

**CERTIFICATE IN GENERAL
DUTY ASSISTANCE
(CGDA)**

**Term-End Examination
December, 2025**

BHT-002 : BASIC NEEDS OF PATIENT CARE

Time : 3 Hours

Maximum Marks : 70

*Note : Attempt both Parts i.e. Part-A and
Part-B.*

Part-A

*Note : Attempt any **one** question within
1200 words.*

1. (a) Explain the need for maintaining hygiene of cloths.
- (b) Describe the points to be kept in mind by GDA for maintaining hygiene of cloths.

- (c) Discuss the healthy habits a person should follow for healthy living.

2+4=10

Or

2. (a) Explain the need for rest and sleep for patient in hospital.
(b) Describe relaxation technique for good sleep and rest.
(c) Explain the role of GDA in managing cloths and needs of patient. 2+4+4=10

Part-B

Note : Attempt any **ten** of the following questions within **600** words each.

3. Explain the following procedures :
- (a) Putting soiled linen in laundry bag
(b) Disinfection of hands
(c) Back rub to patient 2+2+2=6
4. (a) List the aims of mouth care.
(b) Describe the points to be observed by GDA while giving mouth care to an unconscious patient. 2+4=6
5. Describe the points to be kept in mind by GDA for maintaining hearing aid. 6

6. Describe the principles to be followed by GDA to prevent bed sores. 6
7. (a) Describe the tips for hair care and hygiene.
(b) Explain treatment of pediculosis.
3+3=6
8. Describe the functions and sources of following minerals :
(a) Calcium
(b) Iron
(c) Sodium Chloride 2+2+2=6
9. Describe the measures to promote food safety. 6
10. Explain the following diets with examples :
(a) Soft Diet
(b) Normal Diet 3+3=6
11. (a) Explain the meaning of diarrhea.
(b) List the signs and symptoms of diarrhea.
(c) Describe the care of a patient with diarrhea. 2+2+2=6

12. Do's and Don'ts to be kept in mind by GDA while taking care of a patient with urinary catheter. 6
13. (a) List the indications for heat application.
(b) Describe the types of heat applications and give examples. 2+4=6
14. Describe the steps GDA will follow to prepare a patient for operation theater. 6

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