

No. of Printed Pages : 2

MCFTE-002

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY (MSCCFT)**

Term-End Examination

December, 2024

**MCFTE-002 : CHILD AND ADOLESCENT
COUNSELLING AND FAMILY THERAPY**

Time : 2 Hours

Maximum Marks : 50

Note : (i) *Question No. 1 is compulsory.*

(ii) *Answer any **two** questions from Q. Nos.
2 to 5 in about **500** words each.*

(iii) *Answer **three** questions in all.*

1. Write short notes on any **four** of the following
in about **150** words each : 4×5=20

- (a) School as a learning social system
- (b) Rehabilitation *vs.* Prevention
- (c) Need for psychological assessment

- (d) Significance of thinking skills
 - (e) Evaluation of parent training programmes
 - (f) Factors that increase vulnerability for CSA
2. Discuss, giving examples, the effects of media on social functioning of children and adolescents. 15
3. What is Psychological Assessment ? Why do we need psychological assessment for children and how is it different from that for adults ? 15
4. Explain play therapy and its significance. Describe the basic principles that a therapist needs to follow when conducting play therapy sessions. 15
5. Describe the concept of Cognitive Behavioural Therapy. Discuss any **two** cognitive behavioural techniques used in management of psychiatric disorders in children and adolescents. 15

x x x x x x x