) Precautions to be taken in sex therapy
- (e) RISSSC
- (f) Common areas of marital enrichment
- Explain, giving examples, the basic guidelines that a marital and family therapist should follow when conducting an interview.
- 3. Discuss the primary assessment skills that a counsellor/marital therapist must develop. 15
- 4. Analyse the psychological factors that contribute to sexual dysfunction. 15
- 5. What are the common areas of marital difficulties faced by a couple in the initial years? Discuss, giving examples to support your answer.