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RPCE-105

Ph. D. IN PSYCHOLOGY (PHDPC)

Term-End Examination

December, 2025

**RPCE-105 : APPROACHES AND TECHNIQUES
IN COUNSELLING PSYCHOLOGY**

Time : 3 Hours

Maximum Marks : 100

Note : *Attempt any **five** questions selecting at last two from each Section. All questions carry equal marks. Each questions can be answered in around 600 words.*

Section—A

1. Explain person-centred counselling by Rogers and describe the role of counsellor and techniques used in it. 20
2. Describe educational counseling at different stages of education. 20

3. Explain the process of counseling and discuss how would you maintain ethical principles during counselling. 12+8
4. Discuss the benefits and challenges of e-counseling. 20

Section—B

5. Explain the basic counseling skills with suitable examples. 20
6. Describe the different stages of counselling and highlight the importance of a therapeutic climate. 20
7. Define drama therapy. Discuss the key concepts and techniques used in it. 20
8. Explain multicultural counseling in terms of its meaning and significance. 20

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