

No. of Printed Pages : 3

**MPCE-021**

**MASTER OF ARTS IN PSYCHOLOGY**

**(MAPC)**

**Term-End Examination**

**December, 2025**

**MPCE-021 : COUNSELLING PSYCHOLOGY**

*Time : 2 Hours*

*Maximum Marks : 50*

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***Note :** All Sections are compulsory.*

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**Section-A**

***Note :** Answer any **two** of the following questions in about **450** words each.*

1. Explain the psychoanalytic and Adlerian approach to counselling. 10

2. Describe the treatment of depression. 10
3. Explain the assumptions and techniques used in person-centered counselling. 4+6
4. Explain the misconceptions related to HIV/AIDS. Discuss the counselling to HIV affected persons. 10

### Section-B

*Note : Answer any four of the following questions in about 250 words each.*

5. Discuss the types of eating disorders. 6
6. Explain cluster C personality disorders. 6
7. Explain transational analysis. 6
8. Describe the techniques in solution-focused counselling. 6
9. Explain the steps in art therapy. 6

[ 3 ]

**Section-C**

*Note : Write short notes on any **two** of the following in about **100** words each.*

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|---|---|
| 10. Symptoms of seasonal affective disorder | 3 |
| 11. Stages of counselling process           | 3 |
| 12. Counselling for street children         | 3 |

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