

**CERTIFICATE IN HOME HEALTH
ASSISTANCE (CHHA)
Term-End Examination
December, 2025**

BHT-016 : BASIC HOME HEALTH ASSISTANCE

Time : 3 Hours

Maximum Marks : 70

***Note** : Part A and Part B are compulsory. Do as
per directions.*

Part—A

***Note** : Attempt any **one** of the following
questions within **1200** words.*

1. (a) Discuss the meaning of the following
terms : 2+2
 - (i) Cross infection
 - (ii) Disinfection

- (b) Explain the universal standard precautions to be followed by Home Health Assistance (HHA). 6
2. (a) Enumerate the purposes of therapeutic communication. 3
- (b) Describe the characteristics of therapeutic communication. 3
- (c) Describe points to be remember for effective communication. 4

Part—B

*Note : Write short notes on any **ten** of the following within **600** words each.*

3. Dietary modifications in disease conditions.6
4. Symptoms and management of cardiac arrest. 6
5. Electric burn and its first aid. 6
6. Factors affecting bowl elimination problem. 6
7. Measures to prevent infection. 6

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| 8. Factor affecting communication. | 6 |
| 9. Balanced diet. | 6 |
| 10. Role of family in health and disease. | 6 |
| 11. Types and uses of assistive devices. | 6 |
| 12. Heat stroke and its first aid. | 6 |
| 13. Communication with differently abled person. | 6 |
| 14. Qualities of Home Health Assistance. | 6 |

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