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MPC-073

**POST GRADUATE DIPLOMA IN
REHABILITATION PSYCHOLOGY
(PGDRPC)**

Term-End Examination

December, 2025

**MPC-073 : REHABILITATION ASSESSMENT
AND COUNSELLING**

Time : 2 Hours

Maximum Marks : 50

Note : *All Sections are compulsory.*

Section-A

Note : *Answer any two of the following questions in about 450 words each.*

2×10=20

1. Discuss the need of assessment in disability.
2. Describe the APA guidelines for assessment of a person with disability.

3. Discuss the specific need of individuals with developmental disabilities.
4. Discuss any *three* individual counselling approaches.

Section-B

Note : Answer any **four** of the following questions in about **250** words each.

4×6=24

5. Explain the assessment of cognitive, behavioural, social and emotional functioning.
6. Describe the social support and coping strategies of caregivers.
7. Describe the key aspects to consider in adaptability and individualization of interventions in developmental disability rehabilitation.
8. Discuss the concept of dual relationship as an ethical issue in counselling.

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9. Describe the key concepts of Cognitive Behaviour Therapy (CBT).

Section-C

*Note : Write short notes on any **two** of the following in about **100** words each. 2×3=6*

10. Characteristics of Rehabilitation
11. Application of Assertiveness Training
12. Effective Job Search Techniques

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