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## **BNS-108/BNS-208**

**POST BASIC B. SC. (NURSING)**

**[B. SC. (N) PB]**

**Term-End Examination**

**December, 2025**

**BNS-108/BNS-208 : MENTAL HEALTH  
NURSING**

*Time : 3 Hours*

*Maximum Marks : 70*

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**Note :** Attempt *all* questions. Attempt all parts of a question at one place. Follow the word limit as given : 1-2 marks : **20-40** words; 3-4 marks : **50-90** words; 5-6 marks : **100-200** words; 7-10 marks : **300-800** words.

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1. (a) Describe the characteristics of a mentally healthy individual. 5

- (b) Discuss legal rights of psychiatric patients. 6
- (c) Differentiate between Ego and Super ego. 4
2. (a) Describe the factors affecting therapeutic relationship. 5
- (b) Discuss the tasks and barriers of working phase or therapeutic relationship. 5
- (c) Explain how will you as a mental health nurse prepare a patient for termination of relationship. 5
3. (a) Discuss the levels of anxiety and their manifestations. 7
- (b) Describe the nursing management of a patient with anxiety disorders. 8
4. (a) Explain the meaning of psychiatric emergencies. 2
- (b) Briefly describe the management of any *two* psychiatric emergencies. 4+4

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5. Write short notes on any *three* of the following : 5×3=15

- (a) Projection and Rationalisation
- (b) National Mental Health Programme
- (c) Nursing Management of a patient with Narcotics Withdrawal
- (d) Nursing Management of depressed patient

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