

BACHELOR OF ARTS

(GENERAL) (CBCS)

(BAG)

Term-End Examination

June, 2025

BEGE-145 : SOFT SKILLS

Time : 3 Hours

Maximum Marks : 100

Note : *Answer all questions.*

1. What are soft skills ? Why are they important for personal and professional development ? 20

Or

Explain the importance of soft skills at workplace. How can soft skills be developed ?

2. How can time management skills be useful in achieving professional goals ? 20

Or

Discuss the importance of teamwork at workplace. What are some strategies to develop that ?

3. Write short notes on any *two* of the following : 2×10=20

- (a) Importance of self-reflection
- (b) Role of emotional intelligence
- (c) Significance of creative thinking

[3]

4. What are decision-making skills ? How can they be useful in personal and professional contexts ? 20

Or

Discuss the concept of conflict resolution and negotiation. Explain how individuals can develop effective conflict resolution and negotiation skills.

5. Discuss the importance of problem solving skills at workplace. What are some strategies to develop effective problem solving skills ? 20

Or

Explain the concept of emotional intelligence. How can emotional intelligence be nurtured ?

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