

No. of Printed Pages : 2

**MCFTE-001**

**MASTER OF SCIENCE IN  
COUNSELLING AND FAMILY  
THERAPY  
(MSCCFT)**

**Term-End Examination**

**December, 2025**

**MCFTE-001 : MARITAL AND FAMILY THERAPY  
AND COUNSELLING**

*Time : 2 Hours*

*Maximum Marks : 50*

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**Note :** (i) Answer **three** questions in all.

(ii) Question No. 1 is compulsory.

(iii) Question Nos. 2 to 5 should be answered in about **450-500** words each.

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1. Write short notes in about **150-200** words each on any *four* of the following :  $4 \times 5 = 20$

[ 2 ]

- (i) Systemic foundations of EFT
  - (ii) Supporting family strengths
  - (iii) Characteristics of a good self-report scale
  - (iv) Impact of research on clinical practice
  - (v) RISSSC
  - (vi) Consequences of not maintaining neutrality
2. With the help of examples, discuss the principles of change in emotion focused therapy. 15
3. Explain the interventions that cognitive behavioural sex therapy focuses upon for premature ejaculation. 15
4. Analyse, giving examples, the need for marital enrichment in the Indian context. 15
5. Describe attitudes and styles of a successful counsellor/family therapist. Give examples to support your answer. 15

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