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MPCE–021

MASTER OF ARTS (PSYCHOLOGY)
(MAPC)

Term-End Examination

December, 2024

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section—A

Note : Answer any **two** of the following questions in
about **450** words each. 2×10=20

1. Discuss the different factors that influence
counselling process. 10
2. Discuss the existential approach to
counselling. 10

3. Describe the basic assumptions and therapeutic process in Solution Focused Brief Therapy (SFBT). 10
4. Elucidate the group therapy and counselling for the treatment of addiction and anxiety. 10

Section—B

Note : Answer any *four* of the following questions
in about **250** words each. 4×6=24

5. Explain biologically based treatment for depression. 6
6. Discuss different types of eating disorders. 6
7. Describe rational emotive therapy. 6
8. Describe the professional code of ethics as per American Counselling Association (ACA). 6
9. Describe counselling for street children. 6

[3]

Section—C

Note : Write short notes on any *two* of the following
in about **100** words each. 2×3=6

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| 10. Supportive psychotherapy | 3 |
| 11. Unconditional positive regard | 3 |
| 12. Paranoid personality | 3 |

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