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MPCE-013

M. A. (PSYCHOLOGY) (MAPC)

Term-End Examination

December, 2024

MPCE-013 : PSYCHOTHERAPEUTIC METHODS

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : *Answer any **two** of the following questions in
about **450** words each.*

2×10=20

1. Define couple therapy and discuss the approaches to couple therapy. 10
2. Discuss the characteristics and techniques of interpersonal therapy. 10

3. Describe *one* of different psychotherapies in children. 10
4. Discuss the major therapy issues and emotional reactions of people in the stage of dying. 10

Section—B

Note : Answer any **four** of the following questions
in about **250** words each. $4 \times 6 = 24$

5. Explain solution focused therapy. 6
6. Describe the psychosocial tasks of middle adulthood. 6
7. Discuss the views of human nature and goals with reference to client-centered therapy. 6
8. Define family therapy and discuss the techniques of family therapy. 6

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9. Describe the methods of integration of psycho-
therapy. 6

Section—C

Note : Write short notes on any **two** of the following
in about **100** words each. $2 \times 3 = 6$

10. Advantages of group therapy. 3
11. Self-disclosure. 3
12. Transference and counter-transference. 3

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