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RPCE-106

Ph. D IN PSYCHOLOGY (PHDPC)

Term-End Examination

December, 2025

**RPCE-106 : COUNSELLING FOR DIVERSE
POPULATIONS AND SETTINGS**

Time : 3 Hours

Maximum Marks : 100

Note : *Attempt any **five** questions, selecting at least **two** from each section. Each section is to be answered in about 600 words. All questions carry equal marks.*

Section—A

1. Explain the various forces of domestic violence. Discuss the counselling modalities for working with victim-servivors. 8+12

2. Discuss the relationship between spirituality and resilience, highlighting their role in health and well-being. 20
3. Explain palliative care. Discuss the role of counselling in palliative care. 20
4. Examine the long-term effect of stress on health. Describe various techniques of stress management. 20

Section—B

5. Explain posttraumatic stress disorder. Analyze the effect of social support in posttraumatic recovery. 8+12
6. Explain the stages and types of grief. Describe various measures to cope with grief. 10+10
7. Discuss the techniques of guidance and counselling for children with special needs. 20
8. Discuss the psychosocial interventions to improve mental health of prison inmates. 20

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