

No. of Printed Pages : 3

**MPC-051**

**POST GRADUATE DIPLOMA IN  
MENTAL HEALTH (PGDMH)**

**Term-End Examination**

**December, 2025**

**MPC-051 : FUNDAMENTALS OF MENTAL  
HEALTH**

*Time : 3 Hours*

*Maximum Marks : 100*

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***Note :** All Sections are compulsory.*

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**Section—A**

***Note :** Attempt any **two** of the following  
questions in about **600** words each.*

2×20=40

1. Discuss the eastern and western concepts of  
mind. 20

2. Discuss the psychoanalytic theory in detail. 20
3. Discuss the historical perspective of mental illness and mental health. 10+10

### Section—B

*Note : Attempt any five of the following questions in about 250 words each.*

5×10=50

4. Causes of abnormality. 10
5. Attribution theory explaining mental illness. 10
6. Phases of conative style. 10
7. Culture and mental health. 10
8. General cognitive functions explaining normal and abnormal behaviours. 10
9. Immigration and acculturation impacting mental health. 10

[ 3 ]

**Section—C**

*Note : Write short notes on any **two** of the following in about **100** words each.*

2×5=10

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|--|---|
| 10. Psychological, social and cultural norms explaining abnormality. | 5 |
| 11. Function of Neuron.  | 5 |
| 12. Defuse mechanisms.   | 5 |

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