

**POST GRADUATE DIPLOMA IN
MENTAL HEALTH (PGDMH)**

Term-End Examination

December, 2024

**MPC-051 : FUNDAMENTALS OF
MENTAL HEALTH**

Time : 3 Hours

Maximum Marks : 100

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in
about **600** words each.*

2×20=40

1. Elaborate upon the different views towards biological basis of body and mind. Discuss the related findings from neuropsychology. **20**
2. Explain the role of biological processes in human behaviour and psychological disorders. **20**
3. Discuss the historical perspectives of mental illness and mental health. **20**

Section—B

Note : *Answer any **five** of the following questions in about **250** words each.* 5×10=50

4. Elaborate upon the concept of mind and mental health. 10
5. Explain the psychological basis of mind. 10
6. Discuss the person-centered theory. 10
7. Describe the family perspectives of mental health issues. 10
8. Discuss the burden of caregivers. 10
9. Describe the context of group processes. 10

Section—C

Note : *Write short notes on any **two** of the following in about **100** words each.* 2×5=10

10. Tridoshas and Trigunas 5
11. Jung's analytical psychology 5
12. Causes of abnormality 5

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