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**BHT-106**

**CERTIFICATE IN GERIATRIC  
HEALTH AND CARE PROGRAMME  
(CGHC)**

**Term-End Examination**

**December, 2025**

**BHT-106 : ASSESSMENT AND SUPPORT FOR  
OLDER PERSONS**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** (i) Attempt any **ten** questions.

(ii) All questions are of equal marks.

(iii) All questions should be answered in  
approximately **300-500** words.

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1. Write a short note on national policies and programmes for elderly care in India.

2. Explain briefly the changes in the following systems with ageing and its clinical implications :
  - (a) Brain and nervous system
  - (b) Digestive system
3. Explain briefly the strategies for promoting health ageing.
4. Explain delirium in older people.
5. Enumerate of types and explain briefly the management of urinary incontinence in older people.
6. Describe the clinical presentation of heart attack and heart failure with the role of healthcare worker in its management.
7. Describe the levels of disease prevention and vaccination in older people.
8. Discuss the causes of healthcare associated infections. Describe the risk factors in detail.

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9. Describe in brief the various categories of waste.
10. Describe the steps to prevent falls in older people in indoor settings.
11. Discuss the types and common signs of elder abuse.
12. Write a brief note on caregiver burden and caregiver burnout.

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