

No. of Printed Pages : 4

MCFT-001

**MASTER OF SCIENCE IN
COUNSELLING AND FAMILY
THERAPY/POST GRADUATE
DIPLOMA IN COUNSELLING AND
FAMILY THERAPY
(MSCCFT/PGDCFT)
Term-End Examination
December, 2025**

**MCFT-001 : HUMAN DEVELOPMENT AND
FAMILY RELATIONSHIPS**

Time : 3 Hours

Maximum Marks : 100

Note : (i) *Attempt any **five** questions in about
600-800 words each.*

(ii) *All questions carry equal marks.*

1. What is the impact of technology, media and globalisation on the dynamics of a family in India ? Support your answer with suitable examples. 20
2. Discuss systems theory. Critically analyse systems theory. 20
3. What are the different challenges and issues of families with preschool children ? Explain the disciplinary techniques for preschoolers. 20
4. Discuss the concept and meaning of marriage in India. As an individual, explain the role of 'self in marriage'. 20
5. What are the characteristics of psychosexual development ? 20

6. Explain the biological foundations of human development in detail. 20
7. Describe the physical and cognitive development of elementary and middle school children. What would you advise parents in terms of activities for promoting development of elementary school children ? 20
8. “At times grandchild and grandparent, during adolescence, develop a special kind of relationship.” Do you agree with this statement ? Support your answer with examples. 20
9. Write short notes on any *four* of the following (in about **150-200** words each) : 4×5=20
- (a) Family bond

- (b) Empty nest syndrome
- (c) *Tabula rasa*
- (d) Separation anxiety
- (e) Social Exchange Theory
- (f) Surrogate pregnancy

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